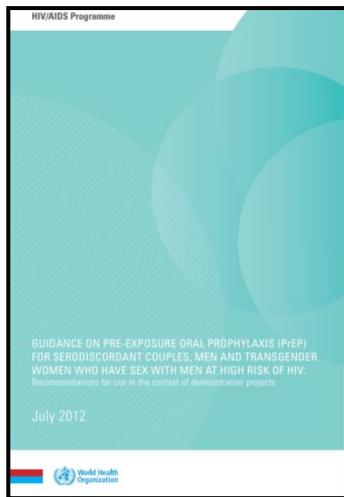


# PrEP and Key populations: WHO guidelines & recommendations

**Michelle Rodolph, WHO, HIV Department, Switzerland**

- 24 July 2018

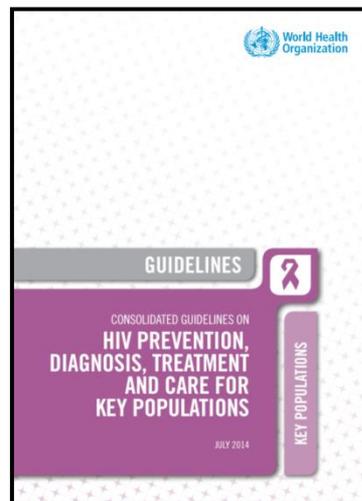
# Evolution of WHO PrEP recommendations (Part I)



- PrEP for SDC, MSM and Trans people
- **cond'I** recommendation in the context of demo projects)

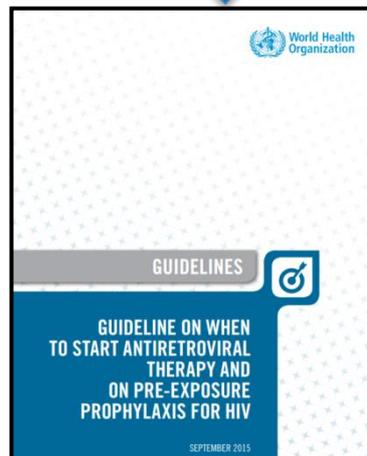


2012



2014

- PrEP for MSM (**strong** recommendation)
- Other Key populations (**condit'I** recommendation; no recommendation for PWID)



2015

- PrEP for people at substantial HIV risk
- ≈3 per 100 person years
- **strong** recommendation



World Health Organization

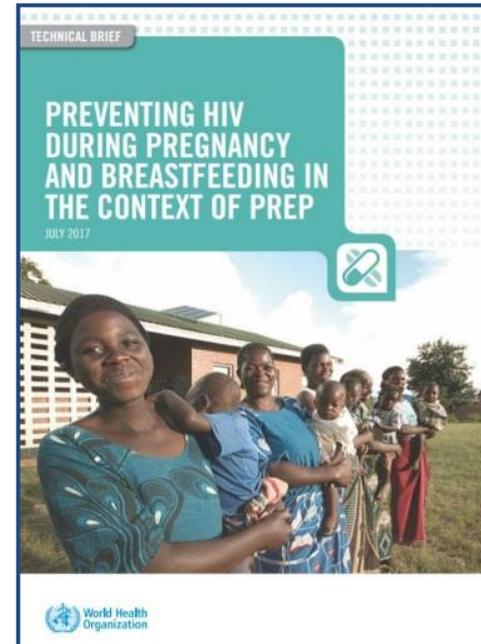
# Evolution of WHO PrEP recommendations (Part II)

## WHO Model List of Essential Medicines

20th List  
(March 2017)  
(Amended August 2017)

- PrEP drugs on EML  
(TDF/FTC, TDF/3TC, TDF)

**March 2017**



- WHO update on PrEP use  
during pregnancy and  
breastfeeding

**July 2017**

# WHO PrEP Implementation Tool: practical suggestions

CLINICAL

COMMUNITY EDUCATORS AND ADVOCATES

COUNSELLORS

LEADERS

MONITORING AND EVALUATION

PHARMACISTS

REGULATORY OFFICIALS

SITE PLANNING

STRATEGIC PLANNING

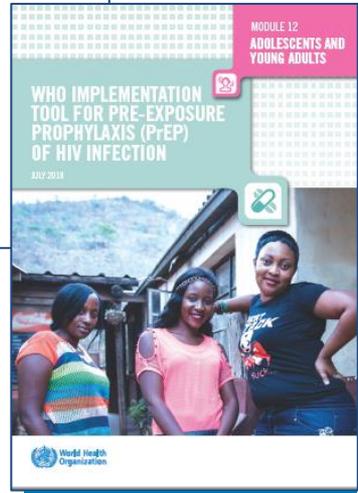
TESTING PROVIDERS

PrEP USERS

- Modular
- Different audiences
- Different settings and populations
- **Suggestions**, not recommendations
- Learn as implement
- Frequent updating anticipated

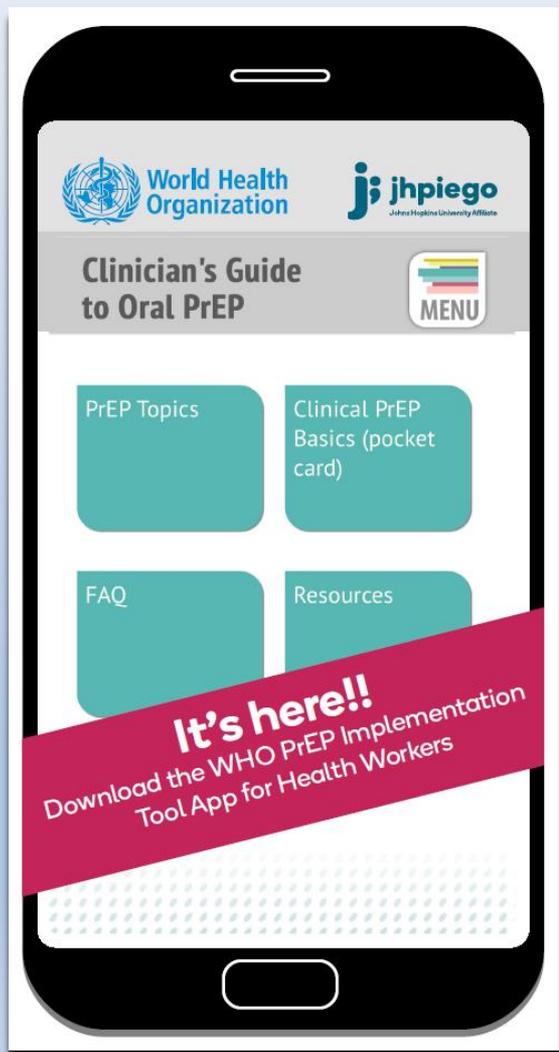
<http://who.int/hiv/pub/prep/prep-implementation-tool>

July 2017



July 2018

# Announcing the launch of the WHO PrEP Implementation Tool App for Health Workers



## The WHO PrEP Implementation Tool App for Health Workers

A pathway to prevention on your mobile phone.

**Here's what the app offers:**

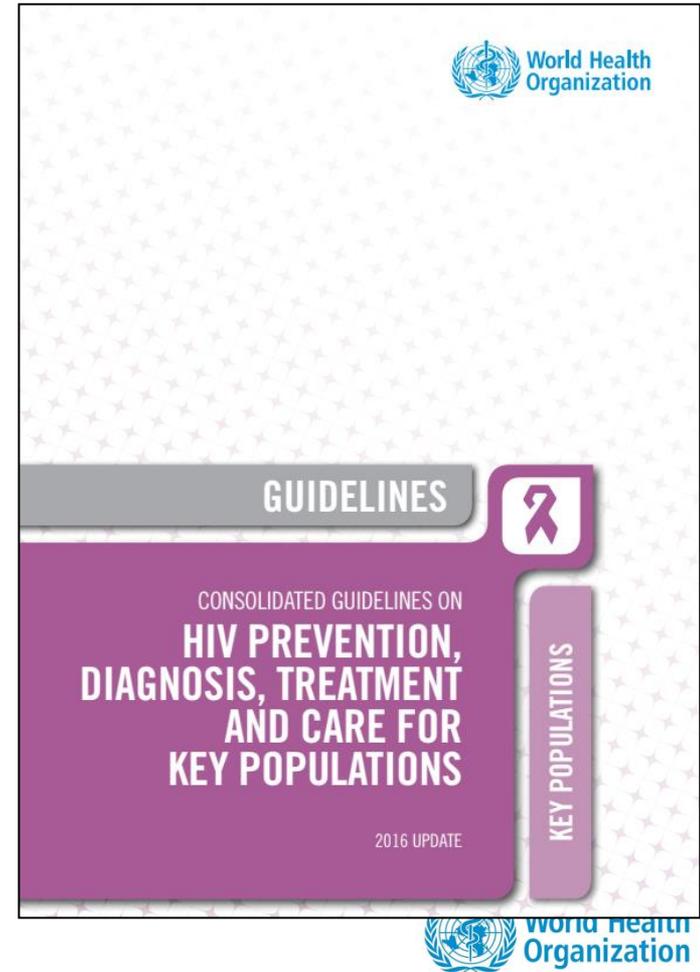
-  Instant access to the implementation tool for health care providers, HIV counselors, testing providers, pharmacists and PrEP users
-  Practical advice for the introduction and use of oral pre-exposure prophylaxis
-  Important facts on the initiation and monitoring of PrEP
-  Easy-to-use modules tailored to each step of the process
-  Key information for supporting PrEP users

[www.hivoralprep.org](http://www.hivoralprep.org)

# Key populations

- Men who have sex with men
- Transgender people
- People who inject drugs
- People in prisons or other closed settings
- Sex workers



# 'key' Key Population publications

- **Guidelines** - *Consolidated Guidelines on HIV Prevention, Diagnosis, Treatment and Care for Key Populations - normative and Policy brief - for advocacy 2014, updated in 2016'*



- **Young key populations technical briefs**

- **Implementation tools**

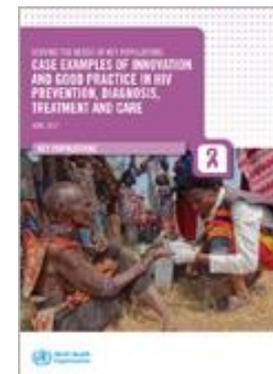
- SWIT 2013
- MSMIT 2015
- TransIT 2016
- DUIT 2017

- **Target setting guides**

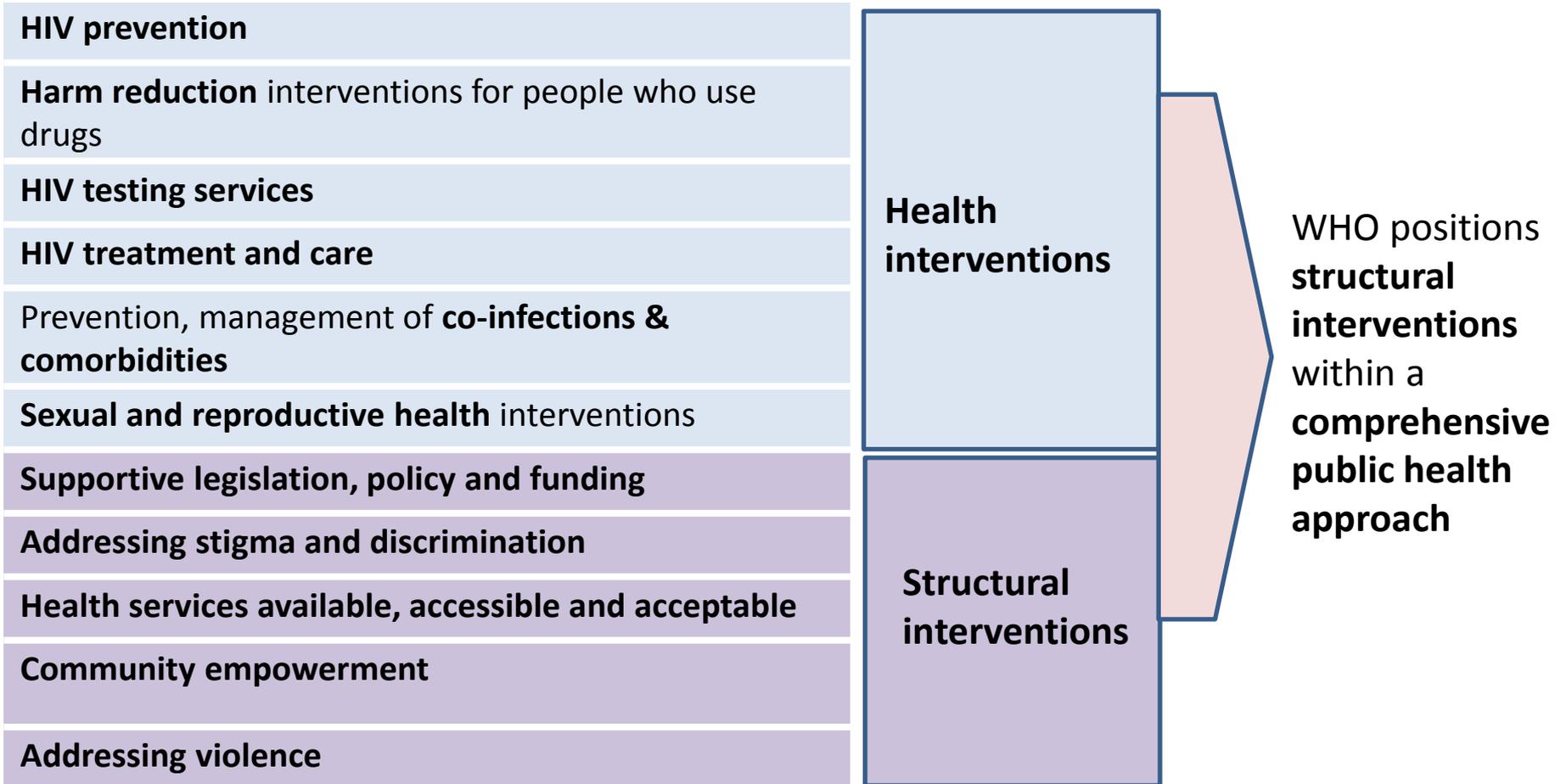
- PWID 2009, 2012
- All KP 2015

- **Transgender technical update** 2015

- **Case examples:** Serving The Needs of Key Populations: Case Examples of Innovation and Good Practice In HIV Prevention, Diagnosis, Treatment and Care 2017



# Key populations: comprehensive package of service



# WHO Recommendation on PrEP

Oral PrEP (containing TDF) should be offered as an additional prevention choice for people at substantial risk of HIV infection as part of combination prevention approaches.

- Provide PrEP within ***combination prevention***
  - Condoms and lube
  - Harm reduction
  - HIV testing and linkage to ART
- Provide PrEP with ***comprehensive support***
  - Adherence counselling
  - Support: Legal, social, emotional support
  - Contraception and reproductive health services
- For PWID, **addition to harm reduction**, and not an alternative
  - Which has proven to be extremely effective and cost effective
  - Not implemented (to scale) in most countries

# PrEP: key considerations

- **Not for EVERYONE**
  - Uptake and continuation is variable
- **Not for ALWAYS**
  - Seasons of HIV risk
- **Adherence** is critical for PrEP effectiveness
- **Other services beneficial, valued and necessary**
- **Many benefits beyond PrEP itself**

## How to implement strategically

- **Start in the highest incidence areas**
- **Start with highest incidence groups**
  - KPs (e.g. MSM, TG,)
  - SDC
  - Other populations?
- **Integration and linkages to existing services**

[Source: WHO PrEP implementation tool](#)

# Acknowledgments

- WHO HIV Department
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