



सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

ANDHRA PRADESH



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Andhra Pradesh. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Andhra Pradesh was conducted from 6 May 2015 to 4 August 2015 by GFK Mode Private Limited and gathered information from 10,265 households, 10,428 women, and 1,398 men. Fact sheets for each district of Andhra Pradesh are also available separately.

Andhra Pradesh-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Population and Household Profile			
1. Population (female) age 6 years and above who ever attended school (%)	74.3	56.6	62.0
2. Population below age 15 years (%)	23.2	23.9	23.7
3. Sex ratio of the total population (females per 1,000 males)	1,027	1,018	1,020
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	1,010	880	914
5. Children under age 5 years whose birth was registered (%)	90.1	79.9	82.7
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11. Households with any usual member covered by a health scheme or health insurance (%)	61.1	80.5	74.6
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12. Women who are literate (%)	74.9	57.4	62.9
13. Men who are literate (%)	90.2	73.6	79.4
14. Women with 10 or more years of schooling (%)	47.1	28.4	34.3
Marriage and Fertility			
15. Women age 20-24 years married before age 18 years (%)	26.3	35.5	32.7
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17. Total fertility rate (children per woman)	1.5	2.0	1.8
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	8.8	13.2	11.8
Infant and Child Mortality Rates (per 1,000 live births)			
19. Infant mortality rate (IMR)	20	40	35
20. Under-five mortality rate (U5MR)	29	45	41
Current Use of Family Planning Methods (currently married women age 15-49 years)			
21. Any method ⁴ (%)	68.4	70.0	69.5
22. Any modern method ⁴ (%)	68.1	70.0	69.4
23. Female sterilization (%)	65.6	69.5	68.3
24. Male sterilization (%)	1.2	0.3	0.6
25. IUD/PPIUD (%)	0.5	0.1	0.2
26. Pill (%)	0.4	0.1	0.2
27. Condom (%)	0.5	0.0	0.2
Unmet Need for Family Planning (currently married women age 15-49 years)⁵			
28. Total unmet need (%)	6.1	4.0	4.7
29. Unmet need for spacing (%)	3.9	2.8	3.1
Quality of Family Planning Services			
30. Health worker ever talked to female non-users about family planning (%)	18.2	20.4	19.7
31. Current users ever told about side effects of current method ⁶ (%)	26.9	23.7	24.6
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: · At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. · Pregnant with a mistimed pregnancy. · Postpartum amenorrheic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: · At risk of becoming pregnant, not using contraception, and want no (more) children. · Pregnant with an unwanted pregnancy. · Postpartum amenorrheic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.			
'na' not available () Based on 25-49 unweighted cases * Percentage not shown; based on fewer than 25 unweighted cases			

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Maternal and Child Health			
Maternity Care (for last birth in the 5 years before the survey)			
32. Mothers who had antenatal check-up in the first trimester (%)	87.9	80.3	82.4
33. Mothers who had at least 4 antenatal care visits (%)	79.6	75.1	76.3
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	95.0	95.0	95.0
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	55.9	56.3	56.2
36. Mothers who had full antenatal care ⁸ (%)	45.4	43.3	43.9
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	88.1	94.1	92.6
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	84.7	77.8	79.7
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	10.2	20.4	17.4
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,115	2,145	2,138
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	8.2	9.3
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	30.2	27.8	28.5
Delivery Care (for births in the 5 years before the survey)			
43. Institutional births (%)	96.5	89.7	91.6
44. Institutional births in public facility (%)	34.8	39.6	38.3
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	1.9	4.4	3.7
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	96.0	90.8	92.2
47. Births delivered by caesarean section (%)	48.4	37.1	40.1
48. Births in a private health facility delivered by caesarean section (%)	60.9	55.2	57.0
49. Births in a public health facility delivered by caesarean section (%)	31.0	23.7	25.5
Child Immunizations and Vitamin A Supplementation			
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	60.4	67.2	65.3
51. Children age 12-23 months who have received BCG (%)	97.7	97.1	97.3
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	64.9	75.2	72.3
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	84.9	90.6	89.0
54. Children age 12-23 months who have received measles vaccine (%)	92.0	88.4	89.4
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	62.1	71.5	68.8
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	73.5	71.6	72.1
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	83.4	94.9	91.6
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	16.6	5.1	8.4
Treatment of Childhood Diseases (children under age 5 years)			
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	5.7	6.9	6.6
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	(54.9)	45.3	47.6
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	(33.5)	29.1	30.1
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	(83.2)	69.4	72.7
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	0.9	0.4	0.5
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	73.9	78.6	77.3
Child Feeding Practices and Nutritional Status of Children			
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	43.6	38.8	40.1
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	67.0	71.1	70.2
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	(72.8)	50.6	56.1
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	7.3	6.3	6.5
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	13.5	11.0	11.9
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	9.0	7.1	7.6
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	28.3	32.5	31.4
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	15.5	17.8	17.2
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	4.8	4.4	4.5
74. Children under 5 years who are overweight (weight-for-age) ¹² (%)	28.4	33.1	31.9

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Andhra Pradesh-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Nutritional Status of Adults (age 15-49 years)			
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	11.5	20.3	17.6
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	11.5	16.5	14.8
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	45.6	27.6	33.2
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	44.4	28.0	33.5
Anaemia among Children and Adults¹⁵			
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	52.4	60.8	58.6
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	57.2	61.5	60.2
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	57.1	51.6	52.9
82. All women age 15-49 years who are anaemic (%)	57.2	61.1	60.0
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	19.2	30.8	26.9
Blood Sugar Level among Adults (age 15-49 years)¹⁶			
Women			
84. Blood sugar level - high (>140 mg/dl) (%)	11.1	6.9	8.2
85. Blood sugar level - very high (>160 mg/dl) (%)	6.5	4.3	4.9
Men			
86. Blood sugar level - high (>140 mg/dl) (%)	11.3	9.0	9.8
87. Blood sugar level - very high (>160 mg/dl) (%)	7.8	5.0	5.9
Hypertension among Adults (age 15-49 years)			
Women			
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	8.5	7.3	7.6
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.1	1.5	1.7
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.8	0.7	0.7
Men			
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	11.1	11.0	11.0
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	3.0	3.9	3.6
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	2.0	1.4	1.6
Women Age 15-49 Years Who Have Ever Undergone Examinations of:			
94. Cervix (%)	35.9	32.5	33.6
95. Breast (%)	4.9	5.2	5.1
96. Oral cavity (%)	16.2	10.9	12.5
Knowledge of HIV/AIDS among Adults (age 15-49 years)			
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	31.7	27.7	29.0
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	62.4	51.9	55.5
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	64.7	54.2	57.5
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	86.3	81.9	83.4
Women's Empowerment and Gender Based Violence (age 15-49 years)			
101. Currently married women who usually participate in household decisions (%)	78.8	80.4	79.9
102. Women who worked in the last 12 months who were paid in cash (%)	29.2	48.2	42.1
103. Ever-married women who have ever experienced spousal violence (%)	42.4	43.6	43.2
104. Ever-married women who have experienced violence during any pregnancy (%)	3.8	5.3	4.8
105. Women owning a house and/or land (alone or jointly with others) (%)	42.8	45.6	44.7
106. Women having a bank or savings account that they themselves use (%)	58.9	69.9	66.3
107. Women having a mobile phone that they themselves use (%)	54.1	27.8	36.2
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	77.6	63.0	67.5
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)			
109. Women who use any kind of tobacco (%)	1.0	2.9	2.3
110. Men who use any kind of tobacco (%)	19.7	30.5	26.8
111. Women who consume alcohol (%)	0.1	0.6	0.4
112. Men who consume alcohol (%)	29.6	37.7	34.9
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	(38.0)	37.8	37.8
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	31.9	33.5	33.1

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication). ¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

INTERNATIONAL INSTITUTE FOR POPULATION SCIENCES

Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

Mission: “The Institute will strive to be a centre of excellence on population, health and development issues through high quality education, teaching and research. This will be achieved by (a) creating competent professionals, (b) generating and disseminating scientific knowledge and evidence, (c) collaboration and exchange of knowledge, and (d) advocacy and awareness.”

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The opinions in this publication do not necessarily reflect the views of the funding agencies.

For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

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30. Health worker ever talked to female non-users about family planning (%)	18.2	20.4	19.7
31. Current users ever told about side effects of current method ⁶ (%)	26.9	23.7	24.6
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: · At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. · Pregnant with a mistimed pregnancy. · Postpartum amenorrheic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: · At risk of becoming pregnant, not using contraception, and want no (more) children. · Pregnant with an unwanted pregnancy. · Postpartum amenorrheic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.			
'na' not available () Based on 25-49 unweighted cases * Percentage not shown; based on fewer than 25 unweighted cases			

Andhra Pradesh-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Maternal and Child Health			
Maternity Care (for last birth in the 5 years before the survey)			
32. Mothers who had antenatal check-up in the first trimester (%)	87.9	80.3	82.4
33. Mothers who had at least 4 antenatal care visits (%)	79.6	75.1	76.3
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	95.0	95.0	95.0
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	55.9	56.3	56.2
36. Mothers who had full antenatal care ⁸ (%)	45.4	43.3	43.9
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	88.1	94.1	92.6
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	84.7	77.8	79.7
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	10.2	20.4	17.4
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,115	2,145	2,138
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	8.2	9.3
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%)	30.2	27.8	28.5
Delivery Care (for births in the 5 years before the survey)			
43. Institutional births (%)	96.5	89.7	91.6
44. Institutional births in public facility (%)	34.8	39.6	38.3
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	1.9	4.4	3.7
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	96.0	90.8	92.2
47. Births delivered by caesarean section (%)	48.4	37.1	40.1
48. Births in a private health facility delivered by caesarean section (%)	60.9	55.2	57.0
49. Births in a public health facility delivered by caesarean section (%)	31.0	23.7	25.5
Child Immunizations and Vitamin A Supplementation			
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	60.4	67.2	65.3
51. Children age 12-23 months who have received BCG (%)	97.7	97.1	97.3
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	64.9	75.2	72.3
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	84.9	90.6	89.0
54. Children age 12-23 months who have received measles vaccine (%)	92.0	88.4	89.4
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	62.1	71.5	68.8
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	73.5	71.6	72.1
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	83.4	94.9	91.6
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	16.6	5.1	8.4
Treatment of Childhood Diseases (children under age 5 years)			
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	5.7	6.9	6.6
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	(54.9)	45.3	47.6
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	(33.5)	29.1	30.1
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	(83.2)	69.4	72.7
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	0.9	0.4	0.5
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	73.9	78.6	77.3
Child Feeding Practices and Nutritional Status of Children			
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	43.6	38.8	40.1
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	67.0	71.1	70.2
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	(72.8)	50.6	56.1
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	7.3	6.3	6.5
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	13.5	11.0	11.9
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	9.0	7.1	7.6
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	28.3	32.5	31.4
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	15.5	17.8	17.2
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	4.8	4.4	4.5
74. Children under 5 years who are overweight (weight-for-age) ¹² (%)	28.4	33.1	31.9

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Andhra Pradesh-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Nutritional Status of Adults (age 15-49 years)			
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	11.5	20.3	17.6
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	11.5	16.5	14.8
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	45.6	27.6	33.2
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	44.4	28.0	33.5
Anaemia among Children and Adults¹⁵			
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	52.4	60.8	58.6
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	57.2	61.5	60.2
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	57.1	51.6	52.9
82. All women age 15-49 years who are anaemic (%)	57.2	61.1	60.0
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	19.2	30.8	26.9
Blood Sugar Level among Adults (age 15-49 years)¹⁶			
Women			
84. Blood sugar level - high (>140 mg/dl) (%)	11.1	6.9	8.2
85. Blood sugar level - very high (>160 mg/dl) (%)	6.5	4.3	4.9
Men			
86. Blood sugar level - high (>140 mg/dl) (%)	11.3	9.0	9.8
87. Blood sugar level - very high (>160 mg/dl) (%)	7.8	5.0	5.9
Hypertension among Adults (age 15-49 years)			
Women			
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	8.5	7.3	7.6
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.1	1.5	1.7
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.8	0.7	0.7
Men			
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	11.1	11.0	11.0
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	3.0	3.9	3.6
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	2.0	1.4	1.6
Women Age 15-49 Years Who Have Ever Undergone Examinations of:			
94. Cervix (%)	35.9	32.5	33.6
95. Breast (%)	4.9	5.2	5.1
96. Oral cavity (%)	16.2	10.9	12.5
Knowledge of HIV/AIDS among Adults (age 15-49 years)			
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	31.7	27.7	29.0
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	62.4	51.9	55.5
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	64.7	54.2	57.5
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	86.3	81.9	83.4
Women's Empowerment and Gender Based Violence (age 15-49 years)			
101. Currently married women who usually participate in household decisions (%)	78.8	80.4	79.9
102. Women who worked in the last 12 months who were paid in cash (%)	29.2	48.2	42.1
103. Ever-married women who have ever experienced spousal violence (%)	42.4	43.6	43.2
104. Ever-married women who have experienced violence during any pregnancy (%)	3.8	5.3	4.8
105. Women owning a house and/or land (alone or jointly with others) (%)	42.8	45.6	44.7
106. Women having a bank or savings account that they themselves use (%)	58.9	69.9	66.3
107. Women having a mobile phone that they themselves use (%)	54.1	27.8	36.2
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	77.6	63.0	67.5
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)			
109. Women who use any kind of tobacco (%)	1.0	2.9	2.3
110. Men who use any kind of tobacco (%)	19.7	30.5	26.8
111. Women who consume alcohol (%)	0.1	0.6	0.4
112. Men who consume alcohol (%)	29.6	37.7	34.9
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	(38.0)	37.8	37.8
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	31.9	33.5	33.1

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication). ¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

For related information, visit <http://www.iipsindia.org> or <http://www.mohfw.nic.in>



सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

BIHAR



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Bihar. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Bihar was conducted from 16 March 2015 to 8 August 2015 by Academy of Management Studies (AMS) and gathered information from 36,772 households, 45,812 women, and 5,431 men. Fact sheets for each district of Bihar are also available separately.

Bihar-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	71.5	54.8	56.9	39.4
2. Population below age 15 years (%)	34.0	40.1	39.3	43.8
3. Sex ratio of the total population (females per 1,000 males)	977	1,075	1,062	1,083
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	942	933	934	893
5. Children under age 5 years whose birth was registered (%)	64.5	60.3	60.7	5.8
6. Households with electricity (%)	88.2	54.1	58.6	27.7
7. Households with an improved drinking-water source ¹ (%)	97.8	98.2	98.2	96.1
8. Households using improved sanitation facility ² (%)	54.9	20.7	25.2	14.6
9. Households using clean fuel for cooking ³ (%)	63.8	10.8	17.8	9.9
10. Households using iodized salt (%)	97.4	93.0	93.6	94.7
11. Households with any usual member covered by a health scheme or health insurance (%)	9.8	12.7	12.3	0.9
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	70.6	46.3	49.6	37.0
13. Men who are literate (%)	88.8	75.3	77.8	70.4
14. Women with 10 or more years of schooling (%)	44.3	19.5	22.8	13.2
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	26.9	40.9	39.1	60.3
16. Men age 25-29 years married before age 21 years (%)	27.2	42.6	40.0	47.2
17. Total fertility rate (children per woman)	2.4	3.6	3.4	4.0
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	8.3	12.8	12.2	25.0
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	34	49	48	61
20. Under-five mortality rate (U5MR)	40	60	58	84
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	34.6	22.6	24.1	34.1
22. Any modern method ⁴ (%)	32.1	22.0	23.3	28.9
23. Female sterilization (%)	26.8	19.8	20.7	23.8
24. Male sterilization (%)	0.1	0.0	0.0	0.6
25. IUD/PPIUD (%)	1.3	0.4	0.5	0.6
26. Pill (%)	1.1	0.7	0.8	1.3
27. Condom (%)	2.3	0.8	1.0	2.3
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	19.1	21.5	21.2	23.9
29. Unmet need for spacing (%)	8.1	9.6	9.4	10.4
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	15.2	11.6	12.0	5.8
31. Current users ever told about side effects of current method ⁶ (%)	36.9	34.1	34.4	11.7

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant.

² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household.

³ Electricity, LPG/natural gas, biogas.

⁴ Includes other methods that are not shown separately

⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

- At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.

- Pregnant with a mistimed pregnancy.

- Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

- At risk of becoming pregnant, not using contraception, and want no (more) children.

- Pregnant with an unwanted pregnancy.

- Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

'na' not available

Bihar-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	50.4	32.7	34.6	18.7
33. Mothers who had at least 4 antenatal care visits (%)	26.3	13.0	14.4	11.2
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	93.1	89.2	89.6	73.2
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	12.3	9.4	9.7	6.3
36. Mothers who had full antenatal care ⁸ (%)	6.6	3.0	3.3	4.2
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	76.2	80.3	79.9	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	52.6	41.1	42.3	13.4
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	40.0	55.8	53.9	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	1,777	1,718	1,724	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	2.1	1.7	1.8	0.4
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	16.5	10.1	10.8	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	74.3	62.7	63.8	19.9
44. Institutional births in public facility (%)	42.7	48.2	47.7	3.5
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	5.7	8.5	8.2	9.7
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	79.0	69.0	70.0	29.3
47. Births delivered by caesarean section (%)	13.9	5.4	6.2	3.1
48. Births in a private health facility delivered by caesarean section (%)	37.1	29.5	31.0	17.2
49. Births in a public health facility delivered by caesarean section (%)	5.0	2.3	2.6	7.6
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	59.7	61.9	61.7	32.8
51. Children age 12-23 months who have received BCG (%)	91.5	91.7	91.7	64.7
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	71.6	73.0	72.9	82.4
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	79.3	80.2	80.2	46.1
54. Children age 12-23 months who have received measles vaccine (%)	77.3	79.6	79.4	40.4
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	64.7	65.6	65.5	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	58.6	62.7	62.3	25.1
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	87.0	96.4	95.5	73.2
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	11.4	3.2	3.9	9.8
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	8.0	10.7	10.4	10.7
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	62.1	43.8	45.2	20.9
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	27.2	19.5	20.1	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	56.3	54.7	54.8	56.1
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	1.7	2.6	2.5	6.8
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	57.0	60.1	59.8	61.9
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	41.8	34.2	34.9	4.0
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	46.8	54.2	53.5	28.0
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	41.2	29.5	30.7	54.5
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	8.4	7.1	7.3	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	11.0	9.0	9.2	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	8.8	7.4	7.5	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	39.8	49.3	48.3	55.6
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	21.3	20.8	20.8	27.1
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	7.9	6.9	7.0	8.3
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	37.5	44.6	43.9	55.9

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days.

⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Bihar-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	22.2	31.8	30.4	45.0
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	18.9	26.9	25.4	35.3
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	23.5	9.7	11.7	4.6
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	20.1	10.9	12.6	6.3
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	58.8	64.0	63.5	78.0
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	58.5	60.7	60.4	68.2
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	61.7	58.0	58.3	60.2
82. All women age 15-49 years who are anaemic (%)	58.7	60.5	60.3	67.4
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	24.2	34.1	32.2	34.3
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	5.0	4.1	4.2	na
85. Blood sugar level - very high (>160 mg/dl) (%)	2.3	1.8	1.9	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	8.0	6.4	6.7	na
87. Blood sugar level - very high (>160 mg/dl) (%)	4.0	3.1	3.3	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	4.2	4.5	4.4	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	0.8	0.9	0.9	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.6	0.6	0.6	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	10.3	7.0	7.6	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.7	1.2	1.3	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.6	0.5	0.5	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	10.9	12.3	12.1	na
95. Breast (%)	3.8	4.6	4.5	na
96. Oral cavity (%)	7.7	5.5	5.8	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	21.7	8.1	10.1	11.7
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	38.1	23.6	26.2	24.4
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	54.5	29.8	33.5	22.8
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	76.6	64.8	67.0	62.3
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	77.6	74.8	75.2	69.2
102. Women who worked in the last 12 months who were paid in cash (%)	11.6	12.6	12.5	17.2
103. Ever-married women who have ever experienced spousal violence (%)	40.2	43.7	43.2	59.0
104. Ever-married women who have experienced violence during any pregnancy (%)	6.8	4.5	4.8	na
105. Women owning a house and/or land (alone or jointly with others) (%)	46.8	60.9	58.8	na
106. Women having a bank or savings account that they themselves use (%)	36.9	24.6	26.4	8.2
107. Women having a mobile phone that they themselves use (%)	50.0	39.3	40.9	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	55.6	27.3	31.0	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	1.5	3.0	2.8	8.0
110. Men who use any kind of tobacco (%)	43.1	51.7	50.1	66.5
111. Women who consume alcohol (%)	0.2	0.3	0.2	1.0
112. Men who consume alcohol (%)	26.2	29.5	28.9	34.9
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	35.1	25.1	25.8	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	37.8	31.3	32.3	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

For related information, visit <http://www.iipsindia.org> or <http://www.mohfw.nic.in>



सत्यमेव जयते

Government of India
Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

GOA



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences
(Deemed University)
Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Goa. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Goa was conducted from 20 January 2015 to 6 April 2015 by Goa Institute of Management (GIM) and gathered information from 1,588 households, 1,696 women, and 761 men. Fact sheets for each district of Goa are also available separately.

Goa-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	87.1	81.6	85.0	78.0
2. Population below age 15 years (%)	25.0	20.0	23.2	23.9
3. Sex ratio of the total population (females per 1,000 males)	996	1,054	1,018	1,028
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	894	1,109	966	921
5. Children under age 5 years whose birth was registered (%)	98.9	99.0	98.9	94.7
6. Households with electricity (%)	99.8	99.9	99.8	96.4
7. Households with an improved drinking-water source ¹ (%)	97.8	93.7	96.3	79.9
8. Households using improved sanitation facility ² (%)	76.8	80.8	78.3	60.9
9. Households using clean fuel for cooking ³ (%)	91.0	72.0	84.1	61.3
10. Households using iodized salt (%)	97.6	92.5	95.7	77.3
11. Households with any usual member covered by a health scheme or health insurance (%)	18.5	11.4	15.9	11.1
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	88.0	90.8	89.0	83.6
13. Men who are literate (%)	93.5	96.6	94.7	90.3
14. Women with 10 or more years of schooling (%)	58.5	57.7	58.2	48.9
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	14.8	2.7	9.8	11.7
16. Men age 25-29 years married before age 21 years (%)	(17.3)	(0.0)	10.6	7.2
17. Total fertility rate (children per woman)	1.7	1.6	1.7	1.8
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	3.6	1.8	2.9	3.6
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	*	*	13	15
20. Under-five mortality rate (U5MR)	*	*	13	20
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	33.2	13.5	26.3	48.2
22. Any modern method ⁴ (%)	31.6	12.0	24.8	37.2
23. Female sterilization (%)	21.6	6.3	16.3	25.8
24. Male sterilization (%)	0.0	0.0	0.0	0.1
25. IUD/PPIUD (%)	0.9	0.9	0.9	2.3
26. Pill (%)	0.4	0.3	0.3	1.5
27. Condom (%)	8.5	4.4	7.1	7.5
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	16.9	18.7	17.5	15.2
29. Unmet need for spacing (%)	8.0	8.8	8.3	7.5
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	49.6	36.8	44.2	19.4
31. Current users ever told about side effects of current method ⁶ (%)	(76.6)	*	(76.0)	38.4

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant.

² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household.

³ Electricity, LPG/natural gas, biogas.

⁴ Includes other methods that are not shown separately

⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

- At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.
- Pregnant with a mistimed pregnancy.
- Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

- At risk of becoming pregnant, not using contraception, and want no (more) children.
- Pregnant with an unwanted pregnancy.
- Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

'na' not available
() Based on 25-49 unweighted cases
* Percentage not shown; based on fewer than 25 unweighted cases

Goa-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	84.7	83.9	84.4	85.7
33. Mothers who had at least 4 antenatal care visits (%)	90.6	86.2	89.0	92.4
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	97.6	93.9	96.2	86.8
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	66.3	69.5	67.4	59.6
36. Mothers who had full antenatal care ⁸ (%)	64.4	61.6	63.4	57.4
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	99.5	91.0	96.3	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	93.0	90.5	92.1	75.3
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	6.8	8.4	7.4	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	4,159	5,941	4,836	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	*	*	0.0
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%)	50.3	48.1	49.5	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	95.8	98.8	96.9	92.3
44. Institutional births in public facility (%)	57.3	59.9	58.2	43.2
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	2.8	0.0	1.8	1.9
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	97.5	97.6	97.5	94.0
47. Births delivered by caesarean section (%)	33.5	27.7	31.4	25.7
48. Births in a private health facility delivered by caesarean section (%)	58.9	37.7	51.3	36.7
49. Births in a public health facility delivered by caesarean section (%)	18.8	21.8	19.9	17.9
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	(87.7)	(90.1)	88.4	78.6
51. Children age 12-23 months who have received BCG (%)	(100.0)	(100.0)	100.0	96.8
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	(93.7)	(91.4)	92.9	87.2
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	(94.0)	(94.7)	94.2	87.5
54. Children age 12-23 months who have received measles vaccine (%)	(95.6)	(98.2)	96.5	91.2
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	(89.7)	(75.9)	85.2	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	88.3	91.7	89.5	31.0
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	(72.7)	(86.4)	77.2	83.2
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	(27.3)	(13.6)	22.8	15.5
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	3.0	5.2	3.8	6.8
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	*	*	*	50.6
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	*	*	*	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	*	*	*	72.1
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	0.9	2.4	1.4	3.6
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	(89.1)	(88.7)	89.0	83.2
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	72.5	74.7	73.3	59.7
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	*	*	(60.9)	17.7
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	*	*	*	66.8
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	(9.3)	(8.6)	9.1	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	*	*	(15.1)	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	11.5	8.2	10.4	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	18.3	23.2	20.1	25.6
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	27.7	11.5	21.9	14.1
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	13.7	2.1	9.5	5.6
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	25.3	21.2	23.8	25.0

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days.

⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Goa-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	10.3	22.2	14.7	27.9
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	8.4	14.7	10.8	24.7
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	36.3	28.5	33.5	20.2
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	35.3	28.2	32.6	15.5
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	52.2	41.2	48.3	38.2
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	30.9	32.1	31.4	37.9
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	*	*	(26.7)	36.9
82. All women age 15-49 years who are anaemic (%)	30.8	32.0	31.3	38.0
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	12.3	8.7	11.0	10.4
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	8.4	9.8	8.9	na
85. Blood sugar level - very high (>160 mg/dl) (%)	4.9	5.8	5.2	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	12.6	11.9	12.3	na
87. Blood sugar level - very high (>160 mg/dl) (%)	7.9	6.3	7.3	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	6.7	5.6	6.3	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.4	1.7	1.5	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.8	0.6	0.7	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	8.4	14.0	10.5	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.8	2.6	2.7	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.0	0.1	0.0	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	51.3	47.6	49.9	na
95. Breast (%)	44.6	45.9	45.1	na
96. Oral cavity (%)	51.6	52.3	51.8	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	36.0	32.2	34.6	28.5
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	42.9	40.4	41.9	30.3
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	80.8	71.5	77.4	47.6
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	91.9	84.7	89.2	56.8
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	94.5	92.6	93.8	91.1
102. Women who worked in the last 12 months who were paid in cash (%)	24.7	21.7	23.6	33.2
103. Ever-married women who have ever experienced spousal violence (%)	15.3	8.7	12.9	16.8
104. Ever-married women who have experienced violence during any pregnancy (%)	1.9	0.9	1.6	na
105. Women owning a house and/or land (alone or jointly with others) (%)	33.4	34.8	33.9	na
106. Women having a bank or savings account that they themselves use (%)	84.4	79.9	82.8	42.4
107. Women having a mobile phone that they themselves use (%)	81.5	79.8	80.9	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	94.1	81.7	89.3	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	1.7	2.3	1.9	4.4
110. Men who use any kind of tobacco (%)	22.1	18.6	20.8	27.8
111. Women who consume alcohol (%)	4.2	4.4	4.2	2.1
112. Men who consume alcohol (%)	49.4	37.0	44.7	40.0
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	*	*	(21.9)	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	5.1	9.5	6.6	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

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सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

HARYANA



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Haryana. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Haryana was conducted from 13 February 2015 to 24 June 2015 by Society for Promotion of Youth & Masses (SPYM) and gathered information from 17,332 households, 21,652 women, and 3,380 men. Fact sheets for each district of Haryana are also available separately.

Haryana-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	77.8	65.6	70.3	59.8
2. Population below age 15 years (%)	27.4	28.1	27.8	34.7
3. Sex ratio of the total population (females per 1,000 males)	846	895	876	897
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	785	867	836	762
5. Children under age 5 years whose birth was registered (%)	94.0	94.3	94.2	71.7
6. Households with electricity (%)	99.6	98.3	98.8	91.5
7. Households with an improved drinking-water source ¹ (%)	88.0	94.3	91.7	95.6
8. Households using improved sanitation facility ² (%)	81.7	77.4	79.2	40.0
9. Households using clean fuel for cooking ³ (%)	84.9	28.9	52.2	29.9
10. Households using iodized salt (%)	95.3	91.1	92.8	71.8
11. Households with any usual member covered by a health scheme or health insurance (%)	16.3	9.3	12.2	6.7
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	80.3	72.1	75.4	60.4
13. Men who are literate (%)	93.0	88.9	90.6	83.4
14. Women with 10 or more years of schooling (%)	55.1	39.7	45.8	29.6
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	19.6	17.8	18.5	39.8
16. Men age 25-29 years married before age 21 years (%)	25.7	35.8	31.3	41.6
17. Total fertility rate (children per woman)	1.8	2.2	2.1	2.7
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	4.9	6.4	5.9	12.1
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	31	33	33	41
20. Under-five mortality rate (U5MR)	36	44	41	52
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	60.0	66.2	63.7	63.4
22. Any modern method ⁴ (%)	55.1	62.2	59.4	58.3
23. Female sterilization (%)	31.0	42.7	38.1	38.2
24. Male sterilization (%)	0.5	0.6	0.6	0.7
25. IUD/PPIUD (%)	6.2	5.4	5.7	4.7
26. Pill (%)	3.0	2.4	2.7	2.8
27. Condom (%)	13.9	10.7	12.0	11.8
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	10.9	8.3	9.3	9.5
29. Unmet need for spacing (%)	4.0	3.7	3.8	3.0
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	23.0	23.0	23.0	11.4
31. Current users ever told about side effects of current method ⁶ (%)	66.8	61.4	63.3	41.4
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately. ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: - At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. - Pregnant with a mistimed pregnancy. - Postpartum amenorrhic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: - At risk of becoming pregnant, not using contraception, and want no (more) children. - Pregnant with an unwanted pregnancy. - Postpartum amenorrhic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.				
'na' not available				

Haryana-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	63.5	63.0	63.2	51.4
33. Mothers who had at least 4 antenatal care visits (%)	49.3	42.6	45.1	41.8
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	93.0	91.9	92.3	83.4
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	31.3	33.2	32.5	17.7
36. Mothers who had full antenatal care ⁸ (%)	21.4	18.3	19.5	11.9
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	91.1	92.5	92.0	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	67.4	67.3	67.3	39.3
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	9.3	16.0	13.5	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,300	1,104	1,503	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	0.9	1.7	1.4	0.0
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	19.6	22.6	21.4	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	80.6	80.4	80.5	35.7
44. Institutional births in public facility (%)	46.3	55.2	52.0	13.9
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	6.5	5.3	5.8	13.3
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	85.0	84.5	84.7	48.9
47. Births delivered by caesarean section (%)	13.6	10.6	11.7	5.3
48. Births in a private health facility delivered by caesarean section (%)	25.3	25.3	25.3	15.2
49. Births in a public health facility delivered by caesarean section (%)	10.7	7.6	8.6	14.3
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	57.0	65.1	62.2	65.3
51. Children age 12-23 months who have received BCG (%)	93.8	92.3	92.8	84.9
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	72.1	77.0	75.3	82.8
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	71.6	79.2	76.5	74.2
54. Children age 12-23 months who have received measles vaccine (%)	78.8	79.1	79.0	75.5
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	50.8	56.2	54.3	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	65.7	67.3	66.7	10.5
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	91.4	96.6	94.8	92.6
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	8.6	3.1	5.1	6.5
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	7.6	7.7	7.7	10.3
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	67.0	57.1	60.6	24.3
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	19.5	23.3	21.9	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	79.3	76.2	77.3	81.7
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	3.3	3.1	3.2	2.7
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	80.2	80.0	80.1	88.9
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	38.3	44.6	42.4	22.3
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	46.6	52.4	50.3	16.9
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	38.8	34.5	35.9	42.6
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	7.1	7.0	7.0	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	10.7	9.5	10.0	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	7.8	7.4	7.5	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	33.4	34.3	34.0	45.7
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	21.0	21.3	21.2	19.1
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	9.2	8.9	9.0	5.0
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	28.5	29.9	29.4	39.6

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Haryana-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	12.2	18.2	15.8	31.4
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	9.0	12.9	11.3	30.9
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	24.3	18.8	21.0	17.4
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	21.0	19.3	20.0	10.8
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	69.6	72.9	71.7	72.3
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	61.4	64.2	63.1	55.2
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	50.2	58.1	55.0	69.7
82. All women age 15-49 years who are anaemic (%)	60.8	63.9	62.7	56.1
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	20.1	21.5	20.9	19.2
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	5.7	4.2	4.8	na
85. Blood sugar level - very high (>160 mg/dl) (%)	2.3	1.4	1.8	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	6.2	6.1	6.1	na
87. Blood sugar level - very high (>160 mg/dl) (%)	1.9	2.3	2.1	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	8.2	7.2	7.6	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.5	0.8	1.1	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.6	0.5	0.5	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	14.7	14.2	14.4	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.7	1.8	1.8	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.5	0.7	0.6	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	30.5	34.3	32.8	na
95. Breast (%)	17.0	14.9	15.7	na
96. Oral cavity (%)	27.0	26.3	26.6	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	37.1	26.9	31.1	24.7
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	50.3	47.2	48.5	39.0
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	76.7	68.0	71.6	46.0
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	88.3	87.4	87.8	79.2
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	77.0	76.4	76.7	83.8
102. Women who worked in the last 12 months who were paid in cash (%)	18.7	16.8	17.6	15.5
103. Ever-married women who have ever experienced spousal violence (%)	25.1	37.1	32.0	27.3
104. Ever-married women who have experienced violence during any pregnancy (%)	3.0	6.3	4.9	na
105. Women owning a house and/or land (alone or jointly with others) (%)	34.8	36.6	35.8	na
106. Women having a bank or savings account that they themselves use (%)	51.4	41.5	45.6	12.4
107. Women having a mobile phone that they themselves use (%)	63.9	41.1	50.5	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	82.5	75.9	78.4	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	1.7	1.6	1.6	3.3
110. Men who use any kind of tobacco (%)	30.6	39.7	35.8	46.3
111. Women who consume alcohol (%)	0.2	0.1	0.1	0.1
112. Men who consume alcohol (%)	24.9	24.2	24.5	27.7
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	37.3	32.1	34.2	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	19.4	15.9	17.2	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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The opinions in this publication do not necessarily reflect the views of the funding agencies.

For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

For related information, visit <http://www.iipsindia.org> or <http://www.mohfw.nic.in>



सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

KARNATAKA



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Karnataka. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Karnataka was conducted from 25 February 2015 to 20 July 2015 by Vimarsh Development Solutions Pvt. Ltd. (VIMARSH) and gathered information from 23,842 households, 26,291 women, and 3,743 men. Fact sheets for each district of Karnataka are also available separately.

Karnataka-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	81.4	63.1	70.7	62.2
2. Population below age 15 years (%)	23.5	25.0	24.4	30.9
3. Sex ratio of the total population (females per 1,000 males)	963	990	979	1,028
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	875	935	910	922
5. Children under age 5 years whose birth was registered (%)	95.0	94.9	94.9	58.3
6. Households with electricity (%)	99.0	97.0	97.8	89.3
7. Households with an improved drinking-water source ¹ (%)	89.8	88.9	89.3	86.1
8. Households using improved sanitation facility ² (%)	77.3	42.6	57.8	33.5
9. Households using clean fuel for cooking ³ (%)	83.8	32.1	54.7	29.3
10. Households using iodized salt (%)	93.0	82.0	86.8	66.0
11. Households with any usual member covered by a health scheme or health insurance (%)	23.4	31.8	28.1	10.3
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	81.8	63.8	71.7	59.7
13. Men who are literate (%)	90.0	81.2	85.1	75.3
14. Women with 10 or more years of schooling (%)	58.9	35.1	45.5	27.8
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	17.9	27.0	23.2	41.2
16. Men age 25-29 years married before age 21 years (%)	8.5	12.5	10.9	18.1
17. Total fertility rate (children per woman)	1.7	1.9	1.8	2.1
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	5.3	9.6	7.8	17.0
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	19	34	28	43
20. Under-five mortality rate (U5MR)	23	39	32	54
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	48.0	54.5	51.8	63.6
22. Any modern method ⁴ (%)	47.1	54.3	51.3	62.5
23. Female sterilization (%)	42.8	52.8	48.6	57.4
24. Male sterilization (%)	0.1	0.0	0.1	0.2
25. IUD/PPIUD (%)	1.2	0.6	0.8	2.5
26. Pill (%)	0.7	0.3	0.4	0.8
27. Condom (%)	2.2	0.6	1.3	1.7
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	12.6	8.8	10.4	10.1
29. Unmet need for spacing (%)	7.0	5.3	6.0	5.7
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	18.4	20.9	19.8	16.3
31. Current users ever told about side effects of current method ⁶ (%)	40.7	42.0	41.5	30.3
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: - At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. - Pregnant with a mistimed pregnancy. - Postpartum amenorrhic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: - At risk of becoming pregnant, not using contraception, and want no (more) children. - Pregnant with an unwanted pregnancy. - Postpartum amenorrhic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.				
'na' not available				

Karnataka-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	64.2	67.3	66.0	70.9
33. Mothers who had at least 4 antenatal care visits (%)	69.5	70.9	70.3	68.0
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	87.8	88.6	88.3	78.6
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	46.0	44.7	45.3	28.2
36. Mothers who had full antenatal care ⁸ (%)	34.9	31.5	32.9	24.8
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	83.1	93.5	89.3	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	66.7	64.9	65.6	56.6
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	12.5	25.4	19.9	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	4,800	3,411	3,893	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	7.5	4.6	5.6	0.6
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%)	21.1	23.2	22.3	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	95.4	93.5	94.3	64.7
44. Institutional births in public facility (%)	50.2	68.9	61.4	34.8
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	2.3	3.6	3.1	6.8
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	92.8	94.6	93.9	69.7
47. Births delivered by caesarean section (%)	29.2	19.9	23.6	15.5
48. Births in a private health facility delivered by caesarean section (%)	41.3	39.1	40.3	31.9
49. Births in a public health facility delivered by caesarean section (%)	21.0	14.8	16.9	17.2
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	59.8	64.8	62.6	55.0
51. Children age 12-23 months who have received BCG (%)	89.2	95.2	92.5	87.8
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	70.0	78.2	74.6	73.8
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	72.7	82.1	77.9	74.0
54. Children age 12-23 months who have received measles vaccine (%)	80.7	83.8	82.4	72.0
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	54.1	62.8	58.9	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	75.1	81.3	78.7	13.6
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	77.8	96.1	88.2	74.8
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	21.3	3.9	11.4	19.7
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	4.8	4.3	4.5	8.6
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	44.9	58.7	52.8	31.9
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	29.1	38.1	34.3	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	64.2	73.8	69.7	67.2
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	1.0	1.3	1.2	1.7
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	77.8	76.4	76.9	78.1
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	53.7	58.2	56.4	35.6
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	46.9	58.2	54.2	58.6
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	52.4	42.8	46.0	69.7
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	8.3	4.3	5.8	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	16.3	12.5	14.4	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	10.9	6.3	8.2	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	32.6	38.5	36.2	43.7
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	24.8	26.9	26.1	17.6
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	9.7	11.0	10.5	5.9
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	31.5	37.7	35.2	37.6

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days.

⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Karnataka-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	16.2	24.3	20.7	35.4
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	14.2	18.4	16.5	33.9
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	31.8	16.6	23.3	15.3
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	28.6	17.1	22.1	10.9
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	57.2	63.4	60.9	70.3
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	43.0	46.1	44.8	50.8
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	39.6	48.7	45.4	60.4
82. All women age 15-49 years who are anaemic (%)	43.0	46.2	44.8	51.2
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	18.1	18.3	18.2	19.0
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	7.9	5.1	6.3	na
85. Blood sugar level - very high (>160 mg/dl) (%)	4.2	2.3	3.2	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	9.4	7.7	8.4	na
87. Blood sugar level - very high (>160 mg/dl) (%)	4.8	2.9	3.7	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	7.0	7.1	7.1	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.1	1.8	1.9	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.6	0.8	0.7	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	12.5	11.7	12.0	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.4	2.0	2.2	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.4	1.0	1.2	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	13.7	17.0	15.6	na
95. Breast (%)	11.7	13.6	12.8	na
96. Oral cavity (%)	19.5	14.7	16.8	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	9.8	9.3	9.5	11.6
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	27.5	25.2	26.3	29.1
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	58.4	42.8	50.0	34.8
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	70.4	62.3	65.9	73.8
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	83.5	78.0	80.4	68.6
102. Women who worked in the last 12 months who were paid in cash (%)	29.4	29.0	29.1	34.7
103. Ever-married women who have ever experienced spousal violence (%)	20.6	20.4	20.5	20.0
104. Ever-married women who have experienced violence during any pregnancy (%)	8.7	4.5	6.5	na
105. Women owning a house and/or land (alone or jointly with others) (%)	45.1	57.5	51.8	na
106. Women having a bank or savings account that they themselves use (%)	67.8	52.1	59.4	22.1
107. Women having a mobile phone that they themselves use (%)	62.3	34.0	47.1	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	81.6	62.1	70.3	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	3.1	5.0	4.2	4.8
110. Men who use any kind of tobacco (%)	34.2	34.3	34.3	44.7
111. Women who consume alcohol (%)	1.6	0.5	1.0	1.2
112. Men who consume alcohol (%)	30.1	28.6	29.3	28.3
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	20.5	27.9	25.5	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	25.5	32.9	29.6	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

INTERNATIONAL INSTITUTE FOR POPULATION SCIENCES

Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

MADHYA PRADESH



(स्थापना / Established in 1956)

वेधतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

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(Deemed University)

Mumbai

Introduction

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Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Madhya Pradesh. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Madhya Pradesh was conducted from 29 January 2015 to 24 July 2015 by Academy of Management Studies (AMS) & Institute of Health Management Research (IHM University) and gathered information from 52,042 households, 62,803 women, and 9,510 men. Fact sheets for each district of Madhya Pradesh are also available separately.

Madhya Pradesh-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	78.1	58.0	64.0	52.0
2. Population below age 15 years (%)	26.9	31.6	30.3	37.3
3. Sex ratio of the total population (females per 1,000 males)	933	955	948	961
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	899	937	927	960
5. Children under age 5 years whose birth was registered (%)	92.2	78.4	81.9	29.7
6. Households with electricity (%)	97.9	86.4	89.9	71.4
7. Households with an improved drinking-water source ¹ (%)	96.8	79.5	84.7	74.2
8. Households using improved sanitation facility ² (%)	66.6	19.4	33.7	18.7
9. Households using clean fuel for cooking ³ (%)	74.8	9.9	29.6	18.3
10. Households using iodized salt (%)	97.9	91.2	93.2	58.8
11. Households with any usual member covered by a health scheme or health insurance (%)	23.0	15.4	17.7	4.8
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	77.5	51.4	59.4	44.4
13. Men who are literate (%)	88.7	78.5	81.8	73.5
14. Women with 10 or more years of schooling (%)	43.6	14.1	23.2	14.0
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	16.6	35.8	30.0	53.0
16. Men age 25-29 years married before age 21 years (%)	24.6	46.2	39.5	59.4
17. Total fertility rate (children per woman)	2.0	2.5	2.3	3.1
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	3.9	8.6	7.3	13.6
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	44	54	51	69
20. Under-five mortality rate (U5MR)	52	69	65	93
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	51.6	51.3	51.4	55.9
22. Any modern method ⁴ (%)	49.0	49.8	49.6	52.8
23. Female sterilization (%)	35.0	45.2	42.2	44.3
24. Male sterilization (%)	0.4	0.5	0.5	1.3
25. IUD/PPIUD (%)	0.9	0.4	0.5	0.7
26. Pill (%)	2.2	0.9	1.3	1.7
27. Condom (%)	10.3	2.7	4.9	4.8
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	13.5	11.6	12.1	12.1
29. Unmet need for spacing (%)	6.0	5.6	5.7	5.4
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	22.9	19.3	20.4	15.9
31. Current users ever told about side effects of current method ⁶ (%)	49.0	36.3	39.4	47.1

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant.

² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household.

³ Electricity, LPG/natural gas, biogas.

⁴ Includes other methods that are not shown separately

⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

- At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.

- Pregnant with a mistimed pregnancy.

- Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

- At risk of becoming pregnant, not using contraception, and want no (more) children.

- Pregnant with an unwanted pregnancy.

- Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

'na' not available

Madhya Pradesh-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	66.5	47.9	53.1	39.3
33. Mothers who had at least 4 antenatal care visits (%)	51.6	29.6	35.7	22.3
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	93.8	88.3	89.8	70.7
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	31.6	20.5	23.6	7.1
36. Mothers who had full antenatal care ⁸ (%)	19.5	8.3	11.4	4.7
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	94.3	91.3	92.2	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	67.1	50.3	55.0	24.9
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	49.3	66.6	61.1	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	1,746	1,259	1,387	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	6.7	2.1	2.5	0.2
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%)	19.6	16.7	17.5	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	93.8	76.4	80.8	26.2
44. Institutional births in public facility (%)	66.9	70.3	69.5	18.4
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	1.5	2.6	2.3	6.6
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	90.4	73.8	78.1	32.7
47. Births delivered by caesarean section (%)	19.1	5.1	8.6	3.5
48. Births in a private health facility delivered by caesarean section (%)	42.7	38.0	40.8	28.8
49. Births in a public health facility delivered by caesarean section (%)	11.4	3.9	5.8	6.8
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	63.0	50.2	53.6	40.3
51. Children age 12-23 months who have received BCG (%)	95.0	90.3	91.6	80.5
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	69.5	61.5	63.6	75.6
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	80.8	70.7	73.4	49.8
54. Children age 12-23 months who have received measles vaccine (%)	85.1	77.7	79.6	61.4
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	64.3	53.4	56.3	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	65.6	58.6	60.4	12.5
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	88.9	98.3	95.7	86.7
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	10.8	1.0	3.7	6.7
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	9.7	9.4	9.5	12.1
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	62.8	52.5	55.2	29.8
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	26.1	26.8	26.6	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	71.5	67.0	68.2	58.5
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	1.3	2.4	2.1	3.7
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	79.6	68.3	70.9	65.1
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	31.6	35.5	34.5	14.9
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	54.2	59.6	58.2	21.6
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	45.3	35.7	38.1	46.0
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	8.9	6.2	6.9	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	4.4	5.1	4.8	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	8.2	6.0	6.6	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	37.5	43.6	42.0	50.0
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	22.0	27.1	25.8	35.0
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	8.1	9.6	9.2	12.6
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	36.5	45.0	42.8	60.0

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days.

⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Madhya Pradesh-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	20.6	31.8	28.3	41.7
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	22.5	31.1	28.4	41.6
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	23.8	9.1	13.6	7.6
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	17.6	7.8	10.9	4.3
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	66.3	69.9	68.9	74.0
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	49.7	53.7	52.4	55.8
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	49.2	56.4	54.6	57.9
82. All women age 15-49 years who are anaemic (%)	49.7	53.8	52.5	55.9
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	21.4	27.4	25.5	25.4
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	6.2	4.6	5.1	na
85. Blood sugar level - very high (>160 mg/dl) (%)	3.0	1.7	2.1	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	8.1	6.0	6.7	na
87. Blood sugar level - very high (>160 mg/dl) (%)	3.9	2.4	2.9	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	6.5	5.9	6.1	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.4	1.1	1.2	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.7	0.6	0.6	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	10.2	7.3	8.2	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.5	1.8	2.0	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.2	0.5	0.7	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	29.1	21.8	24.0	na
95. Breast (%)	10.9	10.2	10.4	na
96. Oral cavity (%)	15.2	11.0	12.3	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	31.1	12.1	18.1	20.3
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	39.7	24.4	29.3	38.9
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	65.2	38.2	46.8	37.8
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	81.4	64.8	70.1	67.1
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	87.7	80.8	82.8	68.5
102. Women who worked in the last 12 months who were paid in cash (%)	22.1	33.5	29.9	32.8
103. Ever-married women who have ever experienced spousal violence (%)	27.3	35.4	33.0	45.7
104. Ever-married women who have experienced violence during any pregnancy (%)	2.5	3.6	3.3	na
105. Women owning a house and/or land (alone or jointly with others) (%)	41.0	44.7	43.5	na
106. Women having a bank or savings account that they themselves use (%)	50.1	31.4	37.3	8.9
107. Women having a mobile phone that they themselves use (%)	49.5	19.1	28.7	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	65.4	26.4	37.6	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	6.5	12.1	10.4	16.0
110. Men who use any kind of tobacco (%)	53.1	62.4	59.5	68.5
111. Women who consume alcohol (%)	0.6	2.1	1.6	2.1
112. Men who consume alcohol (%)	28.3	30.3	29.6	30.8
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	45.6	36.9	38.5	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	36.6	37.4	37.2	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

For related information, visit <http://www.iipsindia.org> or <http://www.mohfw.nic.in>



सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

MEGHALAYA



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Meghalaya. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Meghalaya was conducted from 6 April 2015 to 19 September 2015 by Nielsen (India) Private Limited and gathered information from 7,327 households, 9,201 women, and 1,146 men. Fact sheets for each district of Meghalaya are also available separately.

Meghalaya-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	93.2	80.2	83.0	66.2
2. Population below age 15 years (%)	27.9	38.7	36.5	40.4
3. Sex ratio of the total population (females per 1,000 males)	1,067	991	1,005	1,005
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	891	1,030	1,009	907
5. Children under age 5 years whose birth was registered (%)	89.2	78.4	79.8	43.3
6. Households with electricity (%)	99.0	89.2	91.4	70.4
7. Households with an improved drinking-water source ¹ (%)	85.2	62.9	67.9	63.1
8. Households using improved sanitation facility ² (%)	67.9	58.1	60.3	37.6
9. Households using clean fuel for cooking ³ (%)	65.7	9.3	21.8	21.1
10. Households using iodized salt (%)	98.7	99.3	99.1	97.1
11. Households with any usual member covered by a health scheme or health insurance (%)	23.2	37.9	34.6	0.7
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	93.4	79.6	82.8	69.5
13. Men who are literate (%)	95.7	80.8	84.0	72.7
14. Women with 10 or more years of schooling (%)	59.4	25.8	33.6	22.9
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	7.8	19.3	16.5	24.5
16. Men age 25-29 years married before age 21 years (%)	(8.5)	22.4	19.6	33.3
17. Total fertility rate (children per woman)	1.7	3.5	3.0	3.8
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	3.4	10.1	8.6	8.3
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	15	32	30	44
20. Under-five mortality rate (U5MR)	20	43	40	70
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	32.8	22.4	24.3	24.3
22. Any modern method ⁴ (%)	27.6	20.6	21.9	18.5
23. Female sterilization (%)	12.4	4.8	6.2	9.5
24. Male sterilization (%)	0.0	0.0	0.0	0.1
25. IUD/PPIUD (%)	3.7	1.8	2.1	1.5
26. Pill (%)	7.8	12.5	11.7	5.0
27. Condom (%)	3.1	0.9	1.3	2.4
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	21.2	21.2	21.2	35.8
29. Unmet need for spacing (%)	13.9	15.6	15.3	23.2
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	16.6	26.5	24.2	7.2
31. Current users ever told about side effects of current method ⁶ (%)	64.7	61.2	61.8	44.7
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately. ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: <ul style="list-style-type: none"> · At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. · Pregnant with a mistimed pregnancy. · Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: <ul style="list-style-type: none"> · At risk of becoming pregnant, not using contraception, and want no (more) children. · Pregnant with an unwanted pregnancy. · Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.				
'na' not available () Based on 25-49 unweighted cases				

Meghalaya-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	68.3	50.7	53.3	32.6
33. Mothers who had at least 4 antenatal care visits (%)	71.3	46.3	50.0	42.8
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	89.2	77.6	79.3	51.8
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	53.8	33.2	36.2	5.9
36. Mothers who had full antenatal care ⁸ (%)	38.4	20.9	23.5	4.2
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	88.4	94.6	93.6	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	76.4	42.6	47.5	27.3
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	26.2	28.6	28.0	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,475	2,987	2,892	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	3.2	1.3	1.4	0.5
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	14.5	8.1	9.0	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	88.1	45.7	51.4	29.0
44. Institutional births in public facility (%)	53.1	37.3	39.4	19.7
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	2.2	2.7	2.6	2.4
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	90.8	48.1	53.8	31.1
47. Births delivered by caesarean section (%)	20.5	5.6	7.6	4.1
48. Births in a private health facility delivered by caesarean section (%)	34.5	29.3	31.4	26.7
49. Births in a public health facility delivered by caesarean section (%)	16.0	8.5	9.8	8.3
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	81.4	58.5	61.5	32.9
51. Children age 12-23 months who have received BCG (%)	96.2	84.4	86.0	65.9
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	84.2	69.0	71.0	56.6
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	88.1	71.8	74.0	47.3
54. Children age 12-23 months who have received measles vaccine (%)	86.6	69.7	71.9	43.8
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	79.9	60.3	62.9	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	63.7	52.9	54.4	14.9
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	81.1	94.3	92.4	87.0
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	18.9	2.5	4.9	8.9
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	8.6	10.9	10.6	5.7
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	77.6	77.4	77.5	65.1
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	54.5	58.4	58.0	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	76.0	69.3	70.0	72.2
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	4.8	6.0	5.8	1.9
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	87.3	72.7	74.9	54.8
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	55.8	61.4	60.6	58.6
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	34.7	36.0	35.8	26.3
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	(75.7)	66.2	67.4	77.5
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	24.9	24.1	24.2	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	(31.8)	16.9	19.8	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	26.6	23.1	23.6	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	36.5	45.0	43.8	55.1
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	13.7	15.5	15.3	30.7
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	6.5	6.5	6.5	19.9
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	22.9	29.9	29.0	48.8

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group). ¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Meghalaya-Key Indicators

Indicators	NFHS-4 (2015-16)		NFHS-3 (2005-06)	
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	11.4	12.3	12.1	14.6
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	13.6	11.1	11.6	14.1
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	18.4	10.2	12.2	5.3
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	17.1	8.1	10.1	5.9
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	42.6	48.9	48.0	63.8
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	45.2	60.0	56.5	45.4
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	43.9	54.6	53.1	58.1
82. All women age 15-49 years who are anaemic (%)	45.2	59.6	56.2	46.2
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	19.0	36.0	32.4	36.5
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	5.1	4.0	4.3	na
85. Blood sugar level - very high (>160 mg/dl) (%)	2.5	1.6	1.8	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	7.9	6.0	6.4	na
87. Blood sugar level - very high (>160 mg/dl) (%)	5.0	2.3	2.9	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	6.5	7.4	7.2	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.9	1.9	1.9	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.8	0.8	0.8	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	13.4	6.4	7.9	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.6	1.4	1.5	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.9	1.0	1.0	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	23.2	18.7	19.8	na
95. Breast (%)	15.9	11.4	12.4	na
96. Oral cavity (%)	29.1	12.7	16.5	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	18.2	11.7	13.3	13.1
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	25.7	10.9	14.1	13.8
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	57.4	43.6	47.0	26.2
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	59.7	49.9	52.1	40.2
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	93.1	91.1	91.4	90.4
102. Women who worked in the last 12 months who were paid in cash (%)	33.4	36.7	35.9	22.7
103. Ever-married women who have ever experienced spousal violence (%)	22.0	30.4	28.7	12.8
104. Ever-married women who have experienced violence during any pregnancy (%)	0.5	0.4	0.4	na
105. Women owning a house and/or land (alone or jointly with others) (%)	29.4	66.6	57.3	na
106. Women having a bank or savings account that they themselves use (%)	67.9	49.9	54.4	16.9
107. Women having a mobile phone that they themselves use (%)	80.2	59.1	64.3	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	85.2	57.1	63.7	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	28.6	33.5	32.3	31.9
110. Men who use any kind of tobacco (%)	65.9	73.9	72.2	69.3
111. Women who consume alcohol (%)	3.1	1.8	2.1	3.8
112. Men who consume alcohol (%)	40.7	45.7	44.6	49.2
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	48.3	24.6	29.4	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	29.3	14.9	17.8	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

For related information, visit <http://www.iipsindia.org> or <http://www.mohfw.nic.in>



सत्यमेव जयते

Government of India
Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

PUDUCHERRY



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences
(Deemed University)
Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Puducherry. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Puducherry was conducted from 17 June 2015 to 12 July 2015 by EHI International Pvt. Ltd. and gathered information from 3,205 households, 4,012 women, and 606 men. Fact sheets for each district of Puducherry are also available separately.

Puducherry-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Population and Household Profile			
1. Population (female) age 6 years and above who ever attended school (%)	83.0	77.7	81.4
2. Population below age 15 years (%)	23.9	23.4	23.7
3. Sex ratio of the total population (females per 1,000 males)	1,083	1,033	1,068
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	786	992	843
5. Children under age 5 years whose birth was registered (%)	99.2	98.7	99.0
6. Households with electricity (%)	99.8	99.2	99.6
7. Households with an improved drinking-water source ¹ (%)	93.8	99.0	95.4
8. Households using improved sanitation facility ² (%)	73.4	46.1	65.0
9. Households using clean fuel for cooking ³ (%)	91.6	69.4	84.8
10. Households using iodized salt (%)	96.3	84.4	92.7
11. Households with any usual member covered by a health scheme or health insurance (%)	38.1	20.9	32.8
Characteristics of Adults (age 15-49)			
12. Women who are literate (%)	85.1	84.8	85.0
13. Men who are literate (%)	89.8	96.1	91.9
14. Women with 10 or more years of schooling (%)	61.8	56.8	60.3
Marriage and Fertility			
15. Women age 20-24 years married before age 18 years (%)	10.9	10.2	10.7
16. Men age 25-29 years married before age 21 years (%)	10.4	(0.0)	6.3
17. Total fertility rate (children per woman)	1.7	1.7	1.7
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	3.7	3.2	3.5
Infant and Child Mortality Rates (per 1,000 live births)			
19. Infant mortality rate (IMR)	10	(30)	16
20. Under-five mortality rate (U5MR)	10	*	16
Current Use of Family Planning Methods (currently married women age 15-49 years)			
21. Any method ⁴ (%)	62.4	60.9	61.9
22. Any modern method ⁴ (%)	61.5	60.5	61.2
23. Female sterilization (%)	58.5	54.8	57.4
24. Male sterilization (%)	0.0	0.0	0.0
25. IUD/PPIUD (%)	2.1	3.7	2.6
26. Pill (%)	0.3	0.4	0.4
27. Condom (%)	0.6	1.2	0.8
Unmet Need for Family Planning (currently married women age 15-49 years)⁵			
28. Total unmet need (%)	9.3	6.1	8.3
29. Unmet need for spacing (%)	5.3	3.6	4.8
Quality of Family Planning Services			
30. Health worker ever talked to female non-users about family planning (%)	38.1	30.7	35.9
31. Current users ever told about side effects of current method ⁶ (%)	74.8	64.5	71.7
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately. ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: - At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. - Pregnant with a mistimed pregnancy. - Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: - At risk of becoming pregnant, not using contraception, and want no (more) children. - Pregnant with an unwanted pregnancy. - Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.			
'na' not available () Based on 25-49 unweighted cases * Percentage not shown; based on fewer than 25 unweighted cases			

Puducherry-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Maternal and Child Health			
Maternity Care (for last birth in the 5 years before the survey)			
32. Mothers who had antenatal check-up in the first trimester (%)	86.0	67.5	80.6
33. Mothers who had at least 4 antenatal care visits (%)	90.1	81.7	87.7
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	84.9	75.2	82.1
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	67.4	63.8	66.3
36. Mothers who had full antenatal care ⁸ (%)	59.4	46.4	55.6
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	98.8	95.9	98.0
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	88.3	76.6	84.9
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	22.8	17.8	21.4
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,176	1,627	1,999
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	*	*
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%)	34.9	38.6	36.0
Delivery Care (for births in the 5 years before the survey)			
43. Institutional births (%)	99.9	100.0	99.9
44. Institutional births in public facility (%)	77.9	91.3	82.0
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	0.1	0.0	0.1
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	100.0	100.0	100.0
47. Births delivered by caesarean section (%)	30.9	39.8	33.6
48. Births in a private health facility delivered by caesarean section (%)	47.1	(54.9)	48.3
49. Births in a public health facility delivered by caesarean section (%)	26.4	38.3	30.4
Child Immunizations and Vitamin A Supplementation			
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	93.9	(85.4)	91.3
51. Children age 12-23 months who have received BCG (%)	99.8	(100.0)	99.9
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	97.7	(90.3)	95.4
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	98.1	(91.5)	96.0
54. Children age 12-23 months who have received measles vaccine (%)	95.2	(95.9)	95.4
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	89.9	(88.4)	89.4
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	77.0	70.3	75.0
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	86.2	(97.5)	89.7
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	13.8	(2.5)	10.3
Treatment of Childhood Diseases (children under age 5 years)			
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	9.9	14.7	11.3
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	(79.4)	(58.3)	71.2
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	(78.3)	(56.0)	69.6
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	(80.6)	(62.6)	73.6
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	2.5	4.0	3.0
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	77.8	(66.8)	74.0
Child Feeding Practices and Nutritional Status of Children			
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	70.3	53.2	65.3
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	57.4	*	45.5
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	(78.3)	*	76.8
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	18.1	30.9	21.8
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	57.8	*	54.8
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	28.0	37.7	31.1
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	24.7	21.1	23.7
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	26.1	17.4	23.6
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	8.3	6.4	7.8
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	23.3	18.7	22.0

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Puducherry-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Nutritional Status of Adults (age 15-49 years)			
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	10.5	13.2	11.3
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	9.3	11.8	10.2
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	38.1	33.6	36.7
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	40.5	30.8	37.1
Anaemia among Children and Adults¹⁵			
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	43.4	48.5	44.9
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	52.3	55.7	53.4
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	23.6	(31.2)	26.0
82. All women age 15-49 years who are anaemic (%)	51.4	54.8	52.4
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	16.2	15.3	15.9
Blood Sugar Level among Adults (age 15-49 years)¹⁶			
Women			
84. Blood sugar level - high (>140 mg/dl) (%)	6.8	8.6	7.3
85. Blood sugar level - very high (>160 mg/dl) (%)	4.1	5.2	4.4
Men			
86. Blood sugar level - high (>140 mg/dl) (%)	7.9	6.7	7.5
87. Blood sugar level - very high (>160 mg/dl) (%)	5.2	5.0	5.1
Hypertension among Adults (age 15-49 years)			
Women			
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	7.2	5.9	6.8
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.0	0.5	1.6
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.9	0.4	0.7
Men			
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	14.2	6.2	11.5
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	0.8	5.4	2.4
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.3	1.2	1.2
Women Age 15-49 Years Who Have Ever Undergone Examinations of:			
94. Cervix (%)	20.1	22.2	20.7
95. Breast (%)	14.6	16.1	15.1
96. Oral cavity (%)	10.3	11.5	10.7
Knowledge of HIV/AIDS among Adults (age 15-49 years)			
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	26.6	22.7	25.4
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	21.6	11.2	18.0
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	69.4	79.9	72.7
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	84.6	84.6	84.6
Women's Empowerment and Gender Based Violence (age 15-49 years)			
101. Currently married women who usually participate in household decisions (%)	90.0	74.2	85.1
102. Women who worked in the last 12 months who were paid in cash (%)	21.7	20.1	21.2
103. Ever-married women who have ever experienced spousal violence (%)	33.3	37.5	34.5
104. Ever-married women who have experienced violence during any pregnancy (%)	2.7	9.1	4.6
105. Women owning a house and/or land (alone or jointly with others) (%)	41.9	36.6	40.3
106. Women having a bank or savings account that they themselves use (%)	65.2	74.8	68.2
107. Women having a mobile phone that they themselves use (%)	68.0	65.7	67.3
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	96.5	97.8	96.9
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)			
109. Women who use any kind of tobacco (%)	0.8	1.8	1.1
110. Men who use any kind of tobacco (%)	13.2	16.7	14.4
111. Women who consume alcohol (%)	0.5	0.7	0.6
112. Men who consume alcohol (%)	38.8	45.2	41.0
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	*	*	(42.0)
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	14.4	(7.7)	11.8

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication). ¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

SIKKIM



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Sikkim. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Sikkim was conducted from 30 January 2015 to 17 July 2015 by Development & Research Services Pvt. Ltd. (DRS) and gathered information from 4,662 households, 5,293 women, and 803 men. Fact sheets for each district of Sikkim are also available separately.

Sikkim-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	85.6	77.2	79.7	65.4
2. Population below age 15 years (%)	22.2	23.5	23.1	30.7
3. Sex ratio of the total population (females per 1,000 males)	936	944	942	936
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	632	911	809	984
5. Children under age 5 years whose birth was registered (%)	98.6	98.4	98.5	85.7
6. Households with electricity (%)	99.0	99.6	99.4	92.2
7. Households with an improved drinking-water source ¹ (%)	99.3	96.8	97.6	77.6
8. Households using improved sanitation facility ² (%)	76.0	94.2	88.2	60.7
9. Households using clean fuel for cooking ³ (%)	93.0	42.4	59.1	42.4
10. Households using iodized salt (%)	99.8	99.5	99.6	97.1
11. Households with any usual member covered by a health scheme or health insurance (%)	32.6	29.2	30.3	7.0
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	89.5	85.2	86.6	72.3
13. Men who are literate (%)	93.3	90.0	91.5	83.1
14. Women with 10 or more years of schooling (%)	50.2	36.1	40.7	22.5
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	16.1	13.6	14.5	30.1
16. Men age 25-29 years married before age 21 years (%)	18.8	18.1	18.5	31.5
17. Total fertility rate (children per woman)	1.1	1.2	1.2	2.0
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	2.4	3.0	2.8	12.0
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	(13)	38	29	34
20. Under-five mortality rate (U5MR)	(18)	39	32	40
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	36.9	51.4	46.7	57.6
22. Any modern method ⁴ (%)	35.6	50.9	45.9	48.7
23. Female sterilization (%)	13.1	19.7	17.6	21.2
24. Male sterilization (%)	1.6	4.3	3.4	4.5
25. IUD/PPIUD (%)	4.5	7.1	6.3	3.0
26. Pill (%)	8.8	12.9	11.6	12.8
27. Condom (%)	5.4	5.1	5.2	4.1
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	24.5	20.3	21.7	20.4
29. Unmet need for spacing (%)	9.8	8.4	8.9	5.8
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	16.6	21.4	19.6	13.2
31. Current users ever told about side effects of current method ⁶ (%)	46.5	61.4	57.1	56.5

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant.

² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household.

³ Electricity, LPG/natural gas, biogas.

⁴ Includes other methods that are not shown separately

⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

- At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.
- Pregnant with a mistimed pregnancy.
- Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

- At risk of becoming pregnant, not using contraception, and want no (more) children.
- Pregnant with an unwanted pregnancy.
- Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

'na' not available
() Based on 25-49 unweighted cases
* Percentage not shown; based on fewer than 25 unweighted cases

Sikkim-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	77.2	75.7	76.2	57.9
33. Mothers who had at least 4 antenatal care visits (%)	75.6	74.2	74.7	56.2
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	98.5	96.6	97.2	81.1
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	48.7	54.9	52.8	26.3
36. Mothers who had full antenatal care ⁸ (%)	36.7	40.2	39.0	22.4
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	98.4	99.4	99.1	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	79.3	71.6	74.2	44.9
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	11.9	38.3	29.4	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,584	2,474	2,509	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	(0.0)	(0.0)	0.0
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	9.5	14.4	12.8	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	95.3	94.4	94.7	47.2
44. Institutional births in public facility (%)	77.5	85.2	82.7	44.5
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	2.5	2.4	2.4	6.5
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	97.7	96.8	97.1	53.7
47. Births delivered by caesarean section (%)	28.8	17.1	20.9	12.3
48. Births in a private health facility delivered by caesarean section (%)	(48.3)	50.1	49.3	*
49. Births in a public health facility delivered by caesarean section (%)	26.0	14.7	18.1	25.0
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	(81.4)	83.7	83.0	69.6
51. Children age 12-23 months who have received BCG (%)	(98.2)	99.2	98.9	95.9
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	(87.1)	88.0	87.7	85.6
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	(88.4)	95.0	93.0	84.3
54. Children age 12-23 months who have received measles vaccine (%)	(90.0)	94.8	93.3	83.1
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	(78.9)	86.4	84.1	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	80.5	86.2	84.3	18.0
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	(91.9)	95.1	94.1	98.6
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	(8.1)	4.9	5.9	0.4
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	0.3	2.6	1.8	16.5
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	*	*	*	33.2
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	*	*	*	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	*	*	*	32.2
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	0.4	0.2	0.3	5.0
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	*	(58.5)	(63.8)	49.7
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	61.7	68.9	66.5	43.3
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	(70.7)	48.6	54.6	37.2
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	*	(61.9)	61.8	(85.4)
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	19.0	25.0	23.1	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	*	*	*	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	20.7	24.4	23.1	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	22.9	32.9	29.6	38.3
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	13.2	14.7	14.2	9.7
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	5.7	6.0	5.9	3.3
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	12.0	15.4	14.2	19.7

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group). ¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Sikkim-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	7.5	5.8	6.4	11.2
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	1.2	3.3	2.4	12.2
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	34.1	23.1	26.7	15.4
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	41.5	29.7	34.8	11.9
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	59.7	52.7	55.1	58.1
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	34.3	35.6	35.2	59.4
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	(33.6)	19.6	23.6	62.1
82. All women age 15-49 years who are anaemic (%)	34.3	35.1	34.9	59.5
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	12.4	18.2	15.7	24.7
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	7.8	6.1	6.7	na
85. Blood sugar level - very high (>160 mg/dl) (%)	3.5	2.6	2.9	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	10.7	7.5	8.9	na
87. Blood sugar level - very high (>160 mg/dl) (%)	6.4	1.9	3.8	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	13.1	11.1	11.7	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	3.5	2.9	3.1	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.9	1.6	1.7	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	17.7	21.1	19.6	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	7.2	2.8	4.7	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	4.6	1.7	3.0	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	11.8	13.3	12.8	na
95. Breast (%)	6.0	7.2	6.8	na
96. Oral cavity (%)	36.7	29.9	32.1	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	31.5	21.3	25.5	22.2
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	37.7	34.9	36.1	26.1
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	68.4	58.9	62.7	56.5
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	74.9	71.3	72.8	71.2
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	95.7	95.0	95.3	93.6
102. Women who worked in the last 12 months who were paid in cash (%)	22.4	18.2	19.9	22.0
103. Ever-married women who have ever experienced spousal violence (%)	0.4	4.2	2.6	16.3
104. Ever-married women who have experienced violence during any pregnancy (%)	0.0	0.6	0.4	na
105. Women owning a house and/or land (alone or jointly with others) (%)	19.4	28.5	24.8	na
106. Women having a bank or savings account that they themselves use (%)	68.9	59.7	63.5	20.9
107. Women having a mobile phone that they themselves use (%)	87.1	74.8	79.8	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	92.7	80.8	84.6	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	8.2	6.9	7.3	18.7
110. Men who use any kind of tobacco (%)	39.6	40.8	40.3	61.8
111. Women who consume alcohol (%)	22.7	23.1	23.0	19.2
112. Men who consume alcohol (%)	48.9	52.9	51.2	45.4
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	23.4	18.1	20.0	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	10.3	15.9	13.5	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

TAMIL NADU



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Tamil Nadu. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Tamil Nadu was conducted from 23 February 2015 to 29 June 2015 by EHI International Pvt. Ltd. and gathered information from 26,033 households, 28,820 women, and 4,794 men. Fact sheets for each district of Tamil Nadu are also available separately.

Tamil Nadu-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	83.6	70.7	77.2	69.4
2. Population below age 15 years (%)	22.4	24.1	23.3	26.6
3. Sex ratio of the total population (females per 1,000 males)	1,020	1,047	1,033	1,078
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	972	939	954	896
5. Children under age 5 years whose birth was registered (%)	98.5	98.2	98.3	85.8
6. Households with electricity (%)	99.2	98.3	98.8	88.6
7. Households with an improved drinking-water source ¹ (%)	86.9	94.5	90.6	91.4
8. Households using improved sanitation facility ² (%)	69.7	34.0	52.2	22.4
9. Households using clean fuel for cooking ³ (%)	87.4	58.0	73.0	31.4
10. Households using iodized salt (%)	89.1	76.2	82.8	65.5
11. Households with any usual member covered by a health scheme or health insurance (%)	59.2	69.1	64.1	4.0
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	85.6	72.9	79.4	69.4
13. Men who are literate (%)	91.7	86.2	89.1	84.1
14. Women with 10 or more years of schooling (%)	58.6	42.9	50.9	31.8
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	13.0	18.3	15.7	21.5
16. Men age 25-29 years married before age 21 years (%)	18.4	15.2	17.0	14.0
17. Total fertility rate (children per woman)	1.5	1.9	1.7	1.8
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	3.7	6.3	5.0	7.7
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	18	23	21	30
20. Under-five mortality rate (U5MR)	24	31	27	35
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	54.1	52.3	53.2	61.4
22. Any modern method ⁴ (%)	53.5	51.6	52.6	60.0
23. Female sterilization (%)	49.4	49.4	49.4	55.0
24. Male sterilization (%)	0.0	0.0	0.0	0.4
25. IUD/PPIUD (%)	2.3	1.4	1.9	2.1
26. Pill (%)	0.4	0.1	0.2	0.2
27. Condom (%)	1.2	0.5	0.8	2.3
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	10.6	9.6	10.1	10.2
29. Unmet need for spacing (%)	5.1	4.5	4.8	4.1
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	29.7	30.8	30.2	21.6
31. Current users ever told about side effects of current method ⁶ (%)	76.7	76.6	76.7	66.4
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: - At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. - Pregnant with a mistimed pregnancy. - Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: - At risk of becoming pregnant, not using contraception, and want no (more) children. - Pregnant with an unwanted pregnancy. - Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.				
'na' not available () Based on 25-49 unweighted cases * Percentage not shown; based on fewer than 25 unweighted cases				

Tamil Nadu-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	65.1	62.9	64.0	75.3
33. Mothers who had at least 4 antenatal care visits (%)	81.3	81.0	81.2	87.4
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	72.4	69.7	71.0	95.9
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	65.1	62.9	64.0	28.2
36. Mothers who had full antenatal care ⁸ (%)	46.3	43.8	45.0	27.5
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	96.0	96.0	96.0	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	74.3	73.8	74.1	85.6
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	25.3	33.6	29.5	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,476	2,511	2,496	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	(13.0)	(11.3)	2.1
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	34.9	35.8	35.4	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	99.2	98.7	99.0	87.8
44. Institutional births in public facility (%)	58.7	73.8	66.7	48.1
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	0.6	0.6	0.6	2.9
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	99.6	99.0	99.3	90.6
47. Births delivered by caesarean section (%)	36.1	32.3	34.1	20.3
48. Births in a private health facility delivered by caesarean section (%)	48.6	55.2	51.3	33.0
49. Births in a public health facility delivered by caesarean section (%)	28.0	25.1	26.3	14.9
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	73.3	66.8	69.7	80.9
51. Children age 12-23 months who have received BCG (%)	96.2	93.9	94.9	99.5
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	84.4	80.7	82.3	87.8
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	86.3	83.1	84.5	95.7
54. Children age 12-23 months who have received measles vaccine (%)	85.9	84.4	85.1	92.5
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	70.9	66.1	68.2	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	65.9	70.5	68.3	33.1
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	78.7	91.9	86.1	75.0
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	21.3	8.1	14.0	25.0
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	8.2	7.8	8.0	5.4
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	65.0	58.7	61.8	32.2
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	46.6	36.3	41.3	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	73.9	72.5	73.2	62.0
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	2.7	2.9	2.8	3.7
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	83.4	81.1	82.2	77.5
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	55.4	54.2	54.7	55.2
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	47.8	48.7	48.3	34.1
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	76.4	59.8	67.5	81.2
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	20.9	21.8	21.4	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	42.6	51.5	47.1	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	29.4	31.7	30.7	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	25.5	28.6	27.1	30.9
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	19.0	20.3	19.7	22.2
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	8.2	7.6	7.9	8.9
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	21.5	25.7	23.8	29.8

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group). ¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Tamil Nadu-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	10.9	18.5	14.6	28.4
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	10.7	14.3	12.4	27.1
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	36.2	25.4	30.9	20.9
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	30.6	25.6	28.2	14.5
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	48.6	52.5	50.7	64.2
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	53.9	56.9	55.4	53.1
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	37.2	52.1	44.4	54.7
82. All women age 15-49 years who are anaemic (%)	53.4	56.8	55.1	53.2
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	16.9	24.3	20.4	16.6
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	8.0	6.3	7.1	na
85. Blood sugar level - very high (>160 mg/dl) (%)	4.5	3.4	3.9	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	10.2	9.2	9.7	na
87. Blood sugar level - very high (>160 mg/dl) (%)	5.9	5.3	5.6	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	6.8	5.5	6.2	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.9	1.2	1.6	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.6	0.5	0.5	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	12.2	10.8	11.5	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	3.0	2.5	2.8	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.2	1.2	1.2	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	21.7	24.4	23.1	na
95. Breast (%)	14.0	16.9	15.4	na
96. Oral cavity (%)	11.2	13.0	12.1	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	16.4	15.6	16.0	12.3
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	10.6	11.3	10.9	37.4
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	67.8	61.6	64.7	41.9
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	81.2	78.2	79.7	82.0
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	83.3	84.7	84.0	87.4
102. Women who worked in the last 12 months who were paid in cash (%)	25.2	35.7	30.5	45.7
103. Ever-married women who have ever experienced spousal violence (%)	37.2	44.2	40.6	41.9
104. Ever-married women who have experienced violence during any pregnancy (%)	5.0	7.5	6.2	na
105. Women owning a house and/or land (alone or jointly with others) (%)	34.6	37.9	36.2	na
106. Women having a bank or savings account that they themselves use (%)	75.7	78.3	77.0	15.9
107. Women having a mobile phone that they themselves use (%)	70.7	53.4	62.0	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	93.5	89.5	91.4	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	1.5	3.0	2.2	2.8
110. Men who use any kind of tobacco (%)	32.2	31.2	31.7	40.1
111. Women who consume alcohol (%)	0.5	0.3	0.4	0.1
112. Men who consume alcohol (%)	46.0	47.4	46.7	41.5
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	44.8	38.1	40.4	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	26.1	20.1	23.3	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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सत्यमेव जयते

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Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

TELANGANA



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

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Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Telangana. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Telangana was conducted from 23 February 2015 to 9 May 2015 by GFK Mode Private Limited and gathered information from 7,786 households, 7,567 women, and 1,058 men. Fact sheets for each district of Telangana are also available separately.

Telangana-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Population and Household Profile			
1. Population (female) age 6 years and above who ever attended school (%)	76.6	50.4	62.2
2. Population below age 15 years (%)	24.9	25.1	25.0
3. Sex ratio of the total population (females per 1,000 males)	976	1,035	1,007
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	884	865	874
5. Children under age 5 years whose birth was registered (%)	89.9	76.5	82.9
6. Households with electricity (%)	99.5	97.2	98.2
7. Households with an improved drinking-water source ¹ (%)	80.1	75.6	77.6
8. Households using improved sanitation facility ² (%)	64.4	38.9	50.2
9. Households using clean fuel for cooking ³ (%)	90.1	48.2	66.8
10. Households using iodized salt (%)	99.2	93.0	95.8
11. Households with any usual member covered by a health scheme or health insurance (%)	53.5	76.7	66.4
Characteristics of Adults (age 15-49)			
12. Women who are literate (%)	79.3	52.4	65.2
13. Men who are literate (%)	90.8	76.5	83.4
14. Women with 10 or more years of schooling (%)	57.3	30.5	43.3
Marriage and Fertility			
15. Women age 20-24 years married before age 18 years (%)	15.7	35.0	25.7
16. Men age 25-29 years married before age 21 years (%)	14.5	32.3	23.9
17. Total fertility rate (children per woman)	1.7	1.9	1.8
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	6.5	13.8	10.6
Infant and Child Mortality Rates (per 1,000 live births)			
19. Infant mortality rate (IMR)	20	35	28
20. Under-five mortality rate (U5MR)	25	38	32
Current Use of Family Planning Methods (currently married women age 15-49 years)			
21. Any method ⁴ (%)	58.8	55.8	57.2
22. Any modern method ⁴ (%)	58.3	55.8	56.9
23. Female sterilization (%)	54.9	53.6	54.2
24. Male sterilization (%)	1.4	1.7	1.6
25. IUD/PPIUD (%)	0.6	0.1	0.3
26. Pill (%)	0.5	0.1	0.3
27. Condom (%)	0.8	0.2	0.5
Unmet Need for Family Planning (currently married women age 15-49 years)⁵			
28. Total unmet need (%)	8.8	6.0	7.3
29. Unmet need for spacing (%)	4.3	3.4	3.8
Quality of Family Planning Services			
30. Health worker ever talked to female non-users about family planning (%)	9.7	9.7	9.7
31. Current users ever told about side effects of current method ⁶ (%)	26.8	22.8	24.7
¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are: - At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant. - Pregnant with a mistimed pregnancy. - Postpartum amenorrhic for up to two years following a mistimed birth and not using contraception. Women are considered to have unmet need for limiting if they are: - At risk of becoming pregnant, not using contraception, and want no (more) children. - Pregnant with an unwanted pregnancy. - Postpartum amenorrhic for up to two years following an unwanted birth and not using contraception. Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting. ⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.			
'na' not available () Based on 25-49 unweighted cases * Percentage not shown; based on fewer than 25 unweighted cases			

Telangana-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Maternal and Child Health			
Maternity Care (for last birth in the 5 years before the survey)			
32. Mothers who had antenatal check-up in the first trimester (%)	87.4	79.2	83.1
33. Mothers who had at least 4 antenatal care visits (%)	77.6	72.7	75.0
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	89.6	88.5	89.1
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	58.8	47.5	52.8
36. Mothers who had full antenatal care ⁸ (%)	47.7	37.3	42.2
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	85.4	92.2	89.2
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	84.8	79.1	81.8
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	10.2	14.0	12.2
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	3,938	4,079	4,020
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	7.4	9.0
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	21.3	28.9	25.3
Delivery Care (for births in the 5 years before the survey)			
43. Institutional births (%)	96.3	87.3	91.5
44. Institutional births in public facility (%)	27.1	34.4	31.0
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	1.7	4.0	2.9
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	94.8	88.4	91.4
47. Births delivered by caesarean section (%)	63.2	53.4	58.0
48. Births in a private health facility delivered by caesarean section (%)	74.8	75.1	74.9
49. Births in a public health facility delivered by caesarean section (%)	42.2	39.5	40.6
Child Immunizations and Vitamin A Supplementation			
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	67.8	68.3	68.1
51. Children age 12-23 months who have received BCG (%)	97.6	97.2	97.4
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	74.4	76.3	75.4
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	89.5	86.3	87.9
54. Children age 12-23 months who have received measles vaccine (%)	91.8	89.4	90.6
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	69.7	71.4	70.6
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	75.3	77.2	76.3
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	72.0	95.6	83.7
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	28.0	4.0	16.1
Treatment of Childhood Diseases (children under age 5 years)			
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	8.1	8.6	8.4
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	61.8	52.5	56.8
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	30.2	32.7	31.6
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	79.5	69.4	74.0
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	2.2	2.0	2.1
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	82.0	72.1	76.2
Child Feeding Practices and Nutritional Status of Children			
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	38.8	35.6	37.1
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	68.0	66.8	67.3
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	(57.9)	56.4	57.1
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	14.8	5.4	9.6
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	(9.7)	13.7	11.4
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	13.9	6.3	9.9
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	20.9	33.3	28.1
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	14.6	20.4	18.0
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	3.7	5.6	4.8
74. Children under 5 years who are overweight (weight-for-age) ¹² (%)	22.2	33.1	28.5

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Telangana-Key Indicators

Indicators	NFHS-4 (2015-16)		
	Urban	Rural	Total
Nutritional Status of Adults (age 15-49 years)			
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	16.1	29.0	23.1
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	17.6	24.6	21.4
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	39.5	18.5	28.1
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	31.9	17.9	24.2
Anaemia among Children and Adults¹⁵			
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	51.6	67.5	60.7
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	55.4	58.2	56.9
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	44.3	55.1	49.8
82. All women age 15-49 years who are anaemic (%)	55.0	58.1	56.7
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	10.2	19.8	15.4
Blood Sugar Level among Adults (age 15-49 years)¹⁶			
Women			
84. Blood sugar level - high (>140 mg/dl) (%)	8.2	5.6	6.8
85. Blood sugar level - very high (>160 mg/dl) (%)	5.1	2.8	3.9
Men			
86. Blood sugar level - high (>140 mg/dl) (%)	6.8	5.4	6.0
87. Blood sugar level - very high (>160 mg/dl) (%)	5.1	3.3	4.1
Hypertension among Adults (age 15-49 years)			
Women			
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	8.1	6.8	7.4
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.8	1.6	1.7
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.0	1.1	1.0
Men			
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	14.0	10.6	12.2
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	3.6	3.0	3.3
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	3.4	2.2	2.7
Women Age 15-49 Years Who Have Ever Undergone Examinations of:			
94. Cervix (%)	30.7	33.7	32.3
95. Breast (%)	11.1	8.1	9.5
96. Oral cavity (%)	12.5	8.6	10.5
Knowledge of HIV/AIDS among Adults (age 15-49 years)			
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	39.1	20.8	29.5
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	55.1	45.0	49.8
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	68.6	50.1	59.0
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	85.4	77.5	81.3
Women's Empowerment and Gender Based Violence (age 15-49 years)			
101. Currently married women who usually participate in household decisions (%)	82.1	80.3	81.1
102. Women who worked in the last 12 months who were paid in cash (%)	28.1	60.8	45.2
103. Ever-married women who have ever experienced spousal violence (%)	36.9	47.6	43.0
104. Ever-married women who have experienced violence during any pregnancy (%)	4.4	7.0	5.9
105. Women owning a house and/or land (alone or jointly with others) (%)	42.2	58.2	50.5
106. Women having a bank or savings account that they themselves use (%)	60.7	58.7	59.7
107. Women having a mobile phone that they themselves use (%)	63.1	33.8	47.8
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	86.7	67.2	76.3
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)			
109. Women who use any kind of tobacco (%)	1.1	4.4	2.8
110. Men who use any kind of tobacco (%)	25.0	31.4	28.3
111. Women who consume alcohol (%)	2.7	14.3	8.8
112. Men who consume alcohol (%)	46.0	61.2	53.9
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	(18.2)	38.9	35.0
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	40.0	44.0	42.3

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication). ¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

For related information, visit <http://www.iipsindia.org> or <http://www.mohfw.nic.in>



सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

TRIPURA



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Tripura. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Tripura was conducted from 2 February 2015 to 2 August 2015 by Development & Research Services Pvt. Ltd. (DRS) and gathered information from 4,510 households, 4,804 women, and 819 men. Fact sheets for each district of Tripura are also available separately.

Tripura-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	89.5	78.7	81.9	75.4
2. Population below age 15 years (%)	20.8	26.0	24.5	30.0
3. Sex ratio of the total population (females per 1,000 males)	1,051	978	998	1,017
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	1,100	925	966	959
5. Children under age 5 years whose birth was registered (%)	96.8	89.9	91.6	74.4
6. Households with electricity (%)	99.0	90.0	92.7	68.8
7. Households with an improved drinking-water source ¹ (%)	97.7	82.8	87.3	76.1
8. Households using improved sanitation facility ² (%)	65.1	59.6	61.3	51.5
9. Households using clean fuel for cooking ³ (%)	68.6	16.0	31.9	17.7
10. Households using iodized salt (%)	99.7	98.8	99.1	97.1
11. Households with any usual member covered by a health scheme or health insurance (%)	31.7	69.5	58.1	0.9
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	88.4	77.0	80.4	68.5
13. Men who are literate (%)	95.2	87.0	89.5	77.1
14. Women with 10 or more years of schooling (%)	39.8	16.3	23.4	15.3
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	25.6	34.8	32.2	41.0
16. Men age 25-29 years married before age 21 years (%)	(9.6)	25.8	22.2	18.9
17. Total fertility rate (children per woman)	1.4	1.8	1.7	2.2
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	13.3	20.7	18.8	18.5
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	(12)	31	27	51
20. Under-five mortality rate (U5MR)	(21)	36	33	59
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	66.8	63.0	64.1	65.7
22. Any modern method ⁴ (%)	43.1	42.7	42.8	44.9
23. Female sterilization (%)	17.6	12.4	13.9	17.6
24. Male sterilization (%)	0.1	0.0	0.0	0.5
25. IUD/PPIUD (%)	1.0	0.4	0.6	0.9
26. Pill (%)	21.1	28.5	26.3	21.8
27. Condom (%)	3.4	1.2	1.9	3.2
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	11.1	10.5	10.7	12.4
29. Unmet need for spacing (%)	4.2	4.1	4.1	3.7
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	9.7	7.6	8.2	3.0
31. Current users ever told about side effects of current method ⁶ (%)	43.6	38.1	39.6	36.1

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant.

² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household.

³ Electricity, LPG/natural gas, biogas.

⁴ Includes other methods that are not shown separately

⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

- At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.

- Pregnant with a mistimed pregnancy.

- Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

- At risk of becoming pregnant, not using contraception, and want no (more) children.

- Pregnant with an unwanted pregnancy.

- Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

'na' not available

() Based on 25-49 unweighted cases

* Percentage not shown; based on fewer than 25 unweighted cases

Tripura-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	77.1	62.7	66.4	47.2
33. Mothers who had at least 4 antenatal care visits (%)	77.0	59.9	64.3	50.6
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	99.0	90.9	93.0	74.9
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	16.3	12.4	13.4	11.5
36. Mothers who had full antenatal care ⁸ (%)	9.8	6.8	7.6	7.4
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	83.7	82.7	83.0	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	72.6	58.4	62.1	26.3
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	21.3	37.3	32.6	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	4,909	4,248	4,412	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	*	0.0	0.0	0.4
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%)	6.9	9.0	8.4	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	92.6	75.7	79.9	46.9
44. Institutional births in public facility (%)	68.7	69.2	69.1	43.0
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	1.0	1.3	1.2	2.1
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	93.6	76.8	80.9	48.8
47. Births delivered by caesarean section (%)	45.8	12.2	20.5	12.9
48. Births in a private health facility delivered by caesarean section (%)	87.1	57.6	73.7	(69.5)
49. Births in a public health facility delivered by caesarean section (%)	36.4	12.1	18.1	23.7
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	64.2	51.2	54.5	49.7
51. Children age 12-23 months who have received BCG (%)	89.5	80.0	82.4	81.1
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	78.9	67.2	70.1	65.3
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	77.4	68.9	71.1	60.2
54. Children age 12-23 months who have received measles vaccine (%)	76.9	67.3	69.7	59.9
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	72.5	48.4	54.4	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	69.1	60.7	62.8	28.3
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	92.6	99.2	97.4	87.2
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	7.4	0.0	2.0	1.7
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	3.5	5.3	4.9	8.4
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	*	46.4	46.3	58.1
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	*	19.1	19.1	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	*	64.0	65.7	64.5
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	2.1	2.8	2.6	14.2
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	(79.5)	70.8	73.0	66.7
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	37.7	46.6	44.4	33.1
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	(63.4)	72.9	70.7	36.1
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	*	(18.2)	13.6	*
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	6.5	4.9	5.3	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	*	*	*	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	7.2	5.5	5.9	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	17.2	26.8	24.3	35.7
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	13.4	18.0	16.8	24.6
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	5.3	6.7	6.3	8.6
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	21.7	25.0	24.1	39.6

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group). ¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Tripura-Key Indicators

Indicators	NFHS-4 (2015-16)		NFHS-3 (2005-06)	
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	16.2	20.1	18.9	36.9
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	13.0	17.0	15.7	41.7
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	23.5	12.8	16.0	7.1
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	18.2	14.9	15.9	4.8
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	45.7	49.2	48.3	62.9
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	55.7	54.0	54.5	65.6
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	(49.8)	55.8	54.4	57.6
82. All women age 15-49 years who are anaemic (%)	55.6	54.1	54.5	65.1
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	18.3	27.5	24.7	35.5
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	9.4	7.0	7.7	na
85. Blood sugar level - very high (>160 mg/dl) (%)	5.8	3.2	4.0	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	8.9	9.9	9.6	na
87. Blood sugar level - very high (>160 mg/dl) (%)	5.4	4.4	4.7	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	11.5	8.9	9.7	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.0	1.7	1.8	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.8	1.3	1.1	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	8.5	13.4	11.9	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.2	1.2	1.5	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.0	0.2	0.2	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	7.0	4.3	5.1	na
95. Breast (%)	1.5	1.2	1.3	na
96. Oral cavity (%)	9.2	5.7	6.8	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	44.3	21.0	28.0	11.8
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	50.9	30.5	36.8	21.2
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	74.8	50.2	57.6	41.7
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	92.7	76.6	81.5	65.8
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	96.7	89.7	91.7	77.9
102. Women who worked in the last 12 months who were paid in cash (%)	23.5	27.5	26.3	24.9
103. Ever-married women who have ever experienced spousal violence (%)	16.7	32.4	27.9	44.1
104. Ever-married women who have experienced violence during any pregnancy (%)	1.5	2.5	2.2	na
105. Women owning a house and/or land (alone or jointly with others) (%)	56.0	57.8	57.3	na
106. Women having a bank or savings account that they themselves use (%)	69.4	54.8	59.2	18.7
107. Women having a mobile phone that they themselves use (%)	67.6	33.7	43.9	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	56.5	38.6	43.5	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	37.9	44.0	42.2	48.2
110. Men who use any kind of tobacco (%)	57.5	72.3	67.8	76.0
111. Women who consume alcohol (%)	0.4	6.7	4.8	9.6
112. Men who consume alcohol (%)	54.7	58.9	57.6	40.9
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	24.7	16.6	18.8	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	13.9	9.6	10.7	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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For additional information on NFHS-4, visit <http://www.rchiips.org/nfhs>

For related information, visit <http://www.iipsindia.org> or <http://www.mohfw.nic.in>



सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

UTTARAKHAND



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences

(Deemed University)

Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Uttarakhand. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for Uttarakhand was conducted from 30 January 2015 to 19 July 2015 by Institute of Health Management Research (IIHMR University) and gathered information from 15,171 households, 17,300 women, and 1,990 men. Fact sheets for each district of Uttarakhand are also available separately.

Uttarakhand-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	80.2	68.9	72.7	64.8
2. Population below age 15 years (%)	26.9	29.9	28.9	34.6
3. Sex ratio of the total population (females per 1,000 males)	921	1,070	1,015	996
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	817	924	888	912
5. Children under age 5 years whose birth was registered (%)	81.8	74.2	76.7	38.4
6. Households with electricity (%)	99.4	96.5	97.5	80.0
7. Households with an improved drinking-water source ¹ (%)	98.9	89.5	92.9	87.4
8. Households using improved sanitation facility ² (%)	73.3	59.6	64.5	44.4
9. Households using clean fuel for cooking ³ (%)	86.6	31.1	51.0	36.3
10. Households using iodized salt (%)	98.6	93.5	95.3	71.0
11. Households with any usual member covered by a health scheme or health insurance (%)	18.9	19.8	19.5	6.6
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	81.7	73.6	76.5	64.7
13. Men who are literate (%)	92.4	89.6	90.7	86.3
14. Women with 10 or more years of schooling (%)	54.8	38.8	44.6	33.5
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	12.2	14.8	13.9	22.6
16. Men age 25-29 years married before age 21 years (%)	15.3	25.6	20.9	24.8
17. Total fertility rate (children per woman)	1.8	2.2	2.1	2.6
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	2.3	3.2	2.9	6.2
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	44	39	40	42
20. Under-five mortality rate (U5MR)	49	46	47	56
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	53.9	53.2	53.4	59.3
22. Any modern method ⁴ (%)	48.4	49.8	49.3	55.5
23. Female sterilization (%)	18.7	32.2	27.4	32.2
24. Male sterilization (%)	0.4	0.8	0.7	1.8
25. IUD/PPIUD (%)	2.2	1.3	1.6	1.5
26. Pill (%)	4.2	2.7	3.2	4.2
27. Condom (%)	22.7	12.4	16.1	15.7
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	14.0	16.4	15.5	12.6
29. Unmet need for spacing (%)	4.0	5.9	5.2	4.4
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	14.5	15.5	15.1	6.7
31. Current users ever told about side effects of current method ⁶ (%)	47.3	43.9	45.0	39.3

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant.

² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household.

³ Electricity, LPG/natural gas, biogas.

⁴ Includes other methods that are not shown separately

⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

- At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.

- Pregnant with a mistimed pregnancy.

- Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

- At risk of becoming pregnant, not using contraception, and want no (more) children.

- Pregnant with an unwanted pregnancy.

- Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

'na' not available

Uttarakhand-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	63.1	48.7	53.5	43.3
33. Mothers who had at least 4 antenatal care visits (%)	41.2	25.7	30.9	34.9
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	93.5	90.4	91.4	68.5
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	27.1	23.8	24.9	16.4
36. Mothers who had full antenatal care ⁸ (%)	15.6	9.4	11.5	12.7
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	92.7	93.8	93.4	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	66.1	49.1	54.8	27.7
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	41.4	54.2	49.4	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	2,435	2,382	2,399	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	5.4	1.6	2.4	0.4
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of birth (%)	24.4	16.6	19.3	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	79.1	63.7	68.6	32.6
44. Institutional births in public facility (%)	42.3	44.5	43.8	15.7
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	4.1	4.9	4.6	5.8
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	81.6	66.3	71.2	38.5
47. Births delivered by caesarean section (%)	19.4	10.2	13.1	8.1
48. Births in a private health facility delivered by caesarean section (%)	37.4	35.4	36.4	27.5
49. Births in a public health facility delivered by caesarean section (%)	13.2	7.5	9.3	22.2
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	56.5	58.2	57.7	60.0
51. Children age 12-23 months who have received BCG (%)	90.4	94.0	92.9	83.5
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	67.2	68.4	68.0	80.3
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	81.0	79.6	80.0	67.1
54. Children age 12-23 months who have received measles vaccine (%)	77.7	81.8	80.6	71.6
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	58.6	59.8	59.4	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	36.9	36.9	36.9	12.8
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	87.6	92.4	91.0	81.7
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	10.3	4.6	6.3	12.4
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	17.3	16.8	17.0	12.8
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	63.8	52.4	56.1	33.1
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	37.9	26.7	30.4	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	76.6	72.2	73.6	62.4
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	4.1	4.8	4.6	4.3
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	86.5	74.9	78.9	65.4
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	26.9	28.3	27.8	32.9
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	51.2	51.0	51.0	31.2
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	48.6	45.8	46.7	47.8
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	11.2	7.5	8.6	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	11.7	5.7	7.9	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	11.3	7.3	8.5	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	32.5	34.0	33.5	44.4
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	18.6	19.9	19.5	18.8
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	7.4	9.7	9.0	5.3
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	25.6	27.1	26.6	38.0

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days. ⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group). ¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Uttarakhand-Key Indicators

Indicators	NFHS-4 (2015-16)		NFHS-3 (2005-06)	
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	15.5	20.0	18.4	30.0
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	12.5	18.5	16.1	28.4
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	28.4	16.0	20.4	12.8
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	23.0	14.1	17.7	7.9
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	61.3	59.1	59.8	60.7
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	43.4	46.1	45.1	54.8
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	44.5	47.5	46.5	50.8
82. All women age 15-49 years who are anaemic (%)	43.4	46.2	45.2	54.7
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	15.0	15.9	15.5	28.7
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	6.1	6.1	6.1	na
85. Blood sugar level - very high (>160 mg/dl) (%)	2.9	2.2	2.5	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	9.8	8.2	8.8	na
87. Blood sugar level - very high (>160 mg/dl) (%)	6.0	3.7	4.6	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	8.1	6.7	7.2	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.9	1.4	1.6	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.1	0.7	0.8	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	14.8	12.0	13.1	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	4.3	2.6	3.3	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.9	0.8	0.8	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	19.3	15.2	16.7	na
95. Breast (%)	10.0	7.6	8.5	na
96. Oral cavity (%)	14.8	11.0	12.4	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	36.0	24.4	28.6	28.7
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	39.7	34.3	36.5	48.3
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	73.8	60.4	65.3	54.7
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	84.5	82.4	83.2	79.9
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	92.6	88.2	89.8	71.5
102. Women who worked in the last 12 months who were paid in cash (%)	17.4	14.4	15.5	15.6
103. Ever-married women who have ever experienced spousal violence (%)	12.1	13.1	12.7	27.8
104. Ever-married women who have experienced violence during any pregnancy (%)	1.1	1.5	1.4	na
105. Women owning a house and/or land (alone or jointly with others) (%)	27.2	30.4	29.2	na
106. Women having a bank or savings account that they themselves use (%)	65.5	54.6	58.5	20.1
107. Women having a mobile phone that they themselves use (%)	63.5	50.7	55.4	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	78.9	65.0	69.9	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	2.9	2.9	2.9	5.4
110. Men who use any kind of tobacco (%)	39.4	46.6	43.7	53.3
111. Women who consume alcohol (%)	0.5	0.2	0.3	0.2
112. Men who consume alcohol (%)	33.7	36.2	35.2	39.1
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	44.7	52.0	49.3	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	28.4	36.7	33.7	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

INTERNATIONAL INSTITUTE FOR POPULATION SCIENCES

Vision: “To position IIPS as a premier teaching and research institution in population sciences responsive to emerging national and global needs based on values of inclusion, sensitivity and rights protection.”

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सत्यमेव जयते

Government of India
Ministry of Health and Family Welfare

NATIONAL FAMILY HEALTH SURVEY-4

2015-16

STATE FACT SHEET

WEST BENGAL



(स्थापना / Established in 1956)

बेहतर भविष्य के लिए क्षमता निर्माण
Capacity Building for a Better Future

International Institute for Population Sciences
(Deemed University)
Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for West Bengal. The figures of NFHS-4 and that of earlier rounds may not be strictly comparable due to differences in sample size and NFHS-4 will be a benchmark for future surveys. NFHS-4 fieldwork for West Bengal was conducted from 25 February 2015 to 21 July 2015 by Vimarsh Development Solutions Pvt. Ltd. (VIMARSH) and gathered information from 15,327 households, 17,668 women, and 2,389 men. Fact sheets for each district of West Bengal are also available separately.

West Bengal-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Population and Household Profile				
1. Population (female) age 6 years and above who ever attended school (%)	81.5	70.4	74.0	64.0
2. Population below age 15 years (%)	22.6	26.8	25.4	31.9
3. Sex ratio of the total population (females per 1,000 males)	991	1,020	1,011	1,016
4. Sex ratio at birth for children born in the last five years (females per 1,000 males)	902	984	960	976
5. Children under age 5 years whose birth was registered (%)	97.3	96.7	96.9	75.8
6. Households with electricity (%)	97.2	92.0	93.7	52.5
7. Households with an improved drinking-water source ¹ (%)	93.5	95.1	94.6	93.7
8. Households using improved sanitation facility ² (%)	62.0	45.5	50.9	34.7
9. Households using clean fuel for cooking ³ (%)	61.8	11.3	27.9	16.8
10. Households using iodized salt (%)	98.1	93.0	94.7	93.3
11. Households with any usual member covered by a health scheme or health insurance (%)	28.1	36.1	33.4	6.0
Characteristics of Adults (age 15-49)				
12. Women who are literate (%)	79.4	66.9	71.0	58.8
13. Men who are literate (%)	83.9	79.7	81.1	73.9
14. Women with 10 or more years of schooling (%)	40.0	20.1	26.5	15.7
Marriage and Fertility				
15. Women age 20-24 years married before age 18 years (%)	27.7	46.3	40.7	53.3
16. Men age 25-29 years married before age 21 years (%)	19.7	26.5	24.0	32.4
17. Total fertility rate (children per woman)	1.6	1.9	1.8	2.3
18. Women age 15-19 years who were already mothers or pregnant at the time of the survey (%)	12.4	20.6	18.3	25.3
Infant and Child Mortality Rates (per 1,000 live births)				
19. Infant mortality rate (IMR)	16	32	27	48
20. Under-five mortality rate (U5MR)	16	38	32	59
Current Use of Family Planning Methods (currently married women age 15-49 years)				
21. Any method ⁴ (%)	69.0	71.8	70.9	71.2
22. Any modern method ⁴ (%)	53.0	58.7	57.0	49.9
23. Female sterilization (%)	22.7	32.1	29.3	32.2
24. Male sterilization (%)	0.0	0.1	0.1	0.8
25. IUD/PPIUD (%)	1.9	0.9	1.2	0.6
26. Pill (%)	16.9	21.4	20.0	11.7
27. Condom (%)	10.9	3.8	5.9	4.3
Unmet Need for Family Planning (currently married women age 15-49 years)⁵				
28. Total unmet need (%)	8.4	7.1	7.5	9.5
29. Unmet need for spacing (%)	2.7	3.2	3.0	4.3
Quality of Family Planning Services				
30. Health worker ever talked to female non-users about family planning (%)	9.7	13.8	12.3	6.3
31. Current users ever told about side effects of current method ⁶ (%)	49.0	50.1	49.8	31.7

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant.

² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet, which are not shared with any other household.

³ Electricity, LPG/natural gas, biogas.

⁴ Includes other methods that are not shown separately

⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

- At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.
- Pregnant with a mistimed pregnancy.
- Postpartum amenorrhoeic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

- At risk of becoming pregnant, not using contraception, and want no (more) children.
- Pregnant with an unwanted pregnancy.
- Postpartum amenorrhoeic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

'na' not available

() Based on 25-49 unweighted cases

West Bengal-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Maternal and Child Health				
Maternity Care (for last birth in the 5 years before the survey)				
32. Mothers who had antenatal check-up in the first trimester (%)	58.9	53.3	54.9	38.6
33. Mothers who had at least 4 antenatal care visits (%)	78.1	75.8	76.5	39.0
34. Mothers whose last birth was protected against neonatal tetanus ⁷ (%)	95.0	95.6	95.4	90.9
35. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%)	31.6	26.6	28.1	14.3
36. Mothers who had full antenatal care ⁸ (%)	25.2	20.4	21.8	9.7
37. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%)	95.7	98.1	97.4	na
38. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%)	68.6	58.1	61.1	36.1
39. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%)	17.3	34.0	28.7	na
40. Average out of pocket expenditure per delivery in public health facility (Rs.)	8,783	7,400	7,782	na
41. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%)	4.3	4.7	4.6	0.5
42. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%)	26.2	26.9	26.7	na
Delivery Care (for births in the 5 years before the survey)				
43. Institutional births (%)	83.7	71.9	75.2	42.0
44. Institutional births in public facility (%)	55.5	57.0	56.6	31.8
45. Home delivery conducted by skilled health personnel (out of total deliveries) (%)	4.9	7.6	6.8	5.8
46. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%)	88.5	79.0	81.7	47.6
47. Births delivered by caesarean section (%)	36.6	18.9	23.8	10.2
48. Births in a private health facility delivered by caesarean section (%)	74.7	68.1	70.9	47.6
49. Births in a public health facility delivered by caesarean section (%)	28.1	15.3	18.8	16.6
Child Immunizations and Vitamin A Supplementation				
50. Children age 12-23 months fully immunized (BCG, measles, and 3 doses each of polio and DPT) (%)	77.7	87.1	84.4	64.3
51. Children age 12-23 months who have received BCG (%)	95.1	98.5	97.5	90.1
52. Children age 12-23 months who have received 3 doses of polio vaccine (%)	82.5	90.1	87.9	80.8
53. Children age 12-23 months who have received 3 doses of DPT vaccine (%)	87.8	94.7	92.7	71.5
54. Children age 12-23 months who have received measles vaccine (%)	88.4	94.5	92.8	74.7
55. Children age 12-23 months who have received 3 doses of Hepatitis B vaccine (%)	80.7	88.7	86.4	na
56. Children age 9-59 months who received a vitamin A dose in last 6 months (%)	65.7	69.6	68.4	31.7
57. Children age 12-23 months who received most of the vaccinations in public health facility (%)	90.4	99.0	96.6	92.5
58. Children age 12-23 months who received most of the vaccinations in private health facility (%)	9.6	0.8	3.2	7.2
Treatment of Childhood Diseases (children under age 5 years)				
59. Prevalence of diarrhoea (reported) in the last 2 weeks preceding the survey (%)	5.8	5.9	5.9	6.5
60. Children with diarrhoea in the last 2 weeks who received oral rehydration salts (ORS) (%)	69.7	62.8	64.7	42.3
61. Children with diarrhoea in the last 2 weeks who received zinc (%)	25.6	19.0	20.8	na
62. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	82.7	71.6	74.7	66.5
63. Prevalence of symptoms of acute respiratory infection (ARI) in the last 2 weeks preceding the survey (%)	2.3	3.7	3.3	13.0
64. Children with fever or symptoms of ARI in the last 2 weeks preceding the survey taken to a health facility (%)	78.2	72.0	73.5	69.7
Child Feeding Practices and Nutritional Status of Children				
65. Children under age 3 years breastfed within one hour of birth ⁹ (%)	48.2	47.2	47.5	23.7
66. Children under age 6 months exclusively breastfed ¹⁰ (%)	61.1	49.6	52.3	58.6
67. Children age 6-8 months receiving solid or semi-solid food and breastmilk ¹⁰ (%)	46.4	54.3	52.0	47.1
68. Breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	18.0	19.5	19.1	na
69. Non-breastfeeding children age 6-23 months receiving an adequate diet ^{10,11} (%)	(33.0)	17.6	25.7	na
70. Total children age 6-23 months receiving an adequate diet ^{10,11} (%)	19.8	19.5	19.6	na
71. Children under 5 years who are stunted (height-for-age) ¹² (%)	28.5	34.0	32.5	44.6
72. Children under 5 years who are wasted (weight-for-height) ¹² (%)	16.7	21.6	20.3	16.9
73. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)	6.0	6.7	6.5	4.5
74. Children under 5 years who are underweight (weight-for-age) ¹² (%)	26.2	33.6	31.5	38.7

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and took iron folic acid tablets or syrup for 100 or more days.

⁹ Based on the last child born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months, and solid or semi-solid foods from at least four food groups not including the milk or milk products food group).

¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

West Bengal-Key Indicators

Indicators	NFHS-4 (2015-16)			NFHS-3 (2005-06)
	Urban	Rural	Total	Total
Nutritional Status of Adults (age 15-49 years)				
75. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	14.0	24.6	21.3	39.1
76. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	19.0	20.3	19.9	35.2
77. Women who are overweight or obese (BMI ≥ 25.0 kg/m ²) ¹⁴ (%)	30.6	15.0	19.9	11.4
78. Men who are overweight or obese (BMI ≥ 25.0 kg/m ²) (%)	20.7	11.2	14.2	5.5
Anaemia among Children and Adults¹⁵				
79. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	55.6	53.7	54.2	61.0
80. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	58.4	64.8	62.8	63.2
81. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	54.2	53.3	53.6	62.6
82. All women age 15-49 years who are anaemic (%)	58.2	64.4	62.5	63.2
83. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	26.9	31.9	30.3	32.3
Blood Sugar Level among Adults (age 15-49 years)¹⁶				
Women				
84. Blood sugar level - high (>140 mg/dl) (%)	8.7	6.8	7.4	na
85. Blood sugar level - very high (>160 mg/dl) (%)	4.2	3.2	3.5	na
Men				
86. Blood sugar level - high (>140 mg/dl) (%)	12.9	10.6	11.4	na
87. Blood sugar level - very high (>160 mg/dl) (%)	7.2	5.3	5.9	na
Hypertension among Adults (age 15-49 years)				
Women				
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	9.1	7.2	7.8	na
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.1	1.7	1.8	na
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.8	0.7	0.7	na
Men				
91. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	12.2	8.8	9.9	na
92. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	2.3	1.4	1.7	na
93. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	1.0	0.7	0.8	na
Women Age 15-49 Years Who Have Ever Undergone Examinations of:				
94. Cervix (%)	4.6	3.9	4.1	na
95. Breast (%)	2.6	2.0	2.2	na
96. Oral cavity (%)	4.5	2.7	3.3	na
Knowledge of HIV/AIDS among Adults (age 15-49 years)				
97. Women who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	23.9	16.1	18.6	9.8
98. Men who have comprehensive knowledge ¹⁷ of HIV/AIDS (%)	37.2	20.2	25.9	14.6
99. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	63.1	49.7	53.9	30.4
100. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	86.3	80.7	82.6	58.9
Women's Empowerment and Gender Based Violence (age 15-49 years)				
101. Currently married women who usually participate in household decisions (%)	92.1	89.0	89.9	70.2
102. Women who worked in the last 12 months who were paid in cash (%)	23.9	22.3	22.8	30.1
103. Ever-married women who have ever experienced spousal violence (%)	23.7	36.9	32.8	40.1
104. Ever-married women who have experienced violence during any pregnancy (%)	5.5	4.8	5.0	na
105. Women owning a house and/or land (alone or jointly with others) (%)	25.8	22.8	23.8	na
106. Women having a bank or savings account that they themselves use (%)	54.8	38.3	43.5	14.1
107. Women having a mobile phone that they themselves use (%)	58.8	33.9	41.9	na
108. Women age 15-24 years who use hygienic methods of protection during their menstrual period ¹⁸ (%)	73.0	47.6	55.0	na
Tobacco Use and Alcohol Consumption among Adults (age 15-49 years)				
109. Women who use any kind of tobacco (%)	7.4	9.2	8.7	15.6
110. Men who use any kind of tobacco (%)	59.9	58.3	58.8	70.2
111. Women who consume alcohol (%)	0.7	0.9	0.8	1.7
112. Men who consume alcohol (%)	35.7	25.1	28.7	34.0
113. Women who tried to stop smoking or using tobacco in any other form during the past 12 months ¹⁹ (%)	26.5	25.9	26.1	na
114. Men who tried to stop smoking or using tobacco in any other form (during the past 12 months) ¹⁹ (%)	10.3	16.1	14.1	na

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude. Among adults, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

¹⁷ Comprehensive knowledge means knowing that consistent use of condoms every time they have sex and having just one uninfected faithful sex partner can reduce the chance of getting HIV/AIDS, knowing that a healthy-looking person can have HIV/AIDS, and rejecting the two most common misconceptions about transmission or prevention of HIV/AIDS. ¹⁸ Locally prepared napkins, sanitary napkins and tampons are considered as hygienic methods of protection. ¹⁹ Based on those who currently smoke or use tobacco

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