

LESS DISCRIMINATION, BETTER SERVICES, MORE SUPPORT! for PLHIV using drugs



KNOW YOUR REGION: HIV AND DRUG USE IN MENA







Low HIV prevalence estimated at less than 0.1% in most of the MENA countries

Estimated 240,000 PLHIV Estimated 887,000 PWID

CURRENTLY, MENA HAS:



(with 10% testing positive)



One of the lowest rates of ART coverage, with only 17% of PI HIV accessing treatment

17%

ART



Concentrated HIV epidemics recorded

Unprotected sex and

unsafe injecting drug

use: primary drivers

of HIV epidemic

among PWIDs in 8 countries of the region



Legal, religious, and sociocultural restrictions and taboos against sex,

sex work, same-sex relations, drug use and possession are threatening

the region's low HIV prevalence

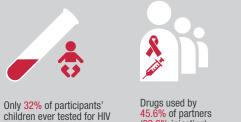
Estimated 208,000 PWID living with HIV/AIDS

HOWEVER.

HIV prevalence of 23.5% among PWID

AN OPERATIONAL RESEARCH IN 6 COUNTRIES OF THE REGION REVEALED THAT

OUT OF 149 (102 MEN AND 47 WOMEN) PARTICIPATING PLHIV WHO USE OR INJECT DRUGS:



(39.6% injecting)







17% of womer are engaged in sex work

56.1% of PLHIV

injecting drugs

share needles



44.8% of PLHIV

using drugs never

use condoms



25.5% of men

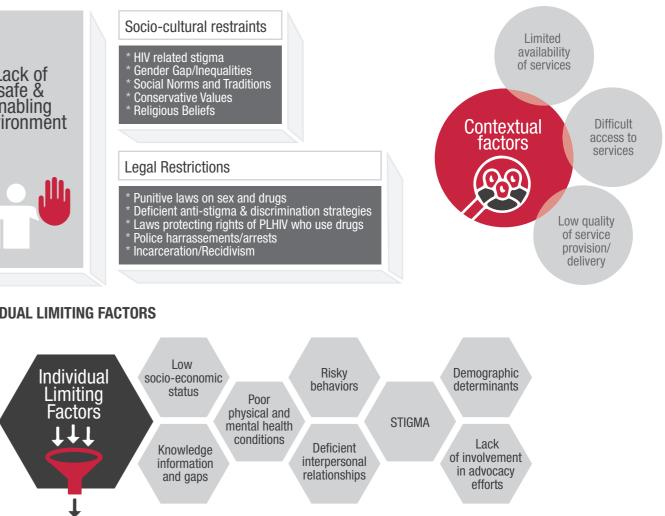
have same-sex

relations

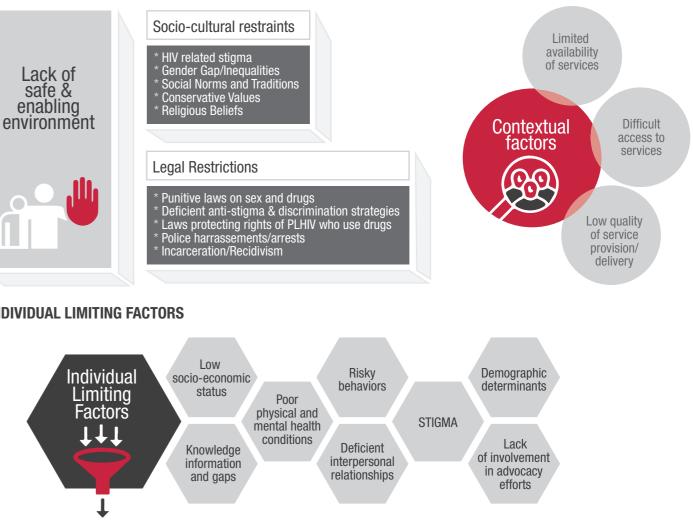




CONTEXTUAL LIMITING FACTORS



INDIVIDUAL LIMITING FACTORS



ENABLING ENVIRONMENTS AND ACCESSIBLE QUALITY SERVICES ARE CRUCIAL IN IMPROVING ACCESS TO SERVICES AND IMPROVED HEALTH OUTCOMES

WHAT CAN BE DONE?

- ~ other diseases
- and care continuum

HOW CAN WE IMPROVE ADHERENCE TO TREATMENT AND ACCESS TO SERVICES?

Awareness raising and

training on: positive health impacts of early detection and routine screening among family members; harms related to drug use; importance of support for PLHIV; availability of harm reduction and HIV services; rights of PLHIV and PWUD; stigma and discrimination for

Promotion of: availability of services among health care providers and PLHIV; harm reduction strategies for behavior change; routine testing of other infectious diseases included within package of harm reduction and healthcare services; anti-discrimination strategies and laws:

services within healthcare providing HIV testing for all availability of condoms and needles/syringes in harm reduction and other health decision making;





Delayed HIV diagnosis

Low level of HIV treatment retention

MOREOVER, OST IS NOT AVAILABLE IN **3** OUT OF THE **6** COUNTRIES!!!

PLHIV USING DRUGS HAVE INCREASED VULNERABILITY AND RISKS OF:

Poor use of harm reduction and healthcare services

Onward transmission of HIV

AIDS-related deaths

WHY? BECAUSE VARIOUS CONTEXTUAL AND INDIVIDUAL FACTORS LIMIT THE USE OF HARM REDUCTION AND HIV SERVICES AMONG PLHIV WHO USE DRUGS



POOR HEALTH SEEKING BEHAVIORS

UNFAVORABLE HEALTH OUTCOMES

health care providers

Regular HIV treatment intake is linked to improved injection practices and sexual behaviors that decrease probability of co-infection with The integration of OST into HIV services has been shown to facilitate engagement of PWID living with HIV, and improve the HIV treatment

Service development through:

integration of harm reduction package of services; increasing OST availability and coverage; partners and children of newly diagnosed people; increasing programs; involving PLHIV who use drugs in programming and

Accountability and support through establishing:

complaint mechanism for rights violations and mistreatment; support system for regular follow-up of beneficiaries in healthcare settinas

Evaluation and research through: service quality assessments: population size estimates to inform program development



Sec.

Middle East and North Africa Harm Reduction Association "MENAHRA"

Hayek Roundabout, BBAC Building 2nd Floor, Sin el Fil, Lebanon

Telephone: +961 1 49 32 11 E-mail: info@menahra.org Website: www.menahra.org

References:

Low, AJ, Mburu, G, Welton, NJ, et al. Impact of Opioid Substitution Therapy on Antiretroviral Therapy Outcomes: A Systematic Review and Meta-Analysis. Clinical Infectious Diseases 1104-1094 :63 ;2016

Middle East and North Africa Harm Reduction Association – MENAHRA. Multicentre Operational Research on Drug Use and Harm Reduction among People Living with HIV/AIDS in the Middle East and North Africa Region. 2017. Retrieved from:

http://menahra.org/images/OPERATIONAL_RESEARCH_ON_DRUG_USE__HARM_REDUCTION_AMONG_PEOPLE_LIVING_WITH_HIVAIDS_IN_MENA_-_web.pdf

Middle East and North Africa Harm Reduction Association – MENAHRA. Assessment of Situation and Response to Drug Use and its Harms in the Middle East and North Africa. 2017. In process.