

IHBSS National Dissemination Forum 11 December 2009 Heritage Hotel, Manila





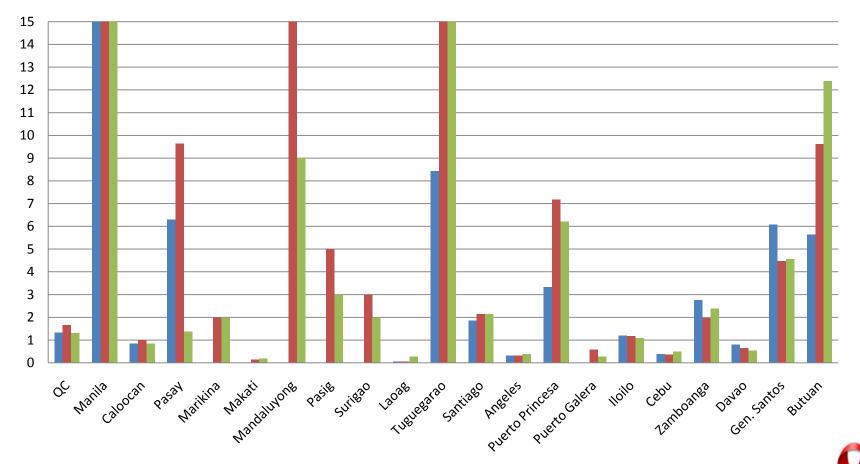
# Goal: To maintain less than 1% HIV prevalence among most-at-risk populations





## STI Trends: Gonorrhea Positivity Rates seen at the SHC by Quarter, 2009

■Q1 ■Q2 ■Q3





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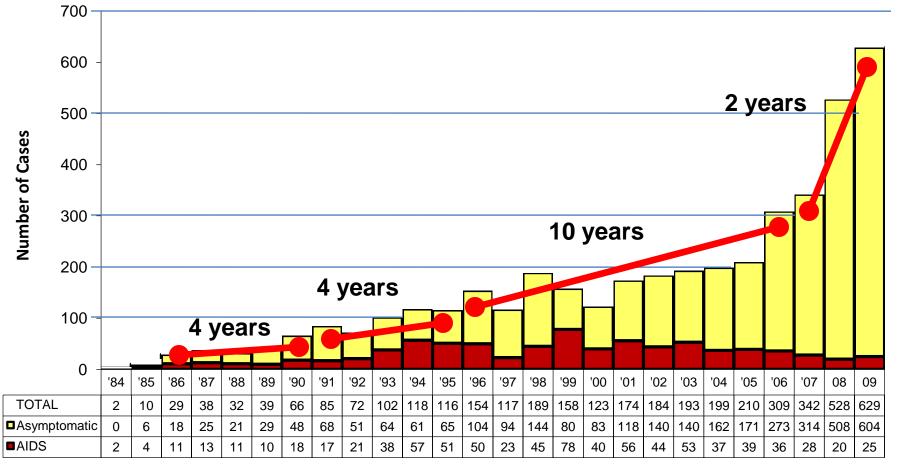
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## **Doubling Time of HIV & AIDS Cases in the Philippines**



Source: Philippine HIV & AIDS Registry

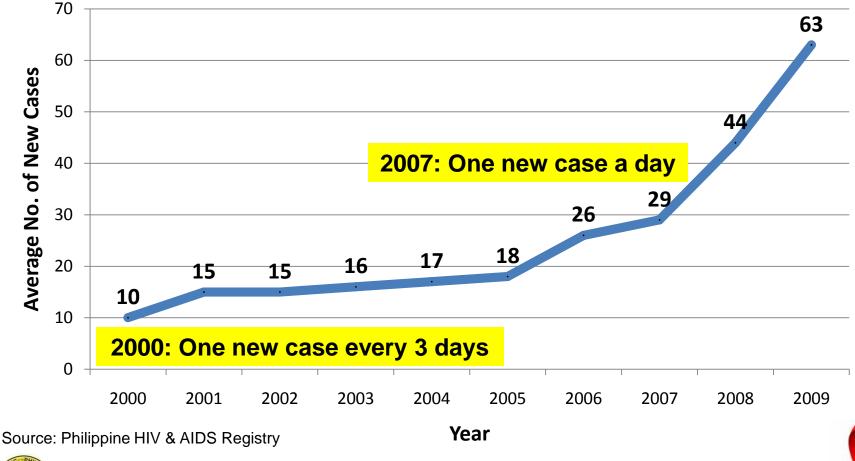




## **Average Number of Cases per Month**

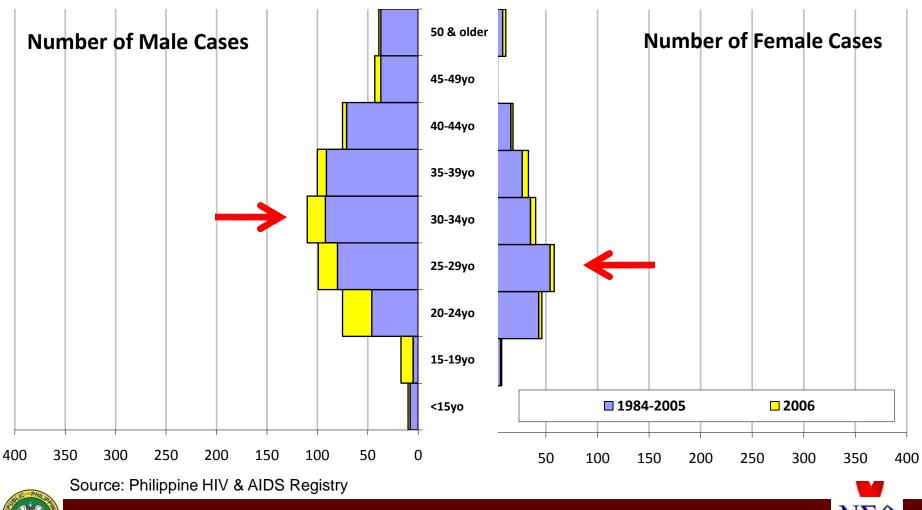
#### 2009: TWO new cases a day!

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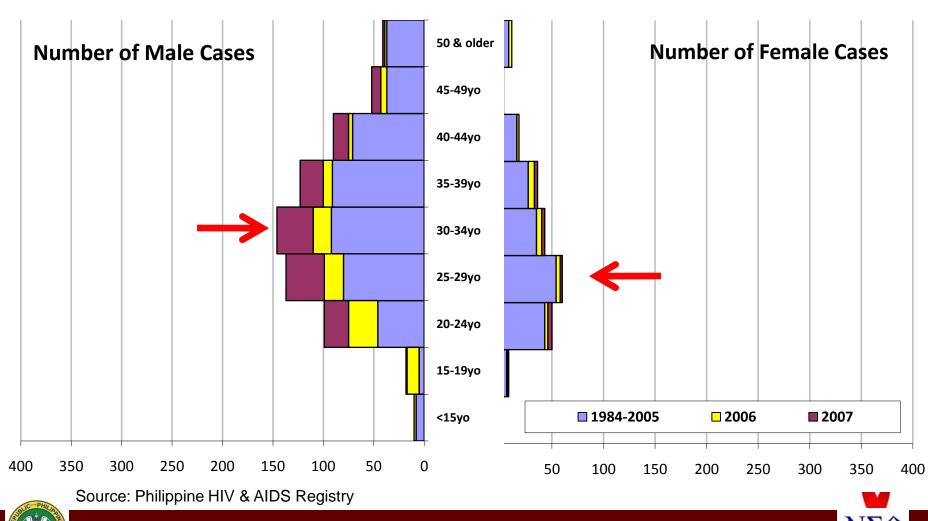




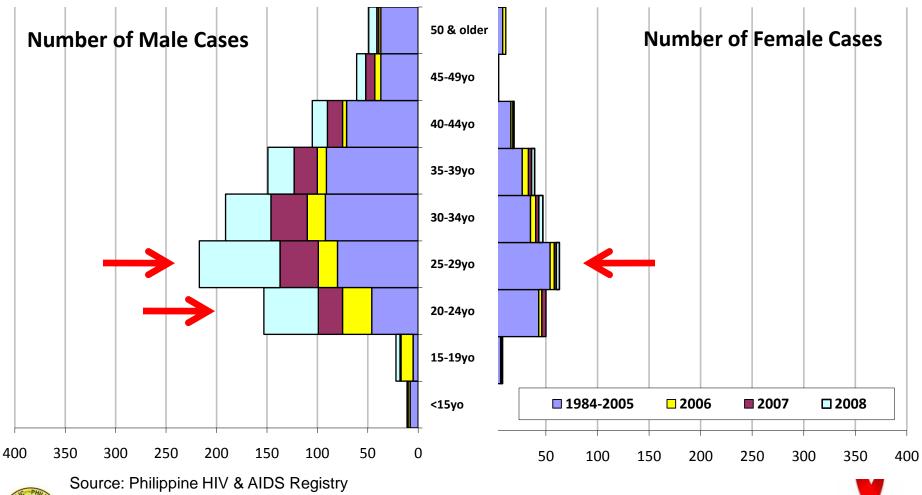
## Distribution of HIV Cases by Age & Sex January 1984 – October 2009 (N=4,218)



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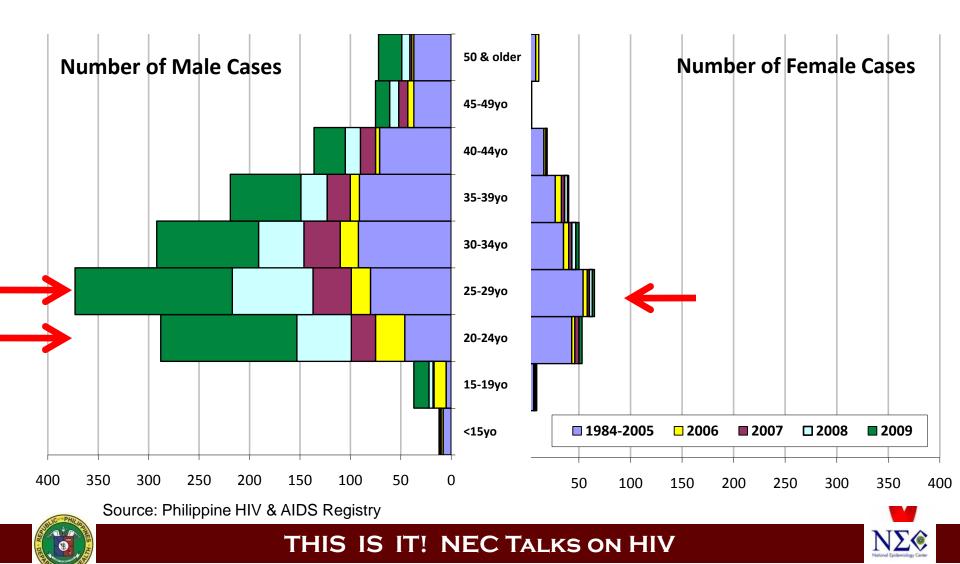
## Distribution of HIV Cases by Age & Sex January 1984 – October 2009 (N=4,218)



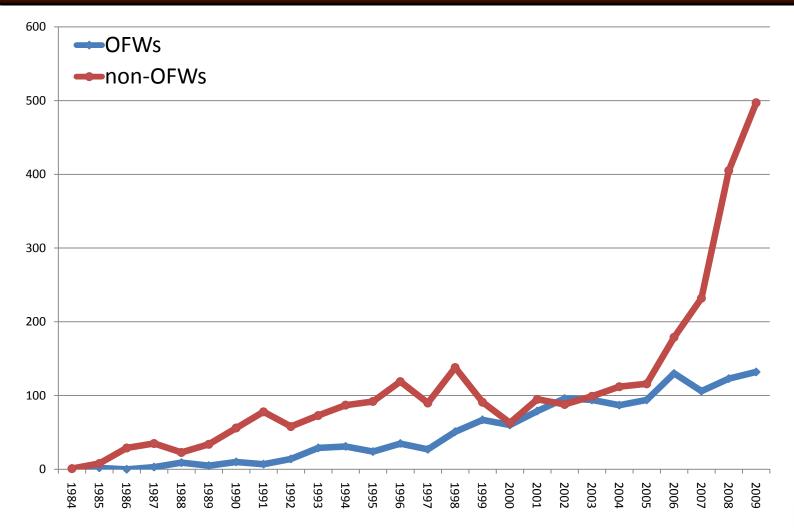


# Distribution of HIV Cases by Age & Sex





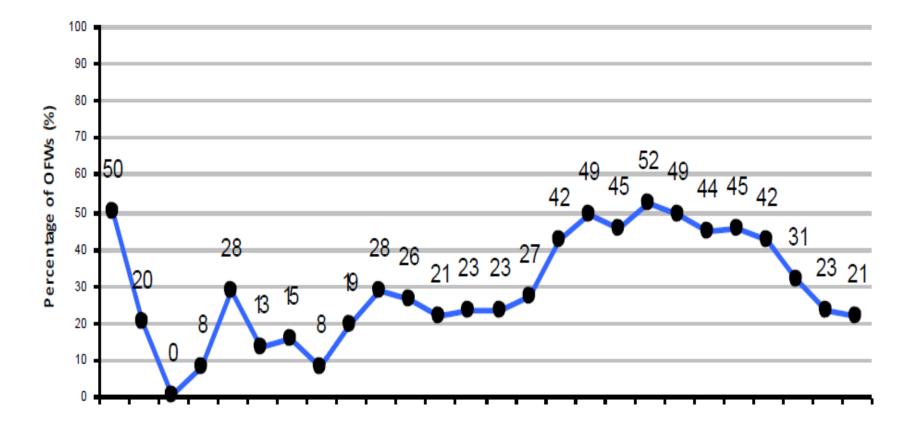
# **OFWs vs Non-OFWs**







# **Proportion of OFWs with HIV**





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# **Modes of HIV Transmission**

January 1984 – October 2009 (N=4,218)

| Mode of Transmission | Oct 2009<br>n= 80 | Jan-Oct 2009<br>n= 629 | Cumulative<br>N= 4,218 |
|----------------------|-------------------|------------------------|------------------------|
| Sexual Contact       | 77                | 608                    | 3,798                  |
| Heterosexual contact | 24 (31%)          | 178 (29%)              | 2,176 (57%)            |
| Homosexual contact   | 28(36%)           | 225 (37%)              | 1,060 (28%)            |
| Bisexual contact     | 25 (33%)          | 205 (34%)              | 562 (15%)              |
| Blood/Blood Products | 0                 | 0                      | 19                     |
| Injecting Drug Use   | 0                 | 0                      | 8                      |
| Needle Prick Injury  | 0                 | 0                      | 3                      |
| Mother-to-Child      | 0                 | 2                      | 49                     |
| No Data Available    | 3                 | 19                     | 341                    |

Source: Philippine HIV & AIDS Registry

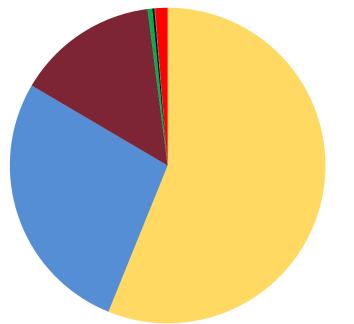






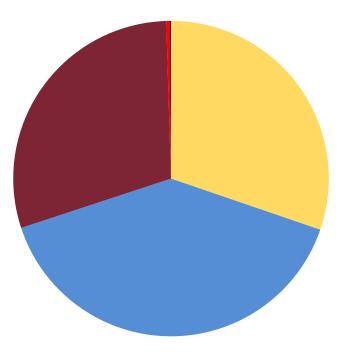
## Modes of HIV Transmission January 1984 – October 2009 (N=4,218)

#### Years: 1984-2007



- Heterosexual contact
- Homosexual contact
- Bisexual contact
- Blood transfusion
- Injecting drug use
- Needle prick injuries
- Mother-to-Child

#### Years: 2008-2009

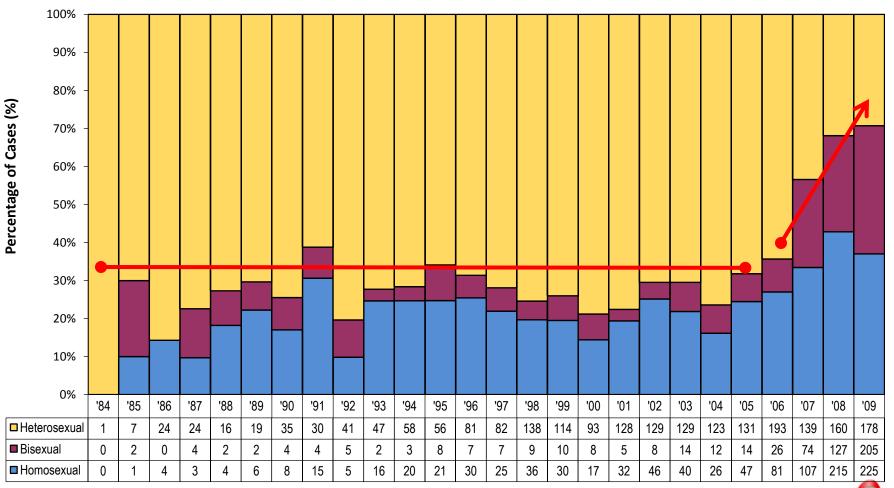


Source: Philippine HIV & AIDS Registry





## **Proportion of Types of Sexual Transmission** January 1984 – October 2009 (N=4,218)

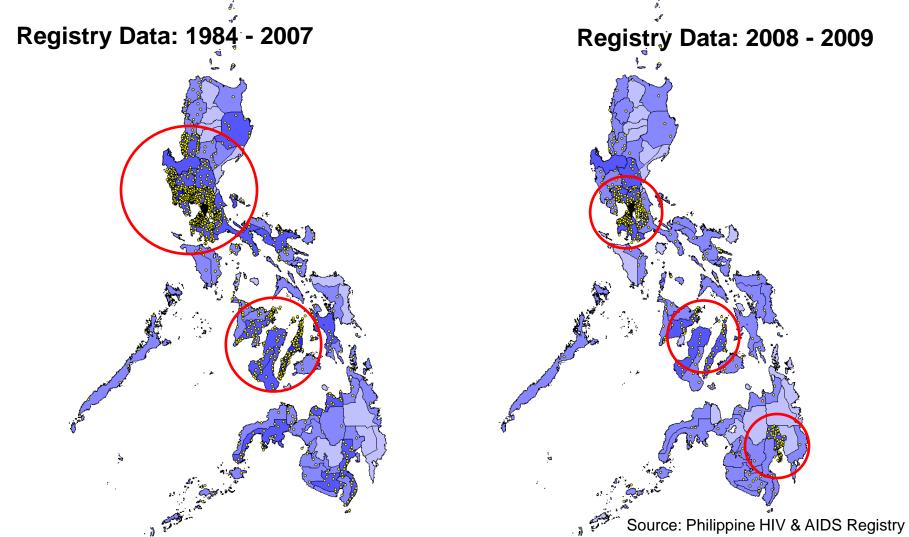


Source: Philippine HIV & AIDS Registry





# **Geo-Distribution of HIV Cases**







# Philippine Integrated HIV Behavioral & Serologic Surveillance (IHBSS)

- Done every two years since 2005. This is the 3<sup>rd</sup> round.
- Has two components:
  - 1. Measurement of **behavioral risk factors** through a face-to-face survey
  - 2. Measurement of **HIV and Syphilis prevalence** through blood testing
- 10 Sentinel Sites for trending, 13 additional sites for 2009
- Pilot of RDS for MSM and Freelance FSW in Metro Manila



## **Surveillance Sites**

#### **IHBSS Sentinel Sites (10):**

Baguio, Angeles, Cebu, Iloilo, Davao, Gen Santos, Zamboanga, Cagayan de Oro, Pasay, Quezon City

#### **Global Fund Round 5 Sites (5):**

Surigao, Makati, Marikina, Mandaluyong, Pasig

## Global Fund Round 6 Sites (8):

Laoag, Tuguegarao, Santiago, Puerto Galera, Puerto Princesa, Butuan, Manila, Caloocan





# **Inclusion Criteria**

| Most-at-Risk Population<br>(MARP)  | Inclusion Criteria   |
|--|--|
| Female Sex Workers (FSW)<br>a. Based in a Social Hygiene<br>Clinic-Registered<br>Establishment | <b>Born female</b> , 15 year or older, accepted<br>cash or "kind" in exchange for <b>sex in the</b><br><b>past one month</b> , and is based in an<br>establishment registered at the local Social<br>Hygiene Clinic (SHC).       |
| b. Street-based or Freelance   | <b>Born female</b> , 15 years or older, accepted<br>cash or "kind" in exchange for <b>sex in the</b><br><b>past one month</b> , and is based in a cruising<br>site, street, or venue that is not registered<br>at the local SHC. |



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# **Inclusion Criteria**

| Most-at-Risk Population<br>(MARP) | Inclusion Criteria   |
|-----------------------------------|--|
| Injecting Drug Users (IDU)        | Men or women, 15 years or older,<br>who had injected drugs in the past 6<br>months.                                    |
| Males having Sex w/ Males (MSM)   | Born male, 15 years or older, who<br>reported having had oral or anal sex<br>with another man in the past one<br>year. |





# **Sampling Method**

\*Simple Random Sampling:

Registered Establishment based FSW

\*Time Location Sampling:

Freelance FSW, MSM

**\*\*Respondent Driven Sampling:** 

IDU + Pilot RDS for MSM (Metro Manila) + Pilot RDS for Freelance FSW (Metro Manila)

\* Same sampling method used for FSW & MSM in 2005 and 2007 IHBSS rounds. \*\*In the past IHBSS rounds, convenient sampling was used for IDUs.







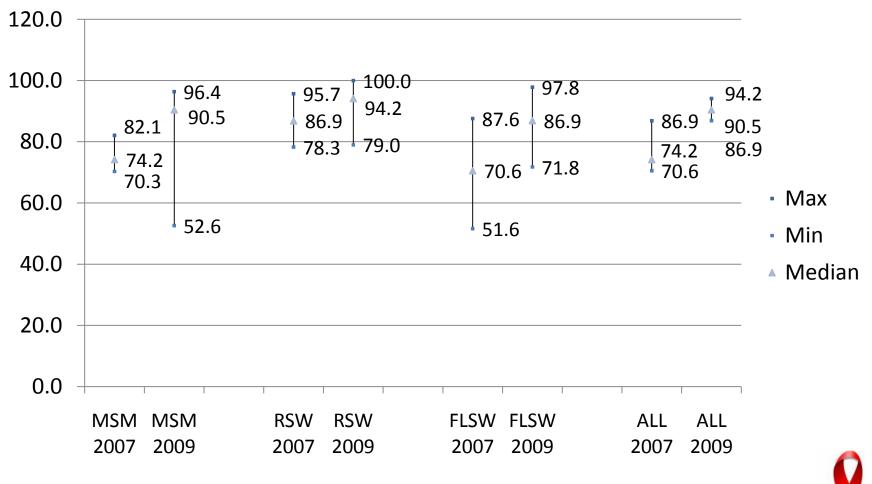
# **Total Number of Respondents per MARP**

| SITES                      | Registered<br>FSW | Freelance<br>FSW | MSM   | IDU  | TOTAL  |
|----------------------------|-------------------|------------------|-------|------|--------|
| IHBSS<br>Sentinel<br>Sites | 2,992             | 2,769            | 2,281 | 958  | 9,000  |
| Round 5<br>Sites           | 957               | 497              | 795   | NONE | 2,249  |
| Round 6<br>Sites           | 1,373             | 888              | 1,466 | NONE | 3,727  |
| TOTAL                      | 5,322             | 4,154            | 4,542 | 958  | 14,976 |





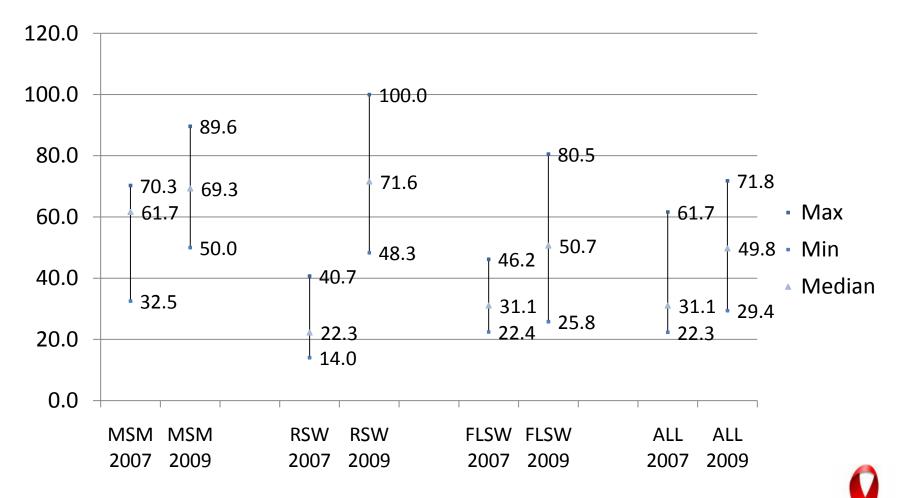
# **IHBSS Correct Knowledge on Sharing of Needles**





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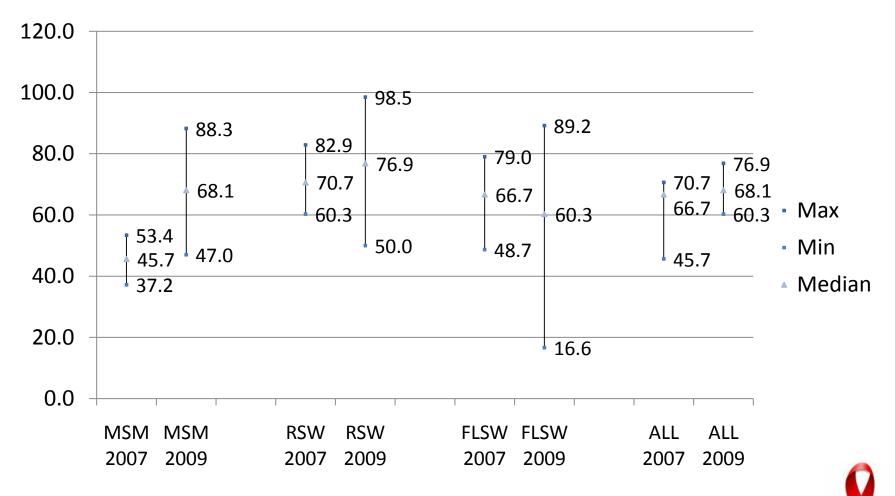
# IHBSS Correct Knowledge if a Person can get HIV by Using a Public Toilet





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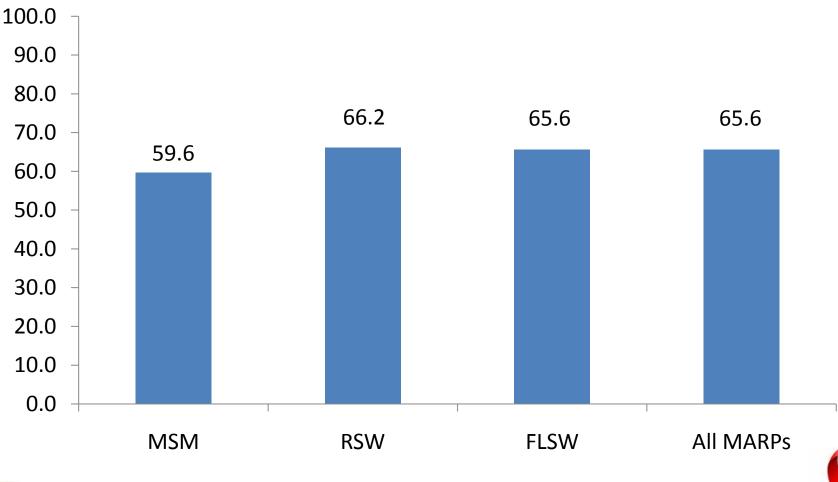
# IHBSS Correct Knowledge if a Person can get HIV from Mosquito Bites





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# % of Respondents Who Felt At Risk of Having HIV Infection, IHBSS 2009

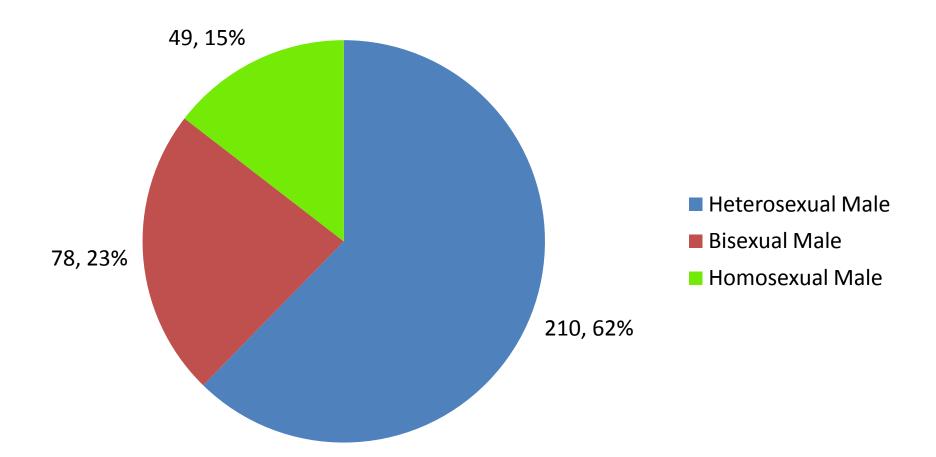




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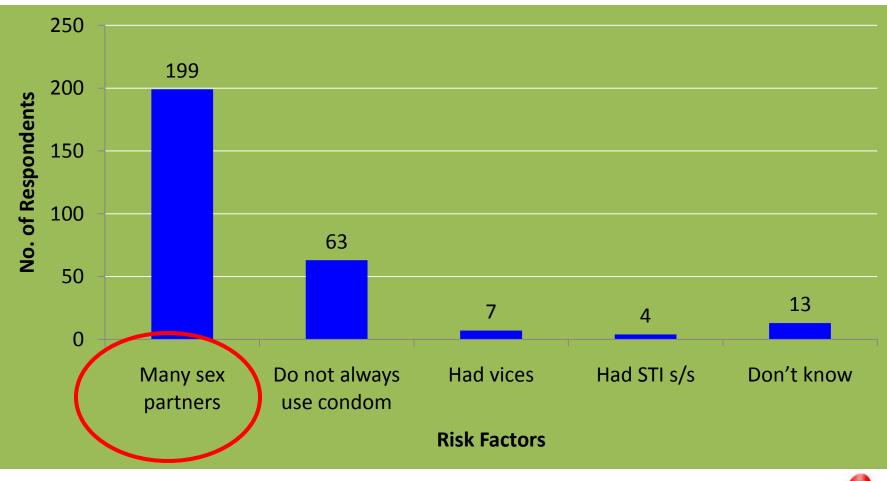
# **Self-Identity of MSM** RDS MSM – Metro Manila, N=337

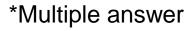




NEX Content

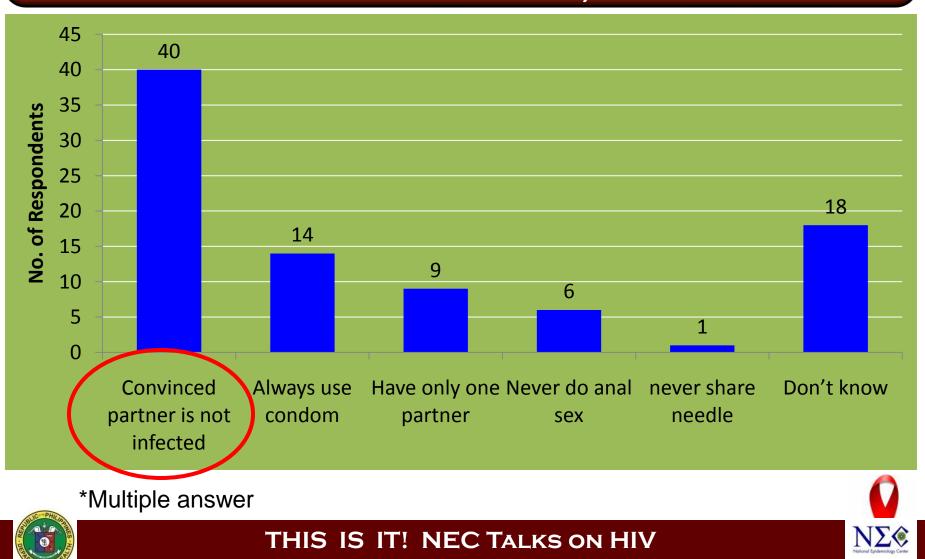
# Why Respondents Felt At Risk of Having HIV Infection RDS MSM – Metro Manila, N=337







# Why Respondents DID NOT Feel At Risk of Having HIV Infection RDS MSM – Metro Manila, N=337



## Number of Sex Partners per Month RDS – Metro Manila

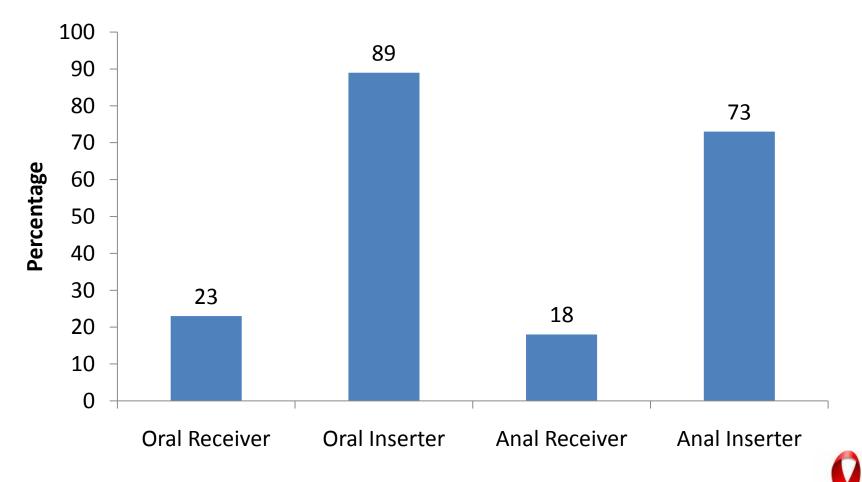
| Type of Sex partner  | RDS - MSM<br>Past 30 days |      | RDS - FLSW<br>Past 30 days |        |
|--|---------------------------|------|----------------------------|--------|
|  | Range                     | Mean | Range                      | Median |
| Sex with a<br>Non- paying partner                            | 1 - 40                    | 3    | 1 - 24                     | 1      |
| Sex with a Paid Partner (respondent is a client)             | 1 - 10                    | 3    |                            |        |
| Sex with a Paying Partner<br>(respondent is a<br>sex worker) | 1 - 48                    | 4    | 1 - 140                    | 5      |



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# Type of Sexual Experience w/ Another Man RDS MSM – Metro Manila, N=337



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# Age First Tried Injecting Drugs, IHBSS 2009

| Population | Range<br>(in years) | Median Age<br>(in years) |
|------------|---------------------|--------------------------|
| IDU Site A | 12 - 54             | 19                       |
| IDU Site B | 11 - 39             | 16                       |
| IDU Site C | 12 - 42             | 18                       |





# **Risky Behavior Among IDUs, IHBSS 2009**

|  | Site A                   | Site B                   | Site C                   |
|--|--------------------------|--------------------------|--------------------------|
| % Needles sharing (last time)                | 42% males<br>43% females | 74% males<br>75% females | 81% males<br>74% females |
| % MSM  | 69%                      | 47%                      | 40%                      |
| % Sex worker                                 | 39% males<br>81% females | 37%                      | 21% males<br>19% females |
| % Condom use with last<br>paying partner     | 44% males<br>34% females | 14%                      | 13%                      |
| % Condom use with last<br>non-paying partner | 23% males<br>0% females  | 13%                      | 6%                       |





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# Prevention Coverage for Injecting Drug Use, IHBSS 2009

|  | Site A | Site B | Site C |
|--|--------|--------|--------|
| % Reached<br>(Taught how to prevent<br>HIV transmission when<br>injecting) | 60%    | 24%    | 51%    |
| % Received free needles  | 47%    | 17%    | 2%     |
| % Reached<br>(Taught how to prevent<br>sexual transmission of HIV)         | 56%    | 29%    | 53%    |
| % Received free condoms  | 39%    | 25%    | 35%    |



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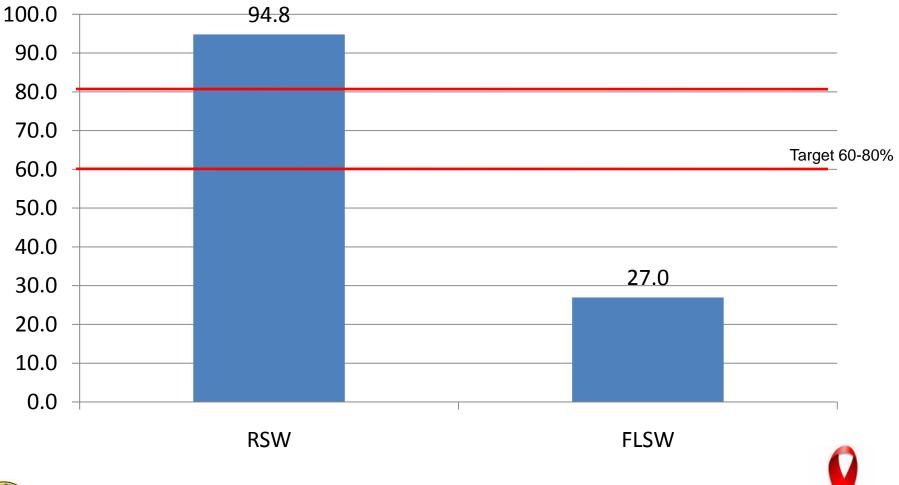
## Age at First Penetrative Sex

| Population        | Range<br>(in years) | Median Age<br>(in years) |
|-------------------|---------------------|--------------------------|
| IDU Site A        | 8 - 39              | 16                       |
| IDU Site B        | 7 - 29              | 16                       |
| IDU Site C        | 11 - 29             | 17                       |
| Registered FSW    | 9 - 30              | Median range: 17 - 18    |
| RDS Freelance FSW | 8 - 29              | 16                       |
| TLS Freelance FSW |                     | Median range: 16 - 18    |
| RDS MSM           | 7 - 26              | 15                       |
| TLS MSM           |                     | Median range: 14 - 19    |





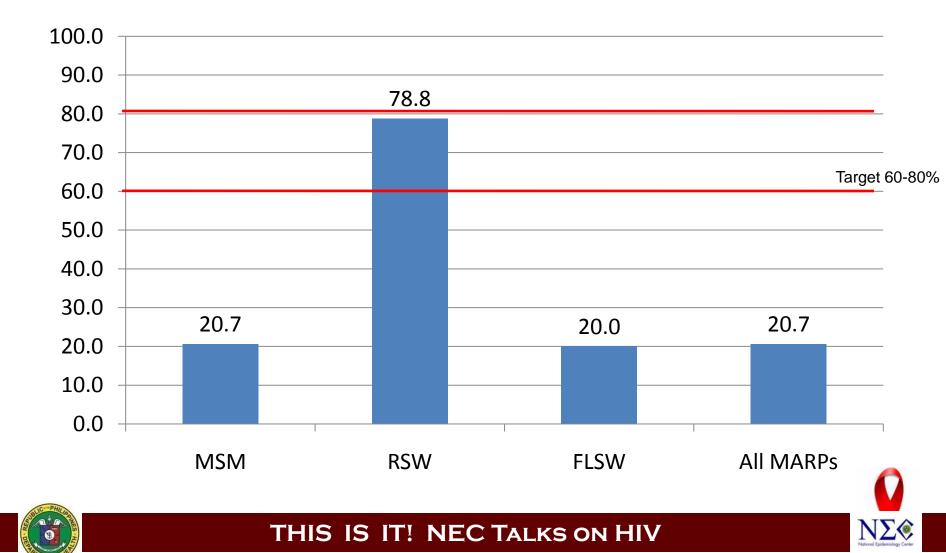
# Accessed a Social Hygiene Clinic in the past Year, IHBSS 2009



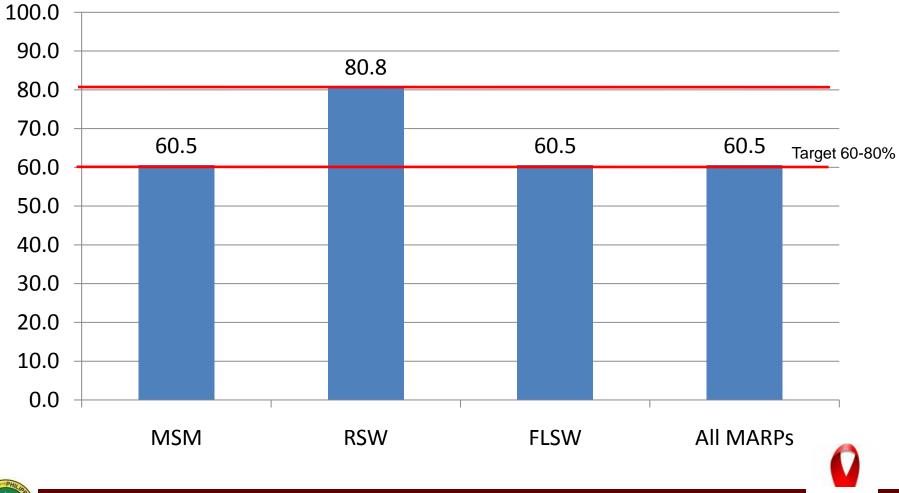




#### Attended an HIV Prevention Meeting, IHBSS 2009

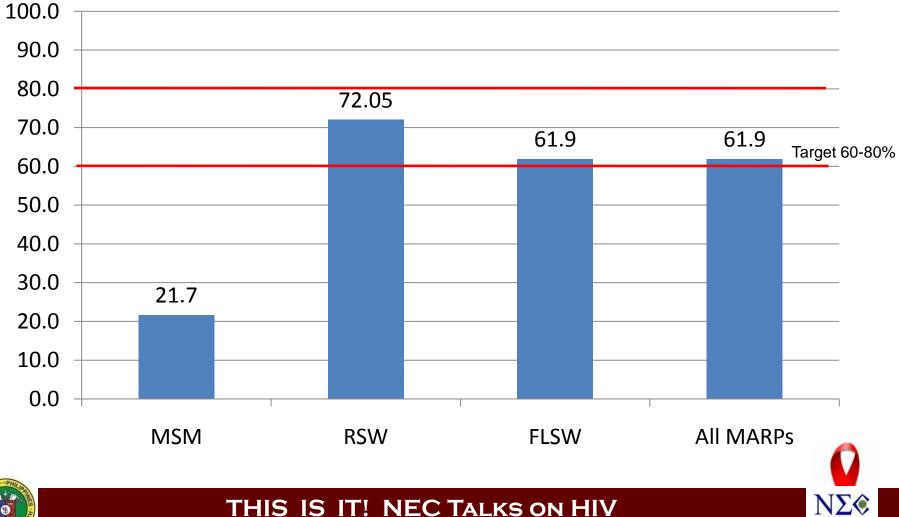


#### **Received a Free Condom, IHBSS 2009**

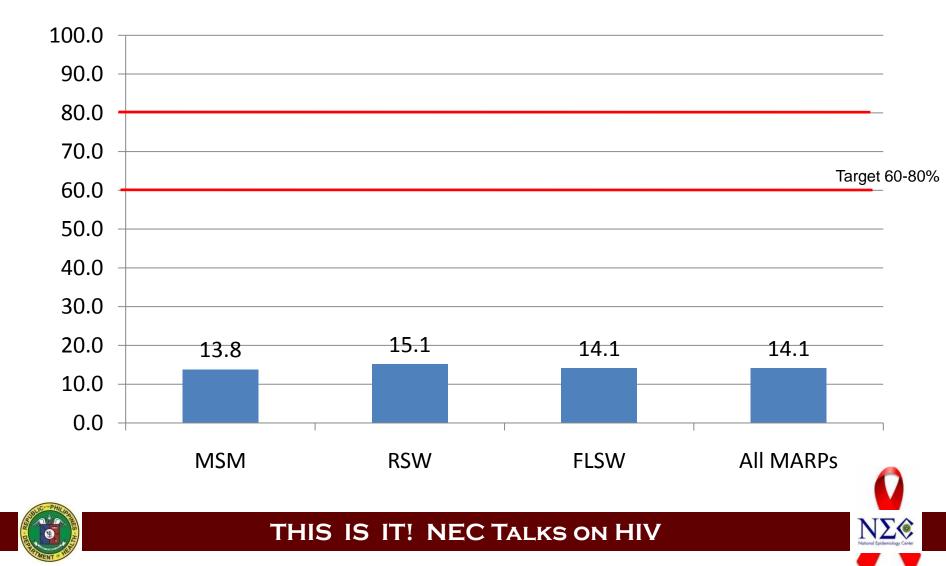


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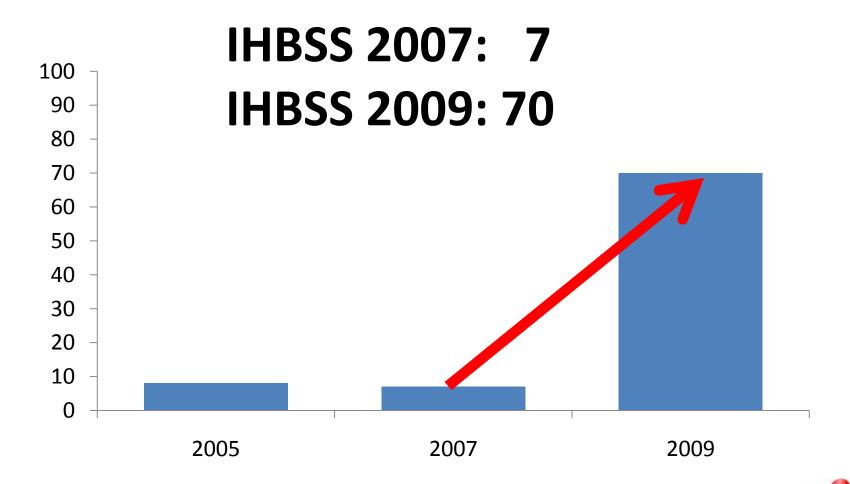
#### **Used Condom During Last Sex, IHBSS 2009**



#### Had a Condom During the Interview, IHBSS 2009



### **IHBSS Results: HIV+**







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## 2009 IHBSS Results: HIV+

#### **Distribution of 70 HIV+ Respondents:**

- 1% IDU (2)
- 10% Registered FSW (7)
- **23%** Freelance FSW (16)
- 65% MSM (45)

#### Age range: 15 to 41yo (median 24yo) Sex: 46 males, 24 females





| Registered FSW<br>Sites | HIV<br>(#) | Prevalence<br>(%) | Syphilis<br>(#) | Prevalence<br>(%) |
|-------------------------|------------|-------------------|-----------------|-------------------|
| ALL Sites               | 7          | 0.13              | 19              | 0.36              |
| Sentinel Sites          | 7          | 0.23              | 9               | 0.30              |
| R5 Sites                | 0          | 0                 | 8               | 0.84              |
| R6 Sites                | 0          | 0                 | 2               | 0.15              |

| Freelance FSW<br>Sites | HIV<br>(#) | Prevalence<br>(%) | Syphilis<br>(#) | Prevalence<br>(%) |
|------------------------|------------|-------------------|-----------------|-------------------|
| ALL Sites              | 16         | 0.39              | 100             | 2.41              |
| Sentinel Sites         | 15         | 0.54              | 82              | 2.96              |
| R5 Sites               | 1          | 0.20              | 4               | 0.80              |
| R6 Sites               | 0          | 0                 | 14              | 1.58              |



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National Epidemiology Center

| MSM Sites             | HIV<br>(#) | Prevalence<br>(%) | Syphilis<br>(#) | Prevalence<br>(%) |
|-----------------------|------------|-------------------|-----------------|-------------------|
| ALL Sites             | 45         | 0.99              | 95              | 2.09              |
| Sentinel Sites        | 24         | 1.05              | 58              | 2.54              |
| R5 Sites              | 7          | 0.88              | 19              | 2.39              |
| R6 Sites              | 14         | 0.95              | 18              | 1.23              |
|                       |            |                   |                 |                   |
| NCR ALL Sites         | 26         | 1.61              | 42              | 2.61              |
| NCR Sentinel<br>Sites | 7          | 1.46              | 12              | 2.50              |
| NCR R5 Sites          | 7          | 1.03              | 19              | 2.79              |
| NCR R6 Sites          | 12         | 2.67              | 11              | 2.45              |





| IDU<br>Sites      | HIV<br>(#) | Prevalence<br>(%) | Syphilis<br>(#) | Prevalence<br>(%) | HCV<br>(#) | Prevalence<br>(%) |
|-------------------|------------|-------------------|-----------------|-------------------|------------|-------------------|
| Sentinel<br>Sites | 2          | 0.21              | 22              | 2.30              | 337        | 35.18             |
| IDU<br>Site A     | 2          | 0.59              | 11              | 3.23              | 324        | 95.01             |





| All MARPs<br>Sites      | HIV<br>(No.) | Prevalence<br>(%) | Syphilis<br>(No.) | Prevalence<br>(%) |
|-------------------------|--------------|-------------------|-------------------|-------------------|
| ALL Sites               | 70           | 0.47              | 236               | 1.58              |
| IHBSS Sentinel<br>Sites | 48           | 0.53              | 171               | 1.90              |
| R5 Sites                | 8            | 0.36              | 31                | 1.38              |
| R6 Sites                | 14           | 0.38              | 34                | 0.91              |

In 2007, there was **1 HIV positive** MARP **per 1,000** In 2009, there are **5 HIV positive** MARPs **per 1,000** or **1 in every 200** 





#### **IHBSS Results for BED Assay**

## 47% of all the HIV Positive cases were very recently infected (last 5 months)





#### **Prevalence Rates**

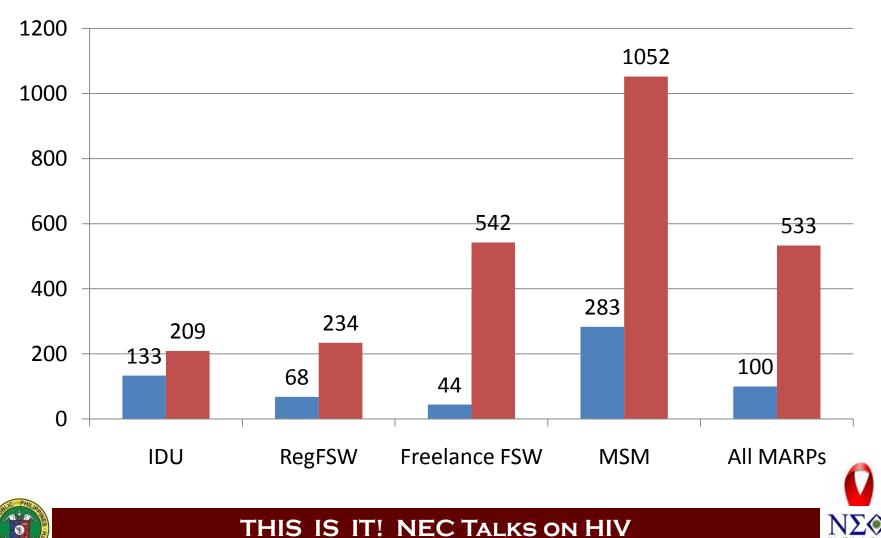
| Most-At-Risk<br>Population                        | 2007<br># of<br>HIV+ | 2007<br>Prevalence<br>per 100,000 | 2009<br># of<br>HIV+ | 2009<br>Prevalence<br>per 100,000 |
|---|----------------------|-----------------------------------|----------------------|-----------------------------------|
| Injecting Drug Use                                | 1                    | 133                               | 2                    | 209                               |
| Registered<br>Establishment<br>Female Sex Workers | 2                    | 68                                | 7                    | 234                               |
| Freelance<br>Female Sex Workers                   | 1                    | 44                                | 15                   | 542                               |
| Males who have Sex<br>with Males                  | 3                    | 283                               | 24                   | 1,052                             |
| All MARPs   | 7                    | 100                               | 48                   | 533                               |





#### Prevalence Rates per 100,000 population

2007 2009



#### **Prevalence Rates (10 Sentinel Sites)**

| Most-At-Risk<br>Population                        | 2009<br>Prevalence<br>per 100,000 | Population<br>Size<br>Estimate | Total<br>(10 sites) |
|---|-----------------------------------|--------------------------------|---------------------|
| Injecting Drug Use                                | 209                               | 6,890                          | 14                  |
| Registered<br>Establishment<br>Female Sex Workers | 234                               | 156,127                        | 365                 |
| Freelance<br>Female Sex Workers                   | 542                               | 10,194                         | 55                  |
| Males who have Sex<br>with Males                  | 1,052                             | 162,592                        | 1,710               |
| All MARPs   | 533                               | 335,803                        | 2,145               |





#### **HIV & Syphilis Burden by Site**

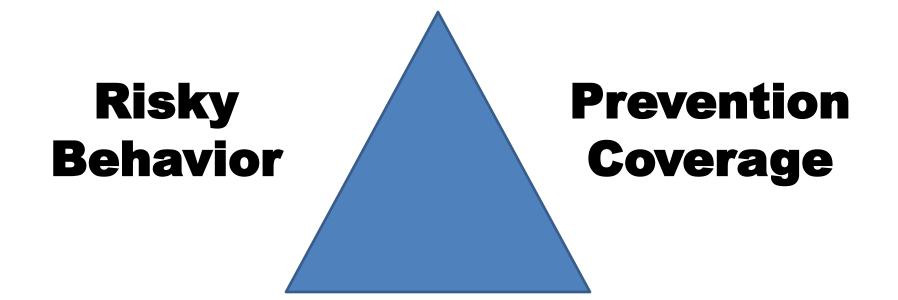
| No HIV<br>and<br><1% Syphilis              | <1% HIV<br>or<br>>1% Syphilis<br>Prevalence  | >1% HIV<br>Prevalence                     |
|--|--|---|
| Laoag<br>Santiago<br>Surigao<br>Tuguegarao | Baguio<br>Butuan<br>Angeles<br>Cagayan de Oro<br>General Santos<br>Iloilo<br>Puerto Galera<br>Puerto Princesa<br>Zamboanga | Metro Cebu<br>Metro Davao<br>Metro Manila |





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#### **HIV Infection: An Interplay of Factors**



## Presence of the At Risk Population



NZ Notonal Epidemiology Center

## At Risk Populations Present in the Philippines

#### Female Sex Workers Male Sex Workers Males who have Sex with other Males Injecting Drug Users Clients of Sex Workers

#### Partners of the above mentioned







## **Risky Behaviors**

- Young age of firsts: penetrative sex & try injecting drugs
- Practice of anal sex
- Having multiple sexual partners
- Low condom use
- High needle sharing
- Convinced sex partners are not infected but few undergo voluntary HIV testing





### **Prevention Activities**

#### Social Hygiene Clinics

- Regularly accessed by Registered Establishment Based FSW
- Low access by Freelance FSWs & MSMs
- Low coverage of outreach activities
- Low coverage of distribution of preventive commodities





#### So what's causing the increase in HIV cases?





#### Pilipinas! We have a problem!

#### NCREASING RATES of Sexually Transmitted Infections and HIV infected FILIPINOS

- highest numbers among males having unprotected sex with other males & injecting drug users who share needles
- urbanized areas
- younger age-groups

#### **CO-EXISTENCE of RISKY BEHAVIORS among MARPs**

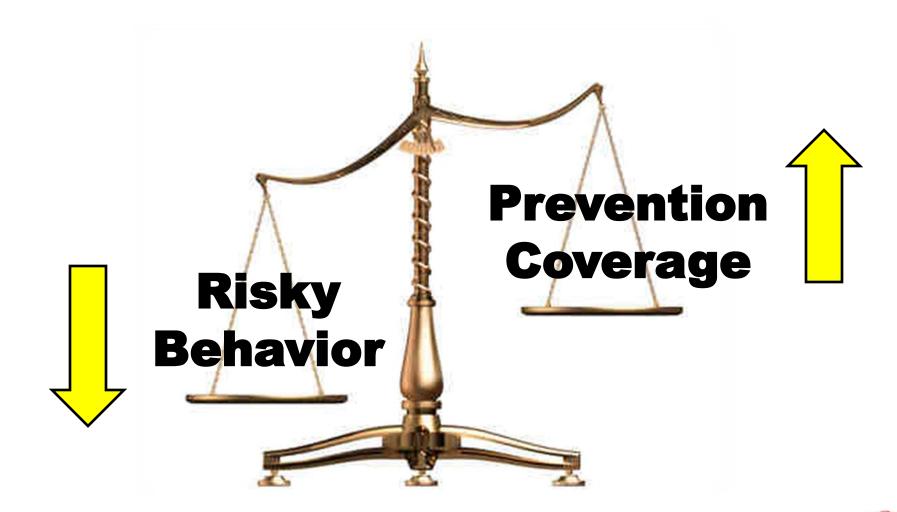
- multiple sexual partners
- unprotected sex (especially during anal sex)
- sharing of needles

#### UNDER-ACHIEVED PREVENTION COVERAGE





#### What will reverse this trend?







#### **Management Imperatives**

## **COMMIT TO MAXIMIZE COVERAGE** OF PREVENTIVE MEASURES: "Not one less"

**PRIORITIZE!** Use strategic information

**REDUCE RISKY BEHAVIOR**: It's everyone's responsibility

- Personal responsibility
- Community responsibility
  - Government responsibility





#### A.S.A.P. Strategy



## SURVEILLANCE & STRATEGIC INFORMATION

ACCESS to basic and comprehensive prevention services, testing, & treatment

**P**ARTNERSHIP in Policies, Programs & Projects





# What the National Government should do A.S.A.P.

- Awareness & Advocacy
  - NDF, Advocacy Campaigns
- SURVEILLANCE & STRATEGIC INFORMATION
  - writing of the  $5^{\rm th}$  AMTP to be finished by July 2010
  - fill in urgent strategic information gaps in priority areas
- ACCESS to basic and comprehensive prevention services, testing, & treatment
  - Ensure availability of services for testing & treatment
- PARTNERSHIP in Policies, Programs & Projects
  - Organize Taskforces
  - PNAC to review policies, strengthen partnerships, monitor our multi-sectoral response





## What the local community & LGU should do A.S.A.P.



- local dissemination forum, outreach of MARPs

SURVEILLANCE & STRATEGIC INFORMATION

- know your local STI & HIV situation (invest in getting strategic information)
- ACCESS to basic and comprehensive prevention services, testing, & treatment
  - ensure access and match HIV testing)
- PARTNERSHIP in Policies, Programs & Pdemand for services (giving accurate information, STI diagnosis & rojects

- empower the Local AIDS Council
- protect and support interventions for PLHIV (no to discrimination)





#### What you should do A.S.A.P.



- help spread the word
- SURVEILLANCE & STRATEGIC INFORMATION
  - get your facts right (PNAC & NASPCP website)
- ACCESS basic and comprehensive prevention services, testing,
  - & treatment
  - protect yourself & know your status
- PARTNERSHIP in Policies, Programs & Projects
  - protect and support People Living with HIV







#### WHO CAN STOP HIV? NOBODY....NOBODY... BUT YOU



