



# HIV/AIDS Teaching/Learning Materials in Asia and the Pacific

**AN INVENTORY: ISSUE 1, 2002**



UNESCO Regional Clearing House  
on Population Education and Communication  
Asia and Pacific Regional Bureau for Education  
Bangkok, Thailand, 2002



**UNFPA**  
United Nations  
Population Fund

**HIV/AIDS**  
**Teaching/Learning Materials in Asia**  
**and the Pacific: An Inventory**  
**Issue 1, 2002**



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**UNFPA**  
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# INTRODUCTION

This package is the fourth of a series of repackaged products aimed to serve as a vehicle for alerting our users to a wealth of highly valuable educational resources that exist in the field of HIV/AIDS in the context of adolescent reproductive and sexual health. The purpose of the UNESCO Regional Clearing House's repackaging programme is to bring to the attention of the users valuable information which would never have been read simply because they seem not to be easily accessible. Very few probably know where they are located; or if they can be accessed, they come in either highly technical or unreadable language or understandably, in the national language. Very often, they also come in overwhelming volumes and very poor presentation that discourage reading.

The information consolidation and repackaging strategy of the UNESCO Regional Clearing House addresses this potential waste of resources by reviewing, analysing and selecting the most useful and relevant information, screening out poor information, processing them into more readable language culling out policy and practice implications and repackaging them into various attractive formats that would render themselves easily readable and applicable to decision-making and programme improvements. To implement this strategy, the Regional Clearing House comes out with series of packages which focus on different topics or areas of importance to adolescents, and for the use of teachers, trainers, curriculum developers, school administrators and policy makers. This fourth series focuses on HIV/AIDS educational materials.

## **The Purpose of this Package**

This package is an inventory of educational materials on HIV/AIDS/STDs, used either in the formal or non-formal education sectors.

The impact of AIDS in Asia is staggering. And preventive education for HIV/AIDS has been recognized as one of the strategies that can have both short and long term impact on the prevention and control of HIV/AIDS. In the education sector, there are usually two strategies among many, which had been used to deliver messages on HIV/AIDS prevention: 1) the integration of HIV/AIDS concepts in the curriculum; and the 2) application of co-curricular activities such as peer education, competitions, counselling, youth camps, scouting and the like. In addition to these two, in order to equip teachers with the necessary knowledge and skills to deliver these messages in the classrooms, teacher training programmes are also being implemented. Not only is HIV/AIDS preventive education being offered in the school sector but in the non-formal education sector as well. This myriad of programmes and activities on HIV/AIDS preventive education in many countries have generated a growing body of teaching/learning materials meant for different learners at different levels in order to develop better awareness and understanding of the human toll that HIV/AIDS has taken as well as develop the necessary skills to protect themselves from becoming a part of this human disaster. The growing number of HIV/AIDS educational materials show that there is now a pool of resources that countries can tap whenever there is a need to develop new curriculum and instructional materials. Though they come from different countries and used in different settings, the core messages and basic contents remain the same and the use of life skills approaches are useful to all countries.

The main purpose of this inventory is to serve as a finding tool for those who use teaching/learning materials in educating about HIV/AIDS prevention by assisting them in the identification and selection of materials which they can use in their educational programmes and activities. More specifically, the inventory goes beyond merely providing factual bibliographic information and attempts to present analytical and sometimes evaluative

information for each of the teaching/learning materials in order to assist the users in critically and discriminately selecting which materials to use for specific instructional purposes. Thus, the inventory is helpful in the following ways:

- ◆ Identifies which materials are suitable for the teachers, trainers, students and other target groups and in what educational or age levels they are meant for
- ◆ Categorizes the teaching/learning materials into different types and marks what could be potentially useful based on the topics and school levels they are to be used
- ◆ Shows for what purpose these materials have been developed and consequently which materials are useful for which specific objectives
- ◆ Examines the approaches or ways these materials are being introduced in education, i.e., integrated into school health subjects; part of family life education or adolescent reproductive health; into non-formal education activities; as separate subject; into training courses; into youth camps, or are purely generic material.
- ◆ Analyses the teaching/learning methodologies used especially as to whether some materials are purely textual and lecture-oriented; or participatory-oriented; and uses life skills approaches or a combination of all teaching techniques

## Contents and Organization of the Inventory

The inventory has been grouped by types of materials which include the following:

- ◆ Guideline materials
- ◆ Curriculum
- ◆ Teaching materials
- ◆ Learning materials
- ◆ Resource/reading materials
- ◆ Training materials
- ◆ Support audio-visual materials

Under each of these types of materials are sub-groups by themes or topics such as those dealing with care and counselling; information, education and communication, programme development, AIDS curriculum, life skills, adolescent reproductive health, prevention and care, training, peer education, and the like.

However, in addition to accessing the various teaching/learning materials by types, the documents can also be retrieved by target audience, educational level, introduction methods, methodologies, objectives or specific uses, and geographical coverage through the help of the indexes found at the end of the inventory.

Each document is described according to the following:

1. **Bibliographic information** – includes author, title, publisher, place of publication, date of publication, number of pages
2. **Type of materials** – these include the following:
  - ◆ Curriculum/textbooks – these are prescribed curriculum and textbooks emanating from the ministries of education for teaching subjects (syllabuses, textbooks supporting syllabuses or prescribed textbooks for teaching subjects)

- ◆ Learning materials – these are materials for students in the school and learners in the out-of-school sector (student's guides, story books, comic books, primers, reading materials, resource books, lessons/activities, etc.)
- ◆ Teaching materials – these are materials meant to teach skills and concepts to teachers, administrators, facilitators, health workers, etc. (teachers' guides; resource books; manuals/handbooks; instructional modules; primers, etc.)
- ◆ Training materials – meant to be used for training teachers, administrators, field workers, health care workers, etc. (training manuals, training packages, self-instructional modules, briefing kit, training activities, etc.)
- ◆ Support AV materials (like videos, Internet, slides, posters, wall charts, flip charts, leaflets, brochures, pamphlets, badges, models, etc.)
- ◆ Reference/generic materials – which are mainly textual and serve as further readings or source books to further enhance and update the knowledge of teachers, field workers, and other educators.

**3. Target users** – these could include:

- ◆ Policy makers and programme administrators
- ◆ School principals and administrators
- ◆ Classroom Teachers
- ◆ Non-formal education teachers/facilitators (includes literacy educators, youth leaders, field workers, labour leaders, etc.)
- ◆ Curriculum planners
- ◆ Instructional materials developers
- ◆ Trainers and resource persons (for both in-school and out-of-school)
- ◆ Peer educators (for both in-school and out-of-school)
- ◆ Counsellors
- ◆ Health workers or HIV/AIDS care providers (nurses, social workers, etc.)
- ◆ Police and army
- ◆ Communicators/motivators
- ◆ Community volunteers
- ◆ Opinion leaders (influential people such as parliamentarians, village political leaders, religious leaders, community leaders, cultural leaders, etc.)
- ◆ Mass media personnel
- ◆ Students
- ◆ Girl guides/girls scouts
- ◆ Out-of-school youth
- ◆ HIV-positive and AIDS people
- ◆ Drug users
- ◆ Neo literates
- ◆ Commercial sex workers
- ◆ Migrant workers
- ◆ Factory workers
- ◆ People living with HIV/AIDS
- ◆ Others

4. **Objectives** – refers to its specific uses such as for:

- ◆ Policy making and programme formulation
- ◆ Management/administration/supervision
- ◆ Awareness and advocacy/promotion
- ◆ Teaching/instruction (for both formal and non-formal)
- ◆ Training/seminar/workshop
- ◆ Self-instructional
- ◆ Communication and motivation
- ◆ Meetings
- ◆ Counselling
- ◆ Curriculum and materials development
- ◆ Mass media and IEC campaign
- ◆ For reference use
- ◆ Use in health/clinic/hospitals
- ◆ Developing knowledge
- ◆ Changing attitude
- ◆ Developing specific skills
- ◆ Others

5. **Educational level** – these include:

A. Formal education

- ◆ Primary
- ◆ Secondary
- ◆ Higher education
- ◆ Post graduate

B. Non-formal education

- ◆ Illiterate
- ◆ Neo literate
- ◆ Post literate
- ◆ Mixed level (for labourers, commercial sex workers, factory workers, drug users, etc.)

C. Training

- ◆ Basic
- ◆ Refresher
- ◆ Advance

5. **Introduction** – how the materials are used or how they are introduced into the educational programmes. These include:

- ◆ Used as support materials and integrated into existing health subjects
- ◆ Used as teaching materials into family life education, population education or adolescent reproductive health education
- ◆ As separate subject
- ◆ Used in youth centres' educational activities
- ◆ Used in training of teachers



6. **Methodologies** – these refer to the techniques of teaching and training used in delivering messages on HIV/AIDS prevention. These could include the following:

- ◆ Purely textual materials and lecture-based
- ◆ Life skills approaches
- ◆ Assorted participatory and activity-oriented techniques
- ◆ Combination

In addition to the different features of the document given above, an abstract and descriptors or keywords are also included to provide the users with more comprehensive details of what the material offers.

### **Sources of Materials**

The HIV/AIDS teaching/learning materials came from China, Fiji, India, Indonesia, Kazakhstan, South Korea, Maldives, Mongolia, Myanmar, Nepal, Pakistan, Philippines, Thailand, Uzbekistan, and Viet Nam. In addition to country-specific materials, a large number of materials have also a sub-regional focus such as Asia-Pacific or Pacific Island, Mekong sub-region, and South-East Asia. A few good ones were also selected from other regions such as Africa and USA.

The materials came from different sources. They were compiled from the UNESCO Clearing House collection, from UNFPA, UNESCO, UNICEF and UNAIDS field offices in the countries as well as directly from the sources or producers of these materials from the governments, NGOs and other national organizations. Some of the materials come in various national languages and their basic data translated into English through the help of the various UN and national government offices mentioned above. This inventory would have not seen the light without their great help. It is with deep gratitude that this first issue is being dedicated to them.

## Care and Counselling

Kuswardani, Istiana; Risyanti, Eka Indah. **Counselling guide: adolescent sexuality/Panduan konseling seksualitas remaja**. Yogyakarta: Lentera Sahaja PKBI DIY, 2000. 73 p. Indonesian.



0001

Type of Material:	Guidelines - Care and counselling
Objectives/Specific Use:	Counselling
Educational Level:	Practitioners
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Indonesia

### Abstract:

This guide provides a background on adolescent sexuality and describes ways to give adolescents effective counsel in this area. The principles and actual practice of counselling are discussed and sample cases of adolescent sexuality counselling are presented.

**Descriptors:** Guide // Adolescent sexuality // Counselling // HIV/AIDS



Landfield, Katherine. **Home care for relatives**. Hanoi: UNICEF Viet Nam, 1999. 95 p. Vietnamese.

0002

Type of Material:	Guidelines - Care and counselling
Objectives/Specific Use:	Developing specific skills; Health care
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

### Abstract:

The material comes in two parts. The first contains basic facts and information on home care, HIV/AIDS, healthy living and disease prevention, and spiritual and physical aspects of care giving for HIV/AIDS patients. The second part provides a discussion of the symptoms and manifestations of HIV/AIDS, and special parts of AIDS care.

**Descriptors:** Guide // HIV/AIDS basic facts // HIV/AIDS care // Health promotion // HIV/AIDS symptoms // HIV/AIDS treatment // Living with AIDS // HIV/AIDS

**Reproductive health services clinical guidelines. Volume 1. Infection prevention.** Ulaanbaatar, Mongolia: Ministry of Health; UNFPA, 2000. 51 p. English.



0003

Type of Material:	Guidelines - Care and counselling
Objectives/Specific Use:	Use in health/clinic/hospitals; Developing specific skills
Educational Level:	Practitioners
Introduction Approaches:	Integrated into health centre/ clinic programme
Methodologies Used:	Mainly textual/lectures
Country/Region:	Mongolia

**Abstract:**

The protocol recommended in this handbook is designed to strengthen the capacity of health workers to protect themselves, their clients and members of the community from infections, particularly from infectious blood and fluids, which could be potential sources of HIV transmission. The use of barrier methods, antiseptics and disinfection are discussed along with aseptic techniques, use of needles and sharps, processing of instruments, housekeeping and waste disposal.

**Descriptors:** Protocol // Infection control // HIV/AIDS prevention // Handbook // Clinical management // HIV/AIDS



**Reproductive health services clinical guidelines. Volume 4. Sexually transmitted infections.** Ulaanbaatar, Mongolia: Ministry of Health; UNFPA, 2000. 59 p. English.



0004

Type of Material:	Guidelines - Care and counselling
Objectives/Specific Use:	Use in health/clinic/hospitals
Educational Level:	Practitioners
Introduction Approaches:	Integrated into health centre/ clinic programme
Methodologies Used:	Mainly textual/lectures
Country/Region:	Mongolia

**Abstract:**

These guidelines for clinical health workers teaches the systematic approach to STI case management and describes specific reproductive tract infections. The management of urethral and vaginal discharge syndromes given laboratory facilities is explained.

**Descriptors:** Guidelines // Sexually transmitted diseases // Reproductive tract infections // Clinical management // HIV/AIDS

**Source book on community support and home care for people living with HIV/AIDS.**  
Beijing: China-UK HIV/AIDS Prevention and Care Project, 2001. 45 p. Chinese, English.



0005

Type of Material:	Guidelines - Care and counselling
Objectives/Specific Use:	For reference use; Health care
Educational Level:	Management; Practitioners
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	China

**Abstract:**

The source book provides information on existing community care and support activities for people living with HIV/AIDS (PLWHAS) in some regions or countries, namely, Europe (Britain), USA, Australia, and Africa (Uganda and Zambia). Care and support cover the socio-economic, legal and spiritual needs of people with HIV/AIDS. The book also provides a brief discussion of home care services for PLWHAS, specifically home care policies and services in developed and developing countries.

**Descriptors:** Source book // HIV/AIDS care // HIV/AIDS impact // HIV/AIDS programmes // Living with AIDS // Community participation // HIV/AIDS



## Information, Education and Communication

National Committee for AIDS Prevention and Drug and Prostitution Control. **How to develop effective IEC communication materials for HIV/AIDS.**  
Hanoi: National AIDS Standing Bureau, n.d. 24 p. English.

0006

Type of Material:	Guidelines - Information, education and communication
Objectives/Specific Use:	Mass media and IEC campaign
Educational Level:	Management
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

**Abstract:**

The practical, step-by-step guidelines aim to assist Provincial AIDS Committees in properly developing IEC materials appropriate to their target audience. The benefits of following the audience-targeted process as well as the preparations on personnel, materials and budget are explained. Through the recommended process, appropriate communication messages, material content and forms, and a material development plan can be developed. The 11-step process is initiated by defining the HIV/AIDS-related problem of priority and the target group. Based on audience research, communication concepts and messages are developed, and suitable communication channels are selected. The IEC material is then designed and pre-tested before its final production and assessment.

**Descriptors:** Guidelines // Materials development // IEC // HIV/AIDS

National Committee for AIDS Prevention and Drug and Prostitution Control.

**How to target youth with information on HIV/AIDS and STDs.**

Hanoi: National AIDS Standing Bureau, n.d.  
49 p. English.

0007

Type of Material:	Guidelines – Information, education and communication
Objectives/Specific Use:	Mass media and IEC campaign
Educational Level:	Management
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

**Abstract:**

These guidelines aim to help the staff of Provincial AIDS Committees in reaching different youth groups with HIV/AIDS/STD information, thereby preventing transmissions and reducing risks among youth, especially young women. These present the risks of HIV/AIDS/STD transmission among Vietnamese youth and formulate step-wise instructions for developing effective programmes to reach out-of-school youth. Various channels for reaching the youth, particularly through the mass media and personal communication, are explored. The annexes contain a set of questions for learning about youth in the community; notes on conducting youth surveys; peer education information; and facts about youth.

**Descriptors:** Guidelines // HIV/AIDS risk behaviours // IEC // Youth outreach // Social research // Peer education // Mass media // Out-of-school youth // Sexually transmitted diseases // HIV/AIDS



National Committee for AIDS Prevention and for Drug and Prostitution Control. **How to plan and implement a peer education program for sex workers.** Hanoi: National AIDS Standing Bureau, n.d. 28 p. English.

0008

Type of Material:	Guidelines – Information, education and communication
Objectives/Specific Use:	Programme formulation
Educational Level:	Management
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Viet Nam

**Abstract:**

The handbook provides a set of guidelines on the implementation of an effective peer education programme for sex workers in the context of the Vietnamese administrative system. It covers the following: sex work situation in Viet Nam; the rationale and benefits of peer education for sex workers; and the step-by-step implementation of a peer education programme for sex workers.

**Descriptors:** Peer education // Commercial sex workers // Programme planning // Handbook // Guidelines // HIV/AIDS

Paxton, Susan.  
**Lifting the burden of secrecy: a manual for HIV-positive people who want to speak out in public.**  
 Singapore: Asia Pacific Network of People Living with HIV and AIDS, 1999. 56 p. English.  
 (Also available in Vietnamese.)



0009

Type of Material:	Guidelines – Information, education and communication
Objectives/Specific Use:	Developing specific skills
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Asia-Pacific

**Abstract:**

This is a guide for HIV-positive people who are considering speaking out in person, to any group of people about their experience of living with HIV. It quotes 76 HIV-positive speakers from Asia, the Pacific, Australia and Africa and presents the reasons, benefits and negative consequences of speaking out in public. The social, legal and financial aspects of the support needed by an HIV-positive person before going public are considered. The practical skills and steps for public speaking are discussed.

**Descriptors:** Manual // Guidelines // Living with AIDS // Communication techniques // Public speaking // HIV/AIDS



World Health Organization Regional Office for South-East Asia. **Information, education and communication: a guide for AIDS programme managers.** New Delhi: WHO SEARO, 2000. 35 p. English.



0010

Type of Material:	Guidelines – Information, education and communication
Objectives/Specific Use:	Mass media and IEC campaign
Educational Level:	Management
Introduction Approaches:	Generic material
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Southeast Asia

**Abstract:**

Information, education and communication (IEC) activities can be very effective in changing high-risk behaviours. This guide describes the steps in HIV/AIDS IEC planning, implementation and evaluation. To reinforce the step-wise approach, a specific example of IEC activities addressed to young people has been included. The guide is useful to managers of national AIDS control programmes as well as non-governmental activities.

**Descriptors:** Guide // IEC // Programme planning // Evaluation // HIV/AIDS



## Programme Development

Aldana, Sandra I.; Furner, Matthew; Jones, Jack T. Lang, Cynthia (eds.). **Preventing HIV/AIDS/STI and related discrimination: an important responsibility of health-promoting schools.** Geneva: WHO, 1999. 49 p. (WHO/SCHOOL/98.6) English.



0011

Type of Material:	Guidelines – Programme development
Objectives/Specific Use:	Awareness and advocacy/promotion; Curriculum planning and development
Educational Level:	Formal education – Secondary; Formal education – Primary
Introduction Approaches:	Integrated into school subjects; Part of co-curricular activities
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Asia-Pacific

### Abstract:

This document is intended to help people use health promotion strategies to improve health and prevent HIV/AIDS/STD and related discrimination. Arguments for the need for HIV/STI prevention interventions through schools are presented. The key steps in planning such interventions are described and the various components to which these interventions may be integrated are discussed. Guidelines on how to evaluate the resulting programmes are outlined. Samples of actual programmes and school curricula, as well as a position paper on integrating HIV/STI prevention in the school, are available in the annexes.

**Descriptors:** Guidelines // Health promotion // HIV/AIDS preventive education // HIV/AIDS prevention // Programme planning // Evaluation // HIV/AIDS care // HIV/AIDS rights // HIV/AIDS school programmes // Sexually transmitted diseases // Curriculum // HIV/AIDS



Casey, Neil; Fransen, Lieve; Thorn, Anna. Willott, Chris.  
**Lessons for life:  
 HIV/AIDS and lifeskills  
 education in schools.**  
 Brussels: European  
 Communities, 1999.  
 55 p. English.



0012

Type of Material:	Guidelines – Programme development
Objectives/Specific Use:	Policy making; Programme formulation
Educational Level:	Formal education – Secondary; Formal education – Higher education
Introduction Approaches:	Part of life skills education
Methodologies Used:	Mainly textual/lectures
Country/Region:	Global

**Abstract:**

The material presents a framework for HIV/AIDS prevention and reduction, and health improvement through development of national scale life skills education programmes that include sexual behaviour and HIV/AIDS information targeted at young people in schools. The framework covers needs assessment, information and project intervention, policy interventions, and monitoring and evaluation. Relevant programmes across Africa, Asia and Latin America are showcased.

**Descriptors:** Guide // HIV/AIDS preventive education // Programme planning // Policy formulation // HIV/AIDS school programmes // Life skills // Sexual behaviours // HIV/AIDS



Costigan, G.; Crofts N.; Reid G.  
**The manual for reducing  
 drug-related harm in Asia.**  
 Fairfield, Victoria, Australia:  
 The Centre for Harm Reduction,  
 The Macfarlane Burnet Centre  
 for Medical Research, 1999.  
 359 p. English.

0013

Type of Material:	Guidelines – Programme development
Objectives/Specific Use:	Policy making and programme formulation
Educational Level:	Management
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Asia





**Abstract:**

A valuable resource for advocates and implementers of programmes that stop HIV and other harms among injecting drug users (IDUs) in Asia. The background to these programmes is presented in three chapters explaining drug use and HIV vulnerability; the rationale for harm reduction; and the integration of three approaches to the control of drug use. The next nine chapters establish guidelines for designing, implementing and monitoring programmes targeted at IDUs. These cover rapid situation assessments; establishing and sustaining a programme; working with the community and other sectors; education in drug-related harm reduction programmes; injecting safely; drug substitution; sexual and mother-child transmission of HIV/AIDS; counselling and testing; and behaviours with increased risks of contracting HIV/AIDS. Appendices include information about blood-borne viruses, drugs and their actions, and various sexually transmitted diseases.

**Descriptors:** Resource package // Drug use and control // Programme planning // HIV/AIDS transmission // HIV/AIDS testing // HIV/AIDS risk behaviours // Sexually transmitted diseases // Counselling // Community participation // Guidelines // HIV/AIDS



Macfarlane Burnet Centre for Medical Research. International Health Unit. **Planning for action: a guide to HIV/AIDS/STI strategic planning for Pacific Island Countries and Territories**/ed. by Vaughan, Cathy et al. Fairfield, Victoria, Australia: Macfarlane Burnet Centre for Medical Research, 2001. 156 p. English.

0014

Type of Material:	Guidelines – Programme development
Objectives/Specific Use:	Programme formulation
Educational Level:	Management
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Pacific Island Countries and Territories

**Abstract:**

This manual offers guidelines for developing successful programmes to manage and control HIV/AIDS and STIs. However, this strategic planning process can be applied to any issue where changing situations and conditions have to be considered for



the planning of activities. The guide is divided into four sections. The first gives an overview of HIV, the strategic planning process and skills used in the process. This is followed by an analysis of the current situation and information on how to build the foundations of a strategic plan. The next chapter explains how to create goals, strategies and activities. And finally, the guide outlines how to implement, monitor and sustain the plan. Hints for social research methods are included as an appendix. A variety of organisations including government ministries, NGOs, unions, community-based organisations and churches, will find this a useful resource.

**Descriptors:** Guidelines // Programme planning // Programme implementation // Monitoring // Evaluation // Social research // Sexually transmitted diseases // HIV/AIDS



The Life Skills Development Foundation. **Promoting health, resilience and psychological development in children and youth affected by AIDS: a child-friendly community schools approach.** Bangkok: UNICEF EAPRO, 2001. 61 p. English.

0015

Type of Material:	Guidelines – Programme development
Objectives/Specific Use:	Management/administration/supervision; Policy making; Programme formulation
Educational Level:	Management
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Thailand



**Abstract:**

The book documents the results of the activities implemented by the Child Friendly Schools project for AIDS-affected children in three northern Thailand provinces. The activities included counselling training, psychological testing, and participatory planning with schools, among others. The report includes an overview of the AIDS situation in Thailand in general and in northern Thailand in particular. It highlights best practices and lessons learned during the planning and implementation period of the project. It illustrates the crucial importance of involving communities in any intended development project.

**Descriptors:** Report // HIV/AIDS care // Programme planning // Lessons learned // Child-friendly schools // Counselling // Best practices // Community participation // HIV/AIDS

## AIDS Curriculum

Pandey, Jawaharlal; Yadav, Saroj B.; Sadhu, Kanan K.  
**Adolescence education in schools: package of basic materials.** New Delhi: National Population Education Project, National Council of Educational Research and Training, 1999.  
 6 booklets.  
 English.



0016

Type of Material:	Curriculum – AIDS curriculum
Objectives/Specific Use:	Teaching/instruction; Awareness and advocacy/promotion; Developing knowledge
Educational Level:	Formal education – Primary and Secondary
Introduction Approaches:	Integrated into school subjects; Part of co-curricular activities; Part of adolescence education
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	India

### Abstract:

The package seeks to introduce adolescence education in school education. Aside from the introductory booklet, it contains five other booklets that provide the conceptual framework for adolescence education; its content areas; answers to key questions in the mind of adolescents; nine participatory activities for students; and sample advocacy material addressed to teachers and parents, but which may be adapted for various audiences.

**Descriptors:** Resource package // Adolescence education // Gender // Sexually transmitted diseases // Drug use and control // Participatory learning // Advocacy materials // HIV/AIDS



Royal Thai Air Force.  
 Air Support Command.  
 Preventive Medical Department.  
**Lecturer's handbook on AIDS for AIDS education activities of regular army officers.** [Bangkok]: Khaos Thahan Arkad Press, 1997.  
 136 p. Thai.

0017

Type of Material:	Curriculum – AIDS curriculum
Objectives/Specific Use:	Teaching/instruction; Developing specific skills
Educational Level:	Non-formal education – Post literate
Introduction Approaches:	Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Thailand



**Abstract:**

The handbook contains guidelines for teaching and learning about AIDS through participatory activities, a curriculum outline for Air Force officers and lesson plans. The curriculum covers the following areas: AIDS and sexuality; AIDS situation; sexual responsibility and safer sex; man's dignity; compassion for AIDS patients; condom use; and specific life skills such as communication, decision-making, and problem solving.

**Descriptors:** Handbook // Curriculum // Lesson plans // Sexuality // HIV/AIDS prevention // HIV/AIDS situationer // HIV/AIDS care // Condom usage // Safe sex // HIV/AIDS treatment // Life skills // Participatory learning // HIV/AIDS



**School health education to prevent AIDS and STD, a resource package for curriculum planners: handbook for curriculum planners.** Geneva: WHO/ UNESCO, 1999. 88 p. (UNAIDS/99.6aE) English.



0018

Type of Material:	Curriculum – AIDS curriculum
Objectives/Specific Use:	Curriculum and materials development
Educational Level:	Formal education – Secondary
Introduction Approaches:	Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education; Part of co-curricular activities; Separate subject
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Global

**Abstract:**

This handbook, one of a three-part package, provides curriculum planners with steps for designing an AIDS preventive education programme. It includes sample materials for introducing the curriculum and for teacher training as well as programme evaluation instruments.

**Descriptors:** Handbook // Curriculum // Programme planning // HIV/AIDS preventive education // Sexually transmitted diseases // Evaluation instruments // HIV/AIDS

**School health education to prevent AIDS and STD, a resource package for curriculum planners: teacher's guide.** Geneva: WHO/UNESCO, 1999. 117 p. (UNAIDS/99.6cE) English.



0019

Type of Material:	Curriculum – AIDS curriculum
Objectives/Specific Use:	Teaching/instruction; Behaviour change communication
Educational Level:	Formal education – Higher education
Introduction Approaches:	Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Global

#### Abstract:

This guide, one of a three-part package, provides suggestions for conducting a four-unit programme on health education to prevent AIDS and STD. These include information about the programme, teaching methods, classroom atmosphere, peer leaders, participation of parents and family members. Test items for student evaluation and questions on HIV/AIDS/STD are included. The bulk of the material provides guidance for implementing the activities found in a separate students' workbook, including special concerns about each activity, use of peer leaders or parent involvement, and additional information or preparation teachers might need. The activities are under four units, namely basic HIV/AIDS/STD knowledge, delaying sex, protected sex, and care and support for people with HIV/AIDS.

**Descriptors:** Teacher's guide // Teaching techniques // HIV/AIDS FAQ // HIV/AIDS preventive education // Sexually transmitted diseases // Delayed sex // Condom usage // HIV/AIDS care // Evaluation // HIV/AIDS



Shrestha, Harka Prashad; Maharjan, Ramkrishna; Updhaya, Badhri Prashad.  
**Teacher's resource materials.** Bhaktapur, Nepal: Curriculum Development Centre, Ministry of Education and Sport, 2001.  
 Nepali.



0020

Type of Material:	Curriculum – AIDS curriculum
Objectives/Specific Use:	Teaching/instruction; Developing knowledge; Developing specific skills
Educational Level:	Formal education – Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory- oriented activities
Country/Region:	Nepal

**Abstract:**

This resource provides lower secondary teachers a framework for HIV/AIDS instruction. It defines the scope and sequence of HIV/AIDS in the health education curriculum and provides background information about HIV/AIDS. It expounds on the role of teachers, the instructional objectives, materials and methods in teaching HIV/AIDS. The subject coverage of HIV/AIDS is also outlined. Lesson plans, statistics and charts for classroom use are provided.

**Descriptors:** Resource materials // Curriculum // HIV/AIDS basic facts // Lesson plans // Teaching methodologies // HIV/AIDS



World Association of Girl Guides and Girl Scouts.  
**AIDS badge curriculum.** S.I.: World Association of Girl Guides and Girl Scouts, n.d. (various pagings).  
 English.

0021

Type of Material:	Curriculum – AIDS curriculum
Objectives/Specific Use:	Awareness and advocacy/ promotion; Motivation
Educational Level:	Formal education – Primary and secondary
Introduction Approaches:	Part of co-curricular activities
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory- oriented activities
Country/Region:	Global

**Abstract:**

HIV/AIDS fact sheets for Girl Guides and Girl Scout leaders outline HIV/AIDS statistics and basics, international programmes, care and support for people with HIV/AIDS, and human rights. An adaptable curriculum for age groups 10-12, 13-15, and above 15 suggests activities for earning an AIDS badge. The activities, such as preparation of flipbooks or posters, writing letters, research, and participation in World AIDS Day, belong to any of three areas: prevention, care and support, and human rights – changing attitudes.

**Descriptors:** Guide // HIV/AIDS basic facts // HIV/AIDS prevention // HIV/AIDS care // HIV/AIDS rights // Girl scouts // Curriculum // Materials development // HIV/AIDS



## Life Skills

Department of National Education. **Practice guidelines and module of education on healthy living skills for higher education/ Pedoman penyelenggaraan dan modul pendidikan keterampilan hidup sehat bagi pengajar smu dan yang sederajat.** Jakarta: Departemen Pendidikan Nasional, 1999. 254 p. Indonesian.



0022

Type of Material:	Curriculum – Life skills
Objectives/Specific Use:	Teaching/instruction; Developing knowledge; Developing specific skills
Educational Level:	Formal education – Secondary
Introduction Approaches:	Separate subject
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Indonesia

**Abstract:**

This material provides guidelines for understanding, implementing and using modules of healthy living skills education. A set of four activities is found under each of these six module areas: gender and child rights; reproductive health and preparedness for parenthood; good health as an investment; smoking and drug use; teenagers' lifestyle; and STD and HIV/AIDS.

**Descriptors:** Guidelines // Life skills // Gender // Child rights // Health promotion // Drug use and control // Sexually transmitted diseases // HIV/AIDS basic facts // Modules // HIV/AIDS



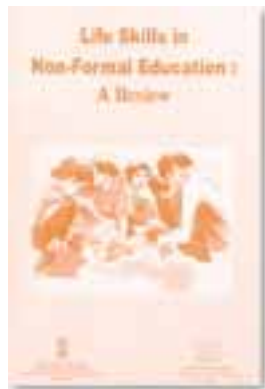
**Life skills in non-formal education: a review.** New Delhi: UNESCO; Indian National Commission for Co-operation with UNESCO, Ministry of Human Resource Development, 2001. 145 p. English.

0023

Type of Material:	Curriculum – Life skills
Objectives/Specific Use:	Curriculum and materials development; Policy making; Programme formulation
Educational Level:	Management
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented – Life skills
Country/Region:	India

**Abstract:**

This report presents a synthesis of findings and analysis of life skills approaches within the context of non-formal education. The facts contained in the report were gathered from a survey of major non-formal education curricula, discussions with



NGOs on their methodology for HIV/AIDS preventive education, a two-day workshop on life skills, and observations of teaching-learning transactions as well as interviews with learners and facilitators in various non-formal education centres. The report contains a sample curriculum linked with life skills, shows how these skills are integrated into various subject areas, and suggests corresponding teaching-learning activities for skills building.

**Descriptors:** Report // Life skills // Curriculum // Teaching-learning activities // Teaching methodologies // HIV/AIDS preventive education // Non-formal education // HIV/AIDS



Ministry of Education.  
Department of Basic Education.  
**School-based healthy living and HIV/AIDS prevention education (SHAPE) – primary level teacher's manual.** [Yangon]:  
Department of Education,  
Ministry of Education, n.d.  
112 p. English.

0024

Type of Material:	Curriculum – Life skills
Objectives/Specific Use:	Developing specific skills; Teaching/instruction
Educational Level:	Formal education – Primary
Introduction Approaches:	Part of co-curricular activities
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Myanmar

**Abstract:**

The manual is divided into two sections. The first section, which serves as a teacher's guide, presents the SHAPE course structure and curriculum summary grid, and a discussion of participatory teaching methodologies. The second part presents specific teaching-learning activities for topics covered in the curriculum for second to fourth grade levels. The curriculum deals with a wide range of topics such as physical health, common diseases, health-related social skills, and the need for mental and physical health. Facts on HIV/AIDS are usually integrated with basic health concepts rather than treated in isolation.

**Descriptors:** Curriculum // Teaching-learning activities // Health promotion // HIV/AIDS basic facts // Teaching methodologies // HIV/AIDS





UNICEF East Asia and Pacific Regional Office. **Lifeskills education: collected materials on lifeskills education and its application for promotion of healthy lifestyles and HIV/AIDS prevention.** Bangkok: UNICEF/EAPRO, 1998/1999. 283 p. English.

0025

Type of Material:	Curriculum – Life skills
Objectives/Specific Use:	Curriculum and materials development; For reference use
Educational Level:	Non-formal education – Mixed level; Formal education – Primary and Secondary
Introduction Approaches:	Part of life skills education
Methodologies Used:	Mainly participatory activities and skills-oriented – Life skills
Country/Region:	Mekong Subregion



### Abstract:

This material is a collection of life skills materials that have been produced particularly in the Mekong sub-region. It consists of three sections. The first deals with the concept of life skills, their teaching and their importance in disease prevention and promotion of safe behaviours. The next section covers reports and descriptions of actual experiences in life skills education in the Mekong sub-region. The last section presents sample curricula and materials on life skills education.

**Descriptors:** Curriculum development // Health promotion // Life skills // HIV/AIDS programmes // HIV/AIDS



## Adolescent Reproductive and Sexual Health

GTZ EPOS Health Consultants.  
**Information materials for teachers for the brochure 'Teenagers' World. About Love, Friendship, etc.'**.  
 Tashkent: s.n., 2000.  
 40 p. Uzbek.



0026

Type of Material:	Teaching materials – Adolescent reproductive and sexual health
Objectives/Specific Use:	Teaching/instruction
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities; Life skills
Country/Region:	Uzbekistan

**Abstract:**

This is a set of lessons on adolescent education. It explores adolescence as a changing phase, highlighting parental, peer and sexual relations of teenagers. Sexuality concerns such as reproductive health, contraceptives, STDs and sexual violence are also discussed.

**Descriptors:** Lesson plans // Adolescence education // Adolescent reproductive health // Sexually transmitted diseases // Sexuality // Contraceptive methods // Sexual violence // HIV/AIDS



Ipas; Health & Development Networks. **Gender or sex: who cares?** [kit]. Chapel Hill, N.C.: Ipas, 2001.  
 1 kit. English.

0027

Type of Material:	Teaching materials – Adolescent reproductive and sexual health
Objectives/Specific Use:	Teaching/instruction; Developing specific skills; Behaviour change communication
Educational Level:	Formal education – Secondary; Formal education – Higher education; Non-formal education – Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Global



**Abstract:**

This resource pack on sexual and reproductive health (SRH) consists of three parts: a manual, a set of curriculum cards for use during workshops, and a set of handouts. It aims to help young people develop some personal qualities such as self-esteem, self-worth, and the capability to make informed and responsible decisions. Among such qualities is the ability to recognise and deal with gender biases that may affect SRH. The curriculum progressively introduces participants to the concepts of sex and gender, how these are reflected in their lives and the society, how these concepts are transmitted and learned, and the effect of these concepts on SRH problems. Areas of special emphasis are violence and its effects on SRH; HIV/STIs; unwanted pregnancy.

**Descriptors:** Resource package // Reproductive health // Sexuality // Gender // HIV/AIDS basic facts // Sexually transmitted diseases // Life skills // Sexual violence // HIV/AIDS



Nwe Nwe Aye; Aye Aye Tun. **“Fledglings”: teens in Myanmar – a manual in adolescent reproductive health.** Yangon, Myanmar: Save the Children (UK) – Myanmar, 2000. 59 p. English.

0028

Type of Material:	Teaching materials – Adolescent reproductive and sexual health
Objectives/Specific Use:	Developing specific skills
Educational Level:	Practitioners
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Life skills
Country/Region:	Myanmar



**Abstract:**

This manual presents a three-step workshop framework for facilitators introducing sexual and reproductive health to teens. Through rational thinking, teen participants are taught to explore existing ideas drawn from cultural resources such as proverbs and anecdotes, thereby building analytical, critical thinking and problem-solving skills that lead to rational decision-making on sexual and reproductive health. Participants are then prepared to bridge tradition with reproductive health knowledge and practices, including issues on gender, status in the family, adolescence and relationships. Finally, a conceptualisation session allows

participants to clarify existing beliefs, perception, knowledge and attitudes against basic sexual and reproductive health knowledge or facts. Aside from giving directions for the suggested activities, the manual notes down possible reactions of participants to the activities.

**Descriptors:** Manual // Teaching-learning activities // Adolescent reproductive health // Sexuality // Gender // HIV/AIDS FAQ // Life skills // HIV/AIDS



**PRERANA. Population education in vocational training programmes. Part 1. Manual for instructors.** New Delhi: Directorate General of Employment and Training, Ministry of Labour, 2000. 163 p. English.



0029

Type of Material:	Teaching materials – Adolescent reproductive and sexual health
Objectives/Specific Use:	Developing knowledge; Teaching/instruction
Educational Level:	Vocational training
Introduction Approaches:	Integrated into Social Studies; Part of population education
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	India

### Abstract:

This manual, the first in a series of three parts, contains the detailed course contents of population education to be taught by instructors to students of vocational training programmes. The contents are divided into three units. The first includes three sessions explaining population, development, environment, quality of life, migration and urbanisation. The unit on reproductive health of adolescents and young adults has eight sessions on adolescence and concerns, life skills, primary health care, conception and fertility management, HIV/AIDS and STDs, and substance abuse. The last unit covers three sessions on gender issues, family life and women empowerment. Each of the 14 sessions has a 50-minute duration. Specific instructions for conducting each session along with its objectives, contents, preparations, and reading materials are provided. A brief description of participatory techniques is also found in the manual.

**Descriptors:** Manual // Lesson plans // Population education // Adolescent reproductive health // Gender // Family life education // Drug use and control // Sexually transmitted diseases // HIV/AIDS

# TEACHING MATERIALS

Singapore Planned Parenthood Association. **Sex education for Asian teens: a teacher's/parent's guide on how to teach sex education meaningfully.** Singapore: Singapore Planned Parenthood Association, 1998. 106 p. English.



<b>0030</b>	
Type of Material:	Teaching materials - Adolescent reproductive and sexual health
Objectives/Specific Use:	Teaching/instruction
Educational Level:	Formal education - Secondary
Introduction Approaches:	Integrated into school subjects; Separate subject
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Asia

### Abstract:

This guide offers 16 sequential lessons on sex education. Lessons cover topics on sex; puberty and changes; self-image; relationships; molestation and rape; STDs; communicating and coping with parents; and dating and mating. Instructions for teacher-led discussions, interactive lectures, and other participatory activities are provided along with all the resources needed for each lesson.

**Descriptors:** Teacher's guide // Lesson plans // Sex education // Puberty // Anatomy // Sexual violence // Sexually transmitted diseases // Communication skills // HIV/AIDS



United Nations Educational, Scientific and Cultural Organization; UN Theme Group on HIV/AIDS in China. **Teachers handbook on sex education and HIV/AIDS prevention.** Beijing: Beijing Medical University Press, 2000. 209 p. Chinese, English.



<b>0031</b>	
Type of Material:	Teaching materials - Adolescent reproductive and sexual health
Objectives/Specific Use:	Developing knowledge; Teaching/instruction; For reference use
Educational Level:	Formal education - Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly textual/lectures
Country/Region:	China

### Abstract:

This handbook provides information to Chinese teachers engaged in sex education and familiarises them with related theories and practices in China and abroad. It is divided into 13 sections with contents in the following areas: introduction to sex education; adolescence; gender socialisation; reproduction and conception; communication and self-protection; sexuality; STD/HIV/AIDS and prevention; and harmful effects of drugs.

**Descriptors:** Handbook // Adolescent reproductive health // Sexuality // HIV/AIDS prevention // Drug use and control // Sexually transmitted diseases // Sex education // Gender // Anatomy // HIV/AIDS

## AIDS Lessons

Department of Education, Culture and Sports. Health and Nutrition Center.  
**Sourcebook on HIV/AIDS prevention education for tertiary educational institutions.** Metro Manila: Department of Education, Culture and Sports, 1994. 77 p. English.



0032

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction; Developing knowledge
Educational Level:	Formal education - Higher education
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Philippines

### Abstract:

The sourcebook is divided into two parts. The first covers structured and sequenced facts or messages about HIV/AIDS prevention education. Along with these are a teacher's guide, sample teaching-learning activities, suggested visuals and evaluation tools. The second part offers teaching instructions on three modules, namely, cause and effects of HIV/AIDS, modes of transmission and prevention.

**Descriptors:** Source book // HIV/AIDS preventive education // HIV/AIDS basic facts // HIV/AIDS impact // HIV/AIDS

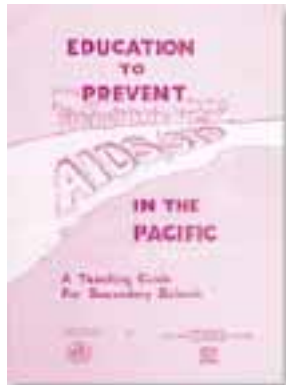


**Education to prevent AIDS/STD in the Pacific: a teaching guide for secondary schools.** Rev. ed. S.I.: WHO and UNESCO, 1991. 112 p. English.

0033

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction; Behaviour change communication
Educational Level:	Formal education - Secondary
Introduction Approaches:	Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Pacific Island Countries





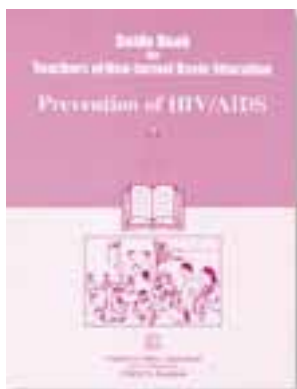
**Abstract:**

This guide, divided into two sections, is a prototype instructional material on AIDS. The first section contains basic facts about HIV/AIDS, a statement of purpose of school-based AIDS/STD education, and suggestions for teaching about AIDS/STD in the school setting. The second section provides a compilation of 16 lesson plans suggesting specific activities for teaching HIV/AIDS basic information, prevention skills and values.

**Descriptors:** Teacher's guide // Lesson plans // HIV/AIDS preventive education // HIV/AIDS basic facts // Life skills // HIV/AIDS FAQ // HIV/AIDS care // Sexuality // Sexually transmitted diseases // Teaching techniques // HIV/AIDS



**Guide book for teachers of non-formal basic education: prevention of HIV/AIDS.** Islamabad: UNESCO, 2002. 36 p. Urdu.



0034

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Developing knowledge; Developing specific skills
Educational Level:	Non-formal education - Neo literate
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Pakistan

**Abstract:**

Through the study of this module, teachers will learn techniques and ways to effectively guide their young and adult students in learning about HIV/AIDS. The module is divided into six parts: defining HIV/AIDS, AIDS in Pakistan and the world, how AIDS spreads, prevention measures against it, actions that do not transmit HIV/AIDS, and effects of HIV/AIDS.

**Descriptors:** Guide book // Teaching techniques // HIV/AIDS transmission // HIV/AIDS prevention // HIV/AIDS impact // HIV/AIDS situationer // HIV/AIDS

Ministry of Education.  
Department of Curriculum and Instruction Development.  
**Instructional modules for AIDS education: Prathom five.** Bangkok: Curriculum Development Centre, Department of Curriculum and Instruction Development, 1995. 42 p.  
English.



0035

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction; Developing specific skills
Educational Level:	Formal education - Primary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Thailand

### Abstract:

The modules consist of 10 topics, each requiring three fifth grade class periods. The contents present AIDS as a preventable disease; its impact on society, family and economy; risky behaviour that leads to AIDS transmission; care of people with HIV, the family's role in the fight against AIDS; changes during adolescence; personal hygiene; and understanding of human sexuality. Teaching instructions, including activities, materials and evaluation are included in each module.

**Descriptors:** Lesson plans // HIV/AIDS transmission // HIV/AIDS care and support // Adolescence education // Sexuality // Family life education // HIV/AIDS



Ministry of Education.  
Department of Curriculum and Instruction Development.  
**Instructional modules for AIDS education: Prathom six.** Bangkok: Curriculum Development Centre, Department of Curriculum and Instruction Development, 1995. 52 p.  
English.

0036

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction; Developing specific skills
Educational Level:	Formal education - Primary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Thailand





**Abstract:**

Ten modules explain what is AIDS, its socio-economic impact and ways to prevent the disease through appropriate sexual values, healthy practices, decision-making, critical-thinking, self-control, mindfulness, and righteous behaviour. The modules also discuss changes during adolescence and building a happy, AIDS-free family. Each module is covered in three periods of a sixth grade class. Teaching instructions, including activities, materials and evaluation are included in each module.

**Descriptors:** Lesson plans // Adolescence education // HIV/AIDS prevention // HIV/AIDS impact // Life skills // HIV/AIDS



Peace Corps. **AIDS resource manual: a guide for teaching about AIDS in Thailand.** Washington, D.C.: Peace Corps Information Collection and Exchange, 1993. 83 p. English, Thai.

0037

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Developing knowledge; Teaching/instruction
Educational Level:	Formal education - Primary; Formal education - Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Thailand



**Abstract:**

This manual gives a brief look at AIDS transmission and prevention. In addition, it suggests teaching guidelines, games, activities, external resources and a set of AIDS vocabulary to enhance education.

**Descriptors:** Manual // HIV/AIDS transmission // HIV/AIDS prevention // Teaching-learning activities // HIV/AIDS FAQ // Games // HIV/AIDS



Peace Corps Information Collection and Exchange.  
**Teach English prevent AIDS: a teacher's manual.**  
 Washington, D.C.: Peace Corps Information Collection and Exchange, 1995.  
 113 p. English.



0038

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction; Motivation; Behaviour change communication
Educational Level:	Formal education - Secondary; Formal education - Higher education
Introduction Approaches:	Separate subject
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Cameroon

**Abstract:**

This is a manual for teachers of English as a Foreign Language (EFL) or English as a Second Language (ESL). It contains four units – values, information, prevention and action – each with four lessons and approximately 20 hours of instruction. The first unit motivates students to learn about AIDS while the second unit informs them about AIDS. The following unit discusses practical ways of preventing the spread of AIDS while the last unit invites students to take an active role in educating their peers on AIDS prevention. Learning grammatical structures, language function and vocabulary are integrated in the contents. Additional resources such as a summary of lessons, a vocabulary chart, games and tests are found in the appendix.

**Descriptors:** Manual // Lesson plans // HIV/AIDS transmission // HIV/AIDS prevention // HIV/AIDS risk behaviours // HIV/AIDS impact // Peer education // HIV/AIDS



Southeastern College; Lacson College; Population Services Pilipinas. **Educating adolescents on HIV/AIDS: an instruction manual on basic information about HIV/AIDS for the secondary level.** Pasay City: Population Services Pilipinas, 1998.  
 65 p. English.

0039

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction
Educational Level:	Formal education - Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Philippines



**Abstract:**

This manual was intended for high school teachers tasked to impart basic knowledge and facts about the HIV/AIDS epidemic. The six modules focus on adolescent sexual behaviour and HIV/AIDS; basic facts on HIV/AIDS; the science behind it; how to prevent it; societal response to the phenomenon; and governmental and private response to fight HIV/AIDS. Each module follows a consistent organisation and instructional process, including suggested teaching strategies, reinforcing activities, evaluation and assignments.

**Descriptors:** Manual // Lesson plans // Teaching-learning activities // HIV/AIDS myths // HIV/AIDS prevention // Social issues // HIV/AIDS care // HIV/AIDS rights // Sexual behaviours // Teaching methodologies // HIV/AIDS



**A teaching guide for secondary schools: family life.** Suva, Fiji: Family Life Unit, Ministry of Education, [1990]. 237 p. English.

0040

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction
Educational Level:	Formal education - Secondary
Introduction Approaches:	Part of family life education
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Fiji



**Abstract:**

This guide provides ideas and lesson plans for discussing AIDS, drugs, teenage pregnancy, family crisis and sexual behaviours. In addition to the lessons under these areas, suggestions on how to deal with students' questions on AIDS and an AIDS glossary are provided.

**Descriptors:** Teacher's guide // Lesson plans // Family life education // Sexuality // Adolescent reproductive health // HIV/AIDS FAQ // HIV/AIDS care // Sexual behaviours // HIV/AIDS



UNICEF. **HIV/AIDS prevention education: teacher's guide/ed.** by He Jinglin. Beijing: World Affairs Press, 2001. 93 p. English. (Also available in Chinese.)



0041

Type of Material:	Teaching materials - AIDS lessons
Objectives/Specific Use:	Teaching/instruction; Developing knowledge
Educational Level:	Formal education - Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	China

**Abstract:**

This is a guide for teaching high school students about HIV/AIDS. The first of two sections features four units of teaching plans: basics of HIV/AIDS; the immediacy of the AIDS epidemic; prevention of AIDS and treatment of people with HIV/AIDS; and use of HIV/AIDS prevention for successful living, with emphasis on life skills. The second section is a collection of references ranging from relevant national and international speeches, plans and projects, to additional information on HIV/AIDS and other ways of promoting HIV/AIDS education.

**Descriptors:** Teacher's guide // HIV/AIDS basic facts // Peer education // HIV/AIDS prevention // HIV/AIDS care // Life skills // HIV/AIDS programmes // Resource list // HIV/AIDS

**Life Skills**

Doan Thi My et al. (comp.) **Living skill education on health and HIV/AIDS protection at schools.** Hanoi: UNICEF Viet Nam; UNAIDS; Ministry of Education, 1998. 114 p. Vietnamese.

0042

Type of Material:	Teaching materials - Life skills
Objectives/Specific Use:	Developing specific skills
Educational Level:	Formal education - Primary; Formal education - Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Viet Nam

**Abstract:**

The material is divided into four parts. The first discusses basic facts about HIV/AIDS and STDs. The next part deals with the concept of life skills, goals of life skills education, and its usefulness for health and HIV/AIDS prevention. The third part covers the contents and methods of access to life skills and the last part contains practical exercises on five life skills.

**Descriptors:** Teaching-learning activities // Life skills // HIV/AIDS basic facts // Sexually transmitted diseases // HIV/AIDS

# TEACHING MATERIALS

**Learning for life: a guide to family health and life skills education for teachers and students.** New Delhi: National Council of Educational Research and Training; National AIDS Control Organization; UNICEF; UNESCO, 2000. 139 p. English. (Also available in Hindi.)



0043

Type of Material:	Teaching materials – Life skills
Objectives/Specific Use:	Developing specific skills; Behaviour change communication
Educational Level:	Formal education – Secondary
Introduction Approaches:	Part of family life education and life skills education
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	India

### Abstract:

This teaching module comprises four sections giving greater attention to the development of skills for responsible behaviour than with the knowledge of AIDS. The first module tackles the physical, cognitive and social emotional changes during puberty. The second section that deals with STIs/HIV/AIDS and pregnancy aims to help students evaluate behaviours in terms of relative risk of HIV infection. The third section discusses skills for preventive behaviour including skills to deal with peer pressure. The fourth section discusses care and support for people with HIV.

**Descriptors:** Lesson plans // Family life education // Life skills // Puberty // Anatomy // HIV/AIDS risk behaviours // Sexually transmitted diseases // HIV/AIDS prevention // HIV/AIDS care // Modules // HIV/AIDS



Ministry of Education.  
Department of Basic Education.  
**School-based healthy living and HIV/AIDS prevention education (SHAPE) for middle and high schools (teacher's guide).** [Yangon]: Department of Education, Ministry of Education, n.d. 184 p. English.

0044

Type of Material:	Teaching materials – Life skills
Objectives/Specific Use:	Developing specific skills; Teaching/instruction
Educational Level:	Formal education – Secondary
Introduction Approaches:	Part of co-curricular activities
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Myanmar

### Abstract:

The guide contains specific teaching-learning activities for the topics covered in the curriculum for fifth to ninth standards. Among the major topics are: personal hygiene; diseases such as tuberculosis, hepatitis, and malaria; mental health; health-related emotions and behaviours; HIV/AIDS; and counselling.

**Descriptors:** Teacher's guide // Teaching-learning activities // Health promotion // HIV/AIDS basic facts // Counselling // HIV/AIDS



Ministry of Public Health.  
**Lecturer's handbook on life skills training for AIDS prevention by participatory methods.** Rev. ed. Bangkok: Ministry of Public Health, 1996. 153 p. Thai.



0045

Type of Material:	Teaching materials - Life skills
Objectives/Specific Use:	Teaching/instruction; Developing specific skills
Educational Level:	Training - Basic
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Thailand

**Abstract:**

This handbook contains lessons on life skills and the participatory approach in the context of teaching and learning about HIV/AIDS. It also includes sample lesson plans covering, among others, attitudes and behaviours on sexuality of adolescents, and specific life skills such as decision-making, problem solving and coping with stress.

**Descriptors:** Handbook // Lesson plans // Life skills // Adolescent sexuality // HIV/AIDS preventive education // Participatory learning // HIV/AIDS



Ministry of Public Health.  
 Department of Mental Health.  
**Handbook for life skills teaching for AIDS prevention by participatory methods.** 2nd rev. ed. Bangkok: Ministry of Public Health, 2000. 259 p. Thai.



0046

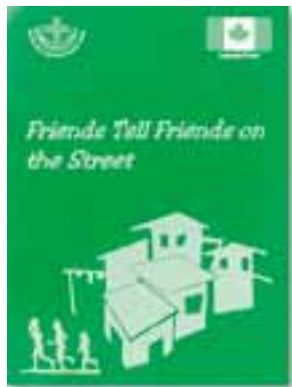
Type of Material:	Teaching materials - Life skills
Objectives/Specific Use:	Teaching/instruction; Developing specific skills
Educational Level:	Formal education - Primary; Formal education - Secondary
Introduction Approaches:	Part of life skills education
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Thailand

**Abstract:**

This handbook introduces an overview of life skills components, methodologies and a curriculum outline on life skills for AIDS prevention. It includes sample lessons on compassion for AIDS patients; sex and AIDS; values formation, attitudinal and behaviour changes, and specific life skills.

**Descriptors:** Handbook // Curriculum // HIV/AIDS prevention // Life skills // HIV/AIDS care // Behaviour change // HIV/AIDS

Carl, Greg; Nonthathorn Chaiphech. **Friends tell friends on the street.** [Bangkok]: Thai Red Cross AIDS Research Centre, 2000. 1 v. (various pagings). English.



0047

Type of Material:	Learning materials
Objectives/Specific Use:	Teaching/instruction; Developing specific skills
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented - Life skills
Country/Region:	Thailand

**Abstract:**

Nearly 200 activities in this manual were designed to meet the need for youth life skills development that encompasses many different social issues, including general health, HIV/AIDS and sexually transmitted diseases, family planning and reproductive health, child rights, self esteem and drug abuse. The activities, averaging no more than 30 minutes each, were developed to stand on their own, but may be assembled into a mini-curriculum. The set of skills developed by each activity are tabulated in the Index. Each activity is accompanied with questions that permit youth to summarise the contents and personalise the experience.

**Descriptors:** Teaching-learning activities // Life skills // Health promotion // Sexually transmitted diseases // Family planning // Reproductive health // Sexuality // Drug use and control // Child rights // HIV/AIDS



Lesnick, Henry. **It's up to us: an AIDS education curriculum for ESL students and other English language learners.** Bronx, New York: The Author, 2001. [33] p. English.

0048

Type of Material:	Learning materials
Objectives/Specific Use:	Developing specific skills; Developing knowledge
Educational Level:	Formal education - Secondary; Formal education - Higher education
Introduction Approaches:	Separate subject
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Global

**Abstract:**

This curriculum provides five one-hour lessons on AIDS education instruction for high school-aged or young adult students of English as a Second Language (ESL). It helps students develop critical thinking, reading, writing, listening and speaking skills in English as it helps them understand AIDS risk factors. The lessons begin with a game that illustrates the exponential manner in which HIV is spread followed by an examination of HIV transmission. The next three lessons present activities and exercises that clarify students' understanding of the relative risks of various behaviours, identify obstacles to AIDS prevention, and develop strategies for overcoming these barriers through more effective communication. The final lesson enables students to extend AIDS education from the classroom to communities. An appendix includes materials and exercises to supplement the lessons or to be used as free-standing activities. An international list of agencies on AIDS education, health and support service providers is included.

**Descriptors:** Lesson plans // Communication skills // HIV/AIDS risk behaviours // Teaching-learning activities // Resource list // Curriculum // HIV/AIDS



Nonhathorn Chaiphech; Carl, Greg. **The Goldtooth and Karate Kids companion activity manual.** Bangkok: Social and Behavioral Sciences Section, Thai Red Cross AIDS Research Centre, 2001. 145 p. English.

0049

Type of Material:	Learning materials
Objectives/Specific Use:	Developing specific skills
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented - Life skills
Country/Region:	Thailand



**Abstract:**

This manual uses life skills-building activities together with two videos, "The Goldtooth" and "Karate Kids", to maximise decision and skills-building opportunities of young people. The first of two parts suggests how the videos can be divided into shorts clips to facilitate discussion on the issues brought up in the videos and to introduce life skills, such as decision-making, communication, refusal and leadership. The third part deals with cooperative decision-making skills while the fourth part builds goal-setting and planning skills, with an emphasis on protecting oneself from HIV/AIDS and substance abuse.

**Descriptors:** Manual // Video // Life skills // HIV/AIDS prevention // Drug use and control // HIV/AIDS



Peace Corps. **Alternative techniques for teaching about HIV/AIDS in the classroom.** Washington, D.C.: Peace Corps, 1994. (various pagings). English.



0050

Type of Material:	Learning materials
Objectives/Specific Use:	Teaching/instruction; Developing specific skills
Educational Level:	Formal education - Primary; Formal education - Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Thailand

**Abstract:**

This is a collection of interactive games and activities to supplement existing curricula on HIV/AIDS. The manual aims to give students a sense of responsibility in fighting AIDS while taking the fear out of AIDS education. Besides games, it includes lesson plans, stories, dramas, role-playing and songs.

**Descriptors:** Games // Teaching-learning activities // HIV/AIDS myths // HIV/AIDS basic facts // Stories // HIV/AIDS



Peace Corps. Information Collection and Exchange. **Life skills manual.** Washington, D.C.: Peace Corps, 2001. 252 p. English.



0051

Type of Material:	Learning materials
Objectives/Specific Use:	Developing specific skills
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of life skills education; Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented - Life skills
Country/Region:	Global

**Abstract:**

The seven-part manual consists of over 50 different life skill-building ideas that can be adapted for use with any group. It explains about the life skills programme, peer education and facts about HIV/AIDS and STDs. It features interactive sessions grouped under three basic life skills - communication, decision-making and relationship skills - and provides a tool for practicing and

evaluating multiple life skills. The appendices present numerous warm-ups, games and other suggestions for making the sessions more interactive and lively.

**Descriptors:** Manual // Life skills // Peer education // Teaching-learning activities // HIV/AIDS basic facts // Sexually transmitted diseases // Games // HIV/AIDS



**Peer-based adolescent education.** New Delhi: UNESCO, n.d. 1 kit. Hindi.



0052

Type of Material:	Learning materials
Objectives/Specific Use:	Awareness and advocacy/promotion; Self-instructional
Educational Level:	Formal education - Secondary
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	India

**Abstract:**

The self-learning kit comprises 7 brochures, 12 booklets and 2 posters on health education for adolescents.

**Descriptors:** Self-learning package // Adolescence education // Health promotion // Booklets // Posters // Brochures // HIV/AIDS



**School health education to prevent AIDS and STD, a resource package for curriculum planners: student activities.** Geneva: WHO/UNESCO, 1994. 79 p. (WHO/GPA/CO/PRV/94.6b) English.

0053

Type of Material:	Learning materials
Objectives/Specific Use:	Behaviour change communication; Developing knowledge
Educational Level:	Formal education - Secondary
Introduction Approaches:	Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Global



**Abstract:**

This workbook, one of a three-part package, contains 53 student activities including worksheets. The activities are organised under four units in the areas of basic HIV/AIDS/STD knowledge; delaying sex; protected sex; and care and support for people with HIV/AIDS.

**Descriptors:** Student activities // HIV/AIDS basic facts // Reproductive health // HIV/AIDS risk behaviours // Communication skills // Condom usage // HIV/AIDS testing // Sexuality // Sexually transmitted diseases // HIV/AIDS care // Delayed sex // HIV/AIDS



State Family Planning Commission. **Flower season's bosom friend: teaching material for adolescent sex education.** Beijing: State Family Planning Commission, 2000. 35 p. English. (Also available in Chinese.)

0054

Type of Material:	Learning materials
Objectives/Specific Use:	Developing knowledge; Teaching/instruction
Educational Level:	Formal education - Secondary
Introduction Approaches:	Separate subject
Methodologies Used:	Mainly textual/lectures
Country/Region:	China



**Abstract:**

The booklet includes 12 chapters discussing the reproductive process, physiological and psychological changes accompanying adolescence, boy-girl relationships, contraception and STD/HIV/AIDS prevention. A quiz and two essays on love written by adolescents are featured.

**Descriptors:** Booklet // Sex education // Adolescent reproductive health // HIV/AIDS prevention // Contraceptive methods // Sexually transmitted diseases // HIV/AIDS



## AIDS Basics

Bhattarai, Komal (ed.).  
**AIDS**. Kathmandu:  
 Resource Center for  
 Primary Health Care, 1994.  
 22 p. (Booklet 2)  
 Nepali.



0055

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Awareness and advocacy/promotion; Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal

### Abstract:

The booklet contains basic information on HIV/AIDS and STDs: description of AIDS, modes of transmission, physiological and physical effects of HIV; ways of prevention; ways that do not result in transmission; women's chance of infection; and ways of stopping AIDS.

**Descriptors:** HIV/AIDS basic facts // HIV/AIDS impact // HIV/AIDS transmission // HIV/AIDS prevention // HIV/AIDS treatment // Sexually transmitted diseases // HIV/AIDS



Eastchester Middle School.  
**The AIDS handbook, written for middle school kids, by middle school kids.**  
 S.l.: s.n., 1997. [9] p.  
 English.

0056

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Developing knowledge
Educational Level:	Formal education - Secondary
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	USA

### Abstract:

The handbook contains basic information on AIDS prevention, transmission, symptoms, treatment and how the immune system fights diseases.

**Descriptors:** HIV/AIDS basic facts // HIV/AIDS prevention // HIV/AIDS transmission // HIV/AIDS symptoms // Immunology // HIV/AIDS

# RESOURCE/READING MATERIALS

**Information about HIV/AIDS – labourers should know.** Hanoi: CARE Australia, n.d. 62 p. Vietnamese.

0057

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

## Abstract:

The material contains the following: basic information on HIV/AIDS; HIV-risk behaviours; methods of HIV prevention; things related to HIV/AIDS-infected people at work places; care for people living with AIDS; and sexually transmitted diseases.

**Descriptors:** HIV/AIDS basic facts // HIV/AIDS risk behaviours // HIV/AIDS care // Sexually transmitted diseases // HIV/AIDS prevention // HIV/AIDS



**Learning facts for life: HIV/AIDS.** Yangon, Myanmar: UNICEF, 1999. 12 p. English.

0058

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Motivation; Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Myanmar



## Abstract:

A booklet explaining how AIDS is transmitted, how to prevent infection and healthy practices to reduce risks of infection. Self-check questions and suggested activities are included.

**Descriptors:** HIV/AIDS transmission // HIV/AIDS prevention // Health promotion // Learning activities // HIV/AIDS

Nguyen Quynh Trang; Efroymson, Debra (comp.). **Youth with love of life and knowledge about HIV/AIDS.** Hanoi: PATH Canada, n.d. 63 p. Vietnamese.

0059

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

**Abstract:**

The material is divided into two sections. The main section covers the AIDS situation in Viet Nam; definition of AIDS; difficulties faced by people with HIV/AIDS; modes of transmission, ways to avoid transmission; factors and behaviours that do not lead to infection; test information; and what needs to be done when infected. The special section contains information on condoms, risk reduction in drug injection, and answers to questions related to HIV/AIDS.

**Descriptors:** HIV/AIDS situationer // HIV/AIDS basic facts // HIV/AIDS impact // HIV/AIDS testing // Condom usage // Drug use and control // HIV/AIDS FAQ // HIV/AIDS



Paudal, Shalil. **HIV/AIDS.** Kathmandu: Center for Legal Research and Resource Development, 2001. 44 p. (Booklet 1) Nepali.

0060

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Awareness and advocacy/promotion; Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal



**Abstract:**

The booklet contains basic facts and information about HIV/AIDS: transmission, prevention, detection and treatment. It also contains a discussion of gender discrimination and risk of HIV, counselling for AIDS patients, symptoms experienced by HIV/AIDS positive people, the HIV situation in Nepal and sexually transmitted diseases.

**Descriptors:** HIV/AIDS basic facts // HIV/AIDS transmission // HIV/AIDS testing // HIV/AIDS prevention // HIV/AIDS treatment // Gender // HIV/AIDS risk behaviours // Counselling // HIV/AIDS symptoms // HIV/AIDS situationer // Sexually transmitted diseases // HIV/AIDS



# RESOURCE/READING MATERIALS

Pham Thi Mai Chi; Le Thi Ngoc Ai; Vu Yen Khanh (comp.).  
**The fact for AIDS control.**  
Hanoi: Ministry of Education and Training, 1995. 30 p.  
Vietnamese.



0061

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

## Abstract:

This fact book about AIDS contains the following major topics: definition of HIV/AIDS; dangers of HIV/AIDS, risks to women and children; effects of HIV/AIDS on oneself, family and society; causes of HIV/AIDS and control; steps for checking infection; treatment and care for an HIV/AIDS patient; and education and communication on HIV/AIDS. A self-check test is included at the end.

**Descriptors:** HIV/AIDS basic facts // HIV/AIDS risk behaviours // HIV/AIDS impact // HIV/AIDS care // HIV/AIDS treatment // IEC // HIV/AIDS



Phong Vien Quoc Anh et al. (comp.). **50 common questions of young people about HIV/AIDS.**  
Ho Chi Minh: Centre for Health Information and Education, 1997. 48 p.  
Vietnamese.

0062

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Developing knowledge
Educational Level:	Non-formal education - Mixed level ; Formal education - Secondary; Formal education - Higher education
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

## Abstract:

The material contains basic information on HIV/AIDS in a question-and-answer format divided into five sections: definition or description of AIDS; modes of transmission; tests; symptoms and care; and social issues.

**Descriptors:** HIV/AIDS basic facts // HIV/AIDS definition // HIV/AIDS transmission // HIV/AIDS testing // HIV/AIDS symptoms // HIV/AIDS care // Social issues // HIV/AIDS

Planned Parenthood Association of Thailand. **Lecturer's handbook on AIDS and family life education.** Bangkok: Planned Parenthood Association of Thailand, 1992. 90 p. Thai.

0063

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Teaching/instruction; For reference use
Educational Level:	Formal education - Higher education
Introduction Approaches:	Part of family life education
Methodologies Used:	Mainly textual/lectures
Country/Region:	Thailand



**Abstract:**

This is a reference material for teachers in vocational schools. It contains basic facts and information on AIDS and STDs (definition, symptoms, modes of transmission and care of people with HIV/AIDS), family life and AIDS, AIDS counselling (what it is, how to give counsel, types and skills), and AIDS education in vocational schools (AIDS-risk accidents such as those related to machine work and activities that promote information dissemination).

**Descriptors:** HIV/AIDS basic facts // Counselling // Family life education // HIV/AIDS care // HIV/AIDS risk behaviours // Vocational education // Sexually transmitted diseases // HIV/AIDS preventive education // HIV/AIDS



**Talking about AIDS.** Hanoi: UNAIDS Viet Nam, n.d. 20 p. Vietnamese.

0064

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

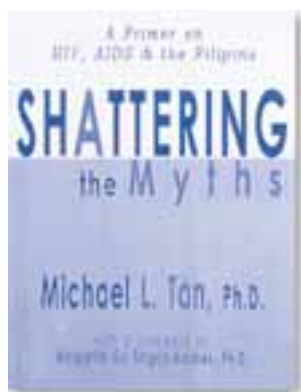
**Abstract:**

The material discusses some statistics on the AIDS epidemic; some points about HIV/AIDS that young people can and cannot discuss with adults; precautions against HIV; and questions and answers about HIV.

**Descriptors:** HIV/AIDS situationer // HIV/AIDS prevention // HIV/AIDS FAQ // HIV/AIDS

# RESOURCE/READING MATERIALS

Tan, Michael L.  
**Shattering the myths:  
a primer on HIV, AIDS and  
the Filipino.** Metro Manila:  
Anvil Publishing, Inc., 1997.  
124 p. English.



0065

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	For reference use; Developing knowledge
Educational Level:	Formal education - Higher education; Non-formal education - equivalent to higher education
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Philippines

## Abstract:

Myths that hamper HIV prevention by either creating complacency or fuelling irrational fears are debunked through critical thinking that pervades seven chapters, including essays, found in this primer. The first chapter begins by tracing AIDS from the HIV virus and examining its origins in Asia. Two chapters are devoted to disproving myths of HIV transmission and prevention, particularly in the Philippine setting. Following these is a chapter endorsing the importance of condoms in HIV prevention, and another chapter highlighting the current absence of any cure or vaccine against HIV. The last two chapters present the social, ethical and moral issues that affect the approach in fighting AIDS.

**Descriptors:** Resource book // HIV/AIDS myths // HIV/AIDS transmission // HIV/AIDS prevention // HIV/AIDS treatment // Condom usage // Social issues // HIV/AIDS



World Health Organization.  
Regional Office for the Western  
Pacific. **STI/HIV sexually  
transmitted infections:  
briefing kit for teachers.**  
Manila: WHO Regional Office  
for the Western Pacific, 2001.  
21 p. English.

0066

Type of Material:	Resource/reading materials - AIDS basics
Objectives/Specific Use:	Developing knowledge
Educational Level:	Formal education - Secondary; Formal education - Higher education
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Global



**Abstract:**

This is a teacher's resource for understanding sexually transmitted infections (STI), their health consequences on young people, and young people's behaviour. The importance of STI education is explained and general guidelines for teaching STI prevention are suggested. Other resources for STI education are listed under the Annex.

**Descriptors:** Teaching resource // Sexually transmitted diseases // HIV/AIDS preventive education // Teaching methodologies // Youth outreach // Adolescent reproductive health // Resource list // HIV/AIDS



## AIDS Stories

Adult Basic Education Society  
Teacher Empowerment Centre.  
**Spring season/Bahar ka  
mausam.** Islamabad:  
UNESCO, 2002.  
42 p. Urdu.

0067

Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Non-formal education - Neo literate
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Pakistan



**Abstract:**

In this story, the villager Hameed helps his friend with AIDS gain social acceptance by educating key people and elders in the village. Social problems linked with HIV/AIDS are highlighted through different incidents, characters and their interactions with each other. Consolation and sympathy towards people with AIDS is emphasised as a social responsibility.

**Descriptors:** Stories // Social issues // HIV/AIDS education // Health promotion // HIV/AIDS care // HIV/AIDS

# RESOURCE/READING MATERIALS

Bhattarai, Komal.  
**Story of Dil Maya [comic book]**. 6th ed. Kathmandu: Resource Centre for Primary Health Care, 1999. 32 p. (AIDS education series; booklet 4) Nepali.



0068

Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal

### Abstract:

The booklet contains the story of girls trafficking and spread of HIV/AIDS. Specifically, it relates the story of a girl who is sold at a brothel in India and subsequently contracts HIV/AIDS.

**Descriptors:** Comic books // Girls trafficking // Commercial sex // HIV/AIDS risk behaviours // HIV/AIDS



Bunyd Literacy and Community Council. **Common grief/Sanjha dukh**. Islamabad: UNESCO, 2002. 26 p. Urdu.



0069

Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Non-formal education - Neo literate
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Pakistan

### Abstract:

This story shows how Nazir, a villager with AIDS, emerges from extreme disappointment to a life devoted to educating people about HIV/AIDS.

**Descriptors:** Stories // HIV/AIDS education // Health promotion // HIV/AIDS

**Gadimai Village fair [comic book].**  
Lalitpur, Nepal: Himalayan Mountain Writers, 2001.  
24 p. Nepali.



0070

Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Awareness and advocacy/ promotion
Educational Level:	Formal education - Secondary
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal

**Abstract:**

The pictorial story book on girls trafficking presents how a village girl is sold by local pimps to a brothel in India and how she gets infected with HIV/AIDS.

**Descriptors:** Comic books // Girls trafficking // Commercial sex // HIV/AIDS risk behaviours // HIV/AIDS



Institute of Mass Education.  
Allama Iqbal Open University.  
**Wish for life/Zindagi ki arzoo.** Islamabad: UNESCO, 2002. 20 p. Urdu.



0071

Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Developing knowledge; Awareness and advocacy/ promotion
Educational Level:	Non-formal education - Neo literate
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Pakistan

**Abstract:**

This story tells how ignorance led Abdul to be infected with HIV/AIDS and the frustration of his wife over the event. In this story, the causes of HIV/AIDS and preventive measures against it have been explained through dialogues.

**Descriptors:** Stories // HIV/AIDS prevention // HIV/AIDS basic facts // HIV/AIDS care // HIV/AIDS



# RESOURCE/READING MATERIALS

Shrestha, Ashakaji. Adhikari, Prakash; Bhatta, Sitaram (eds.). **Compromise [comic book]**. Kathmandu: General Welfare Pratisthan, n.d. [14] p. Nepali.



0072

Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Mass media and IEC campaign
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal

### Abstract:

This pictorial story shows how a sex worker negotiates condom use with a customer. The proper way to use a condom is also illustrated and explained.

**Descriptors:** Comic book // Commercial sex // Condom usage // Behaviour change communication // HIV/AIDS



Sindh Education Foundation. **Fidelity/Wafa**. Islamabad: UNESCO, 2002. 22 p. Urdu.



0073

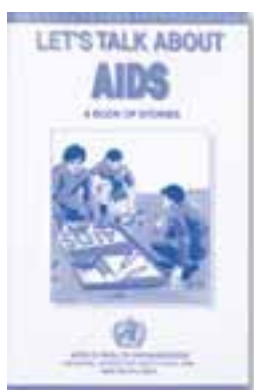
Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Non-formal education - Neo literate
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Pakistan

### Abstract:

This is the story of a rural couple who hear about HIV/AIDS from the television. Suspecting her husband to be infected with HIV/AIDS, the wife urges him to go for a medical check-up, which finally puts their fears to rest.

**Descriptors:** Stories // Health promotion // HIV/AIDS testing // HIV/AIDS

World Health Organization.  
Regional Office for South-East  
Asia. **Let's talk about AIDS:  
a book of stories.**  
New Delhi: WHO, 1994.  
36 p. English.



0074

Type of Material:	Resource/reading materials - AIDS stories
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Formal education - Secondary
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Asia

### Abstract:

This booklet is a collection of five stories from Asia highlighting different aspects of HIV/AIDS care and prevention. A school drama club's struggle in producing a play on AIDS and a young man's desire to live on despite having AIDS are told. Two other stories describe how a girl overcomes her fears about AIDS and the consequences faced by a family after the death of a member from AIDS. The last story recounts how a young girl who has been tricked into the sex trade gets another chance to follow her dream. This booklet also contains basic facts about AIDS and could be used in the classroom and distributed for reading by children above 14 years of age.

**Descriptors:** Stories // Booklet // HIV/AIDS care // HIV/AIDS prevention // HIV/AIDS preventive education // HIV/AIDS FAQ // HIV/AIDS



## HIV/AIDS Prevention and Care

**Advantages of using condoms.** Kathmandu:  
National Center for AIDS and  
STD Control, Health Service  
Division, Ministry of Health, n.d.  
[8] p. (Booklet 7)  
Nepali.

0075

Type of Material:	Resource/reading materials - HIV/AIDS prevention and care
Objectives/Specific Use:	Awareness and advocacy/promotion; Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal

# RESOURCE/READING MATERIALS



## Abstract:

The booklet contains basic information on condoms: description, benefits, types available in the market and steps in using them.

**Descriptors:** Booklet // Condom usage // HIV/AIDS prevention // HIV/AIDS



Chung A et al. (comp.).  
**With hope and help.**  
Hanoi: Health Publisher, 2001.  
63 p. Vietnamese.

0076

Type of Material:	Resource/reading materials - HIV/AIDS prevention and care
Objectives/Specific Use:	Health care; Developing specific skills; Motivation
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

## Abstract:

The material deals with home care for people with HIV/AIDS. It explores the reasons for home care, offers precautions against the disease and discusses how to help people with HIV/AIDS gain a more positive outlook in life. It describes the diseases to watch out for in people with HIV/AIDS and the corresponding treatment to these.

**Descriptors:** HIV/AIDS care // Health promotion // HIV/AIDS treatment // Living with AIDS // HIV/AIDS



Le Ngoc Yen et al. (comp.).  
**Handbook for peer educators on AIDS prevention.** Hanoi: National Committee for AIDS Prevention; UNDCP, n.d. 45 p. Vietnamese.

0077

Type of Material:	Resource/reading materials - HIV/AIDS prevention and care
Objectives/Specific Use:	Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

**Abstract:**

This handbook provides peer educators with information on: description or definition of HIV/AIDS; early discovery of AIDS; drugs and AIDS; sexuality and AIDS; peer education and living together with HIV/AIDS-positive people.

**Descriptors:** HIV/AIDS basic facts // HIV/AIDS definition // Peer education // Drug use and control // HIV/AIDS care // Sexuality // Handbook // HIV/AIDS



**Roles and responsibilities of adolescent boys and girls.**

New Delhi, India: Deepalaya, n.d. [5] p. English.

0078

Type of Material:	Resource/reading materials - HIV/AIDS prevention and care
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Others
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	India

**Abstract:**

This brochure aims to build awareness on how gender roles and gender discrimination affect lives. It cites among other examples the gender-related factors that bring about the rapid spread of HIV among females. It ends with a call to change gender expectations.

**Descriptors:** Brochure // Gender roles // Gender issues // HIV/AIDS transmission // HIV/AIDS



UNICEF; Red Cross.  
**Things men need to know in love.** Hanoi: UNICEF; Red Cross, 1999. 23 p. Vietnamese.

0079

Type of Material:	Resource/reading materials - HIV/AIDS prevention and care
Objectives/Specific Use:	Behaviour change communication; Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

**Abstract:**

The booklet, specifically catering to men, provides information on safe sex to minimise HIV/AIDS transmission.

**Descriptors:** Behaviour change // Safe sex // HIV/AIDS transmission // Condom usage // Booklet // HIV/AIDS

# RESOURCE/READING MATERIALS

UNICEF; Red Cross.  
**Things women need to know in love.** Hanoi: UNICEF; Red Cross, 1999. 23 p. Vietnamese.

0080

Type of Material:	Resource/reading materials - HIV/AIDS prevention and care
Objectives/Specific Use:	Behaviour change communication; Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

## Abstract:

The booklet, specifically catering to women, provides information on safe sex to minimise HIV/AIDS transmission.

**Descriptors:** Behaviour change // Safe sex // HIV/AIDS transmission // Condom usage // Booklet // HIV/AIDS



**With the remaining days.**  
Ho Chi Minh: AIDS Programme, 1998. 58 p. Vietnamese.

0081

Type of Material:	Resource/reading materials - HIV/AIDS prevention and care
Objectives/Specific Use:	Developing knowledge; Motivation
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Viet Nam

## Abstract:

The information provided by the booklet helps one to understand his feelings and those of others regarding HIV/AIDS, particularly in terms of living positively with HIV/AIDS.

**Descriptors:** Living with AIDS // HIV/AIDS care // Booklet // HIV/AIDS

## Reproductive Health and Sexuality

GTZ EPOS Health Consultants; UNFPA. **Teenagers' world about love, friendship, etc. for adolescents of 14 years and older.** Tashkent: GTZ EPOS Health Consultants; UNFPA, 1999. 47 p. Uzbek.



0082

Type of Material:	Resource/reading materials - Reproductive health and sexuality
Objectives/Specific Use:	Developing knowledge; Developing specific skills
Educational Level:	Non-formal education - equivalent to secondary
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Uzbekistan

### Abstract:

The brochure contains information on the male and female reproductive systems; teenagers' feelings and relationships with other people such as parents and friends; love; sexuality; safe sex; contraceptives; and sexual violence.

**Descriptors:** Anatomy // Adolescent sexuality // Sexuality // Safe sex // Contraceptive methods // Sexual violence // HIV/AIDS



**Reproductive health handbook for community workers/volunteers.** Kathmandu: EC/UNFPA RHI Umbrella Project for Nepal and Ministry of Health, n.d. 42 p. Nepali.

0083

Type of Material:	Resource/reading materials - Reproductive health and sexuality
Objectives/Specific Use:	Communication and motivation; Counselling
Educational Level:	Practitioners
Introduction Approaches:	Integrated into health centre/ clinic programme
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal



# RESOURCE/READING MATERIALS



## Abstract:

This handbook assists field workers in providing reproductive health education and counselling during community visits. It covers 13 topics with illustrations: family planning, safe motherhood, newborn care, RTI/HIV/AIDS, infertility prevention and treatment, adolescent reproductive health, reproductive health of elderly women, male participation in reproductive health, reproductive rights, gender equality, women's empowerment and reproductive health services at the community level.

**Descriptors:** Handbook // Family planning // Sexually transmitted diseases // HIV/AIDS basic facts // Infertility // Adolescent reproductive health // Reproductive rights // Gender // Health services // HIV/AIDS



Tim Sahabat Remaja PKBI DIY.  
**Question-answer about sexuality/Tanya jawab: seputar seksualitas remaja.**  
2nd ed. Yogyakarta: Lentera Sahaja PKBI DIY, 1999.  
118 [5] p. Indonesian.

0084

Type of Material:	Resource/reading materials - Reproductive health and sexuality
Objectives/Specific Use:	For reference use
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Indonesia



## Abstract:

This book answers 204 questions on the reproductive system and associated problems, sexuality and relationships, sex education, STD/AIDS, pregnancy, and sexual harassment.

**Descriptors:** Booklet // Reproductive health // Sexuality // Sexually transmitted diseases // Sex education // Sexual violence // HIV/AIDS FAQ // HIV/AIDS

**What is an STD?.**  
Tashkent: UNESCO, n.d.  
16 p. Uzbek.



0085

Type of Material:	Resource/reading materials - Reproductive health and sexuality
Objectives/Specific Use:	Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Uzbekistan

**Abstract:**

This brochure explains about sexually transmitted diseases, how to avoid them, and the behaviours that increase or reduce the risk of contracting STDs, particularly HIV/AIDS. The symptoms, cause, treatment, potential complication and precautions to observe for ten common STDs are described.

**Descriptors:** Sexually transmitted diseases // HIV/AIDS basic facts // HIV/AIDS risk behaviours // HIV/AIDS prevention // HIV/AIDS



**Women and health:  
education and training book.**  
Ulaanbaatar: UNFPA; Margaret  
Sanger Centre International,  
2001. 209 p.  
Mongolian.



0086

Type of Material:	Resource/reading materials - Reproductive health and sexuality
Objectives/Specific Use:	For reference use; Developing specific skills
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes; Integrated into health centre/clinic programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory- oriented activities
Country/Region:	Mongolia

**Abstract:**

The material covers 24 chapters focusing on women's health, STI/HIV/AIDS, infertility, pregnancy, and menopause.

**Descriptors:** Resource book // Reproductive health // HIV/AIDS basic facts // Sexually transmitted diseases // Infertility // HIV/AIDS

## Counselling and Care

Counselling for Saving from HIV/AIDS; Save the Children US, UNAIDS, AIDSCAP.

**Training manual.**

[Kathmandu]: Save the Children US, UNAIDS, AIDSCAP, n.d. 117 p. Nepali.



0087

Type of Material:	Training materials - Counselling and care
Objectives/Specific Use:	Training/seminar/workshop; Counselling
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Nepal

**Abstract:**

The manual contains a module for a five-day training course for counselling on HIV/AIDS protection. It includes: communication skills; condom overview; an exercise on sex terminology; risk determination; and post training evaluation.

**Descriptors:** Training manual // Counselling // Communication skills // Condom usage // HIV/AIDS risk behaviours // HIV/AIDS



Johns Hopkins University, Center for Communication Programs (JHU/CCP); Family Health International.

**Training guide on interpersonal communication and counseling on HIV/AIDS and sexually transmitted infections (STIs).**

Baltimore, MD: JHU/CCP, 2001. English.

0088

Type of Material:	Training materials - Counselling and care
Objectives/Specific Use:	Counselling; IEC
Educational Level:	Non-formal education - equivalent to Secondary
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Nepal

# TRAINING MATERIALS



## Abstract:

This training manual aims to improve interpersonal communication skills of field workers in HIV/AIDS and STI prevention. It is divided into eleven modules, covering the following: introduction to training; basic information on HIV/AIDS and risk reduction behaviour; sexually transmitted infections (STIs); sexuality and safer sex; interpersonal communication (IPC); counselling; listening skills; questioning skills; counselling and clients' rights; using communication materials for effective communication and counselling; and self-assessment tool and peer supervisor's checklist on IPC.

**Descriptors:** Training manual // Communication skills // HIV/AIDS basic facts // HIV/AIDS risk behaviours // Sexually transmitted diseases // Sexuality // Safe sex // Counselling // HIV/AIDS



Landfield, Katherine.  
**Handbook of practical guidelines on home care for people living with HIV/AIDS.** Hanoi: UNICEF Viet Nam, 1999. 57 p.  
Vietnamese.

0089

Type of Material:	Training materials – Counselling and care
Objectives/Specific Use:	Teaching/instruction; Health care
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory- oriented activities
Country/Region:	Viet Nam

## Abstract:

The handbook contains a training module for HIV/AIDS care providers, specifically home care providers. It defines home care and provides basic information on HIV such as modes of transmission. It also discusses the types of home care and assistance to be extended to people with HIV/AIDS and healthcare activities for them.

**Descriptors:** Handbook // Training manual // HIV/AIDS care // Health promotion // HIV/AIDS basic facts // Living with AIDS // HIV/AIDS

National Committee for AIDS Prevention and Drug and Prostitution Control.

**Training manual: introduction to HIV/AIDS counselling skills.** Hanoi: National AIDS Standing Bureau, n.d. 87 p. English.

0090

Type of Material:	Training materials - Counselling and care
Objectives/Specific Use:	Counselling; Training/seminar/workshop; IEC
Educational Level:	Training - Basic; Training - Advance
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Viet Nam

**Abstract:**

This manual outlines the objectives, materials, implementation procedure and instructions for a 12-session training programme on HIV/AIDS counselling. The sessions give an overview of HIV/AIDS and counselling basics, zeroing in on the understanding and care of HIV positive people. The profile and skills of a counsellor are examined, and sufficient time is provided to practice communication, listening and responding skills. Practice sessions on HIV/AIDS counselling are also offered.

**Descriptors:** Training manual // Counselling // HIV/AIDS basic facts // HIV/AIDS care // Communication skills // HIV/AIDS



Nguyen Thi Thuong; Lai The Su (comp.). **Adolescent reproductive health, book 3.** Hanoi: UNFPA; Ho Chi Minh Communist Youth, 2000. 71 p. Vietnamese.

0091

Type of Material:	Training materials - Counselling and care
Objectives/Specific Use:	Counselling
Educational Level:	Training - Basic
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Viet Nam



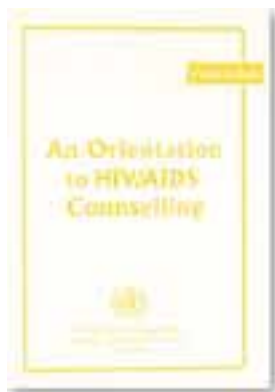
**Abstract:**

This book covers the contents of a two-day training on adolescent reproductive health (ARH) counselling. The contents offer an overview of ARH counselling; ARH counselling skills; integration of ARH counselling activities with other social issues; exercises on direct counselling and telephone counselling; exercises on community counselling; and experience sharing and visit with an ARH counselling centre.

**Descriptors:** Training manual // Adolescent reproductive health // Counselling // Teaching-learning activities // Social issues // HIV/AIDS

# TRAINING MATERIALS

World Health Organization.  
Regional Office for South-East  
Asia. **An orientation to  
HIV/AIDS counselling:  
a guide for trainers.**  
New Delhi: WHO/SEARO,  
1994. 125 p.  
English.



<b>0092</b>	
Type of Material:	Training materials – Counselling and care
Objectives/Specific Use:	Counselling; Training/seminar/workshop; Orientation
Educational Level:	Training – Basic
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Southeast Asia

## Abstract:

This guide serves as an introductory programme or an orientation to counselling. It contains seven training modules that deal with: basic information on STD/HIV; nature and purpose of HIV counselling; values and attitudes of a good counsellor; effective counselling techniques; sexuality; sensitive issues and risk reduction; pre- and post-test counselling; and problem-solving. This publication could be adapted in individual countries to suit the local and culture-specific training needs of counsellors dealing with people affected by HIV infection and AIDS as well as their families.

**Descriptors:** Training manual // Counselling // Sexuality // HIV/AIDS testing // HIV/AIDS care // Sexually transmitted diseases // HIV/AIDS



## HIV/AIDS Basic Training

**Action with youth  
HIV/AIDS and STD:  
a training manual for young  
people.** 2nd ed. Geneva:  
International Federation of Red  
Cross and Red Crescent  
Societies, 2000 184 p.  
English.

<b>0093</b>	
Type of Material:	Training materials – HIV/AIDS basic training
Objectives/Specific Use:	Developing specific skills; Developing knowledge; Training/ seminar/workshop
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory- oriented activities
Country/Region:	Global





**Abstract:**

Despite their vulnerability, young people are also a force in fighting the AIDS epidemic. This manual is useful to them as they set up HIV/AIDS health promotion programmes with groups of their own age. The different sections of the manual provide information about HIV/AIDS and the impact of the epidemic; prepare youth leaders to deal with their own concerns related to HIV/AIDS as well as their role as peer educators; suggest a method of planning and evaluating an HIV/STD health promotion programme for youth; present activities with youth groups (including warm-up, setting ground rules, values/attitudes and skills-building activities); and give ideas for HIV/STD health promotion projects that can be carried out by young people in the community.

**Descriptors:** Resource package // Peer education // Youth outreach // HIV/AIDS basic facts // Programme planning // Evaluation // Health promotion // Teaching-learning activities // Training manual // Sexually transmitted diseases // HIV/AIDS



Kusniati, Nunuk; Riati, Rin  
**STD & HIV/AIDS/PMS & HIV/AIDS.** 3rd ed. Jakarta: Indonesia Planned Parenthood Association, 2000. 84 p. Indonesian.

0094

Type of Material:	Training materials - HIV/AIDS basic training
Objectives/Specific Use:	Training/seminar/workshop
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Indonesia



**Abstract:**

This module provides exercises, reading materials, visual aids and teaching plans on the transmission, prevention, and treatment of STDs and HIV/AIDS, in particular. Support and care for people with HIV/AIDS is also discussed.

**Descriptors:** Training manual // Teaching-learning activities // HIV/AIDS transmission // HIV/AIDS prevention // HIV/AIDS treatment // HIV/AIDS care // Sexually transmitted diseases // HIV/AIDS

# TRAINING MATERIALS

Ministry of Health. Department of Health Services. National Centre for AIDS and STD Control. **Trainer's guide on HIV/AIDS orientation (for the orientation of medium level health workers)**. Kathmandu: National Centre for AIDS and STD Control, 2000. 58 p. [15] p. English, Nepali.



0095

Type of Material:	Training materials - HIV/AIDS basic training
Objectives/Specific Use:	Training/seminar/workshop; Orientation
Educational Level:	Practitioners
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Nepal

## Abstract:

This guide for trainers is designed to help in the HIV/AIDS orientation of medium level health workers such as health assistants, staff nurses, laboratory technicians, auxiliary health workers, and midwives at the regional, sub-regional and district levels of Nepal. It provides the procedures in conducting eight sessions or modules covering these topics: facts and issues on HIV/AIDS; socio-economic impact of HIV/AIDS; clinical aspects of HIV/AIDS; prevention of HIV/AIDS; universal precautions; sexually transmitted diseases; counselling on HIV/AIDS; and the National AIDS Programme of Nepal.

**Descriptors:** Training manual // HIV/AIDS basic facts // HIV/AIDS impact // Clinical management // Sexually transmitted diseases // HIV/AIDS programmes // Counselling // HIV/AIDS



Nepal Administrative Staff College. Management Guidance Department. **A training package on advocacy of HIV/AIDS and STD for policy makers and government officials**. [Kathmandu]: National Centre for AIDS and STD Control – UNAIDS, 1999. 64, 40 [9] p. English, Nepali.

0096

Type of Material:	Training materials - HIV/AIDS basic training
Objectives/Specific Use:	Awareness and advocacy/promotion; Policy making; Training/seminar/workshop
Educational Level:	Management; Training - Basic
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Nepal

**Abstract:**

The correct understanding of HIV/AIDS/STD by government officials is crucial in the development of a broad strategy for prevention. This training package covers basic HIV/AIDS information; economic and social implications of HIV/AIDS; and monitoring HIV prevention in the workplace. Examples of HIV/AIDS personnel policies and a summary of agencies devoted to HIV/AIDS prevention programmes in Nepal are provided. Contents of the package may be taken up in two to three days of intense training sessions.

**Descriptors:** Training manual // HIV/AIDS basic facts // HIV/AIDS impact // Policy formulation // HIV/AIDS programmes // Sexually transmitted diseases // HIV/AIDS



Nguyen, Dinh Huong (ed.).  
**Health, development of the youth and adolescents: prevention of HIV/AIDS, materials for youth motivators.** Hanoi: UNICEF; Red Cross, 2000. 138 p. Vietnamese.

0097

Type of Material:	Training materials - HIV/AIDS basic training
Objectives/Specific Use:	Training/seminar/workshop
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented - Life skills
Country/Region:	Viet Nam

**Abstract:**

This training material contains information on body changes during puberty; male and female reproductive systems; HIV/AIDS; life skills for safe sex and prevention of HIV/AIDS; training essentials; training methodologies and tools; training organisation and implementation; and evaluation.

**Descriptors:** Training manual // Puberty // Anatomy // HIV/AIDS basic facts // Life skills // Safe sex // HIV/AIDS prevention // Programme implementation // Evaluation // HIV/AIDS



**Our health and HIV AIDS: training manual for young women and men.**  
 Islamabad: UNICEF, [2001]. 87 p. English.

0098

Type of Material:	Training materials - HIV/AIDS basic training
Objectives/Specific Use:	Awareness and advocacy/promotion; Training/seminar/workshop; Developing specific skills
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented - Life skills
Country/Region:	Pakistan



**Abstract:**

This manual aims to facilitate the training of youth and married women in health promotion. It emphasises health concerns such as reproductive health, HIV/AIDS, STDs and tuberculosis. It also promotes development of skills such as community-based counselling, friend-to-friend education, decision-making and problem solving towards happy and healthy living. Guidelines for facilitating the discussion of these topics are provided in nine lessons.

**Descriptors:** Training manual // Health promotion // Life skills // Peer education // Counselling // HIV/AIDS



Silviane, Inne, et al.  
**Manual on basic training of 'PIPR', HIV/AIDS and family research and development programme/ Panduan pelatihan dasar program PIPR, HIV/AIDS dan P2K.** Jakarta: The Indonesian Planned Parenthood Association, 1997. 97 p. Indonesian.

0099

Type of Material:	Training materials - HIV/AIDS basic training
Objectives/Specific Use:	Training/seminar/workshop; Programme formulation
Educational Level:	Training - Basic
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Indonesia



**Abstract:**

This training module is designed to develop human resources in communities. It is useful for PKBI personnel in reviewing problems; developing project concepts; and managing, monitoring and evaluating projects related to adolescent, HIV/AIDS, and family research and development issues. It includes an orientation to NGOs working in reproductive health, particularly PKBI, and a section on motivating a team towards project directives.

**Descriptors:** Training manual // Programme planning // Adolescent reproductive health // HIV/AIDS programmes // Social research // Team building // Evaluation // HIV/AIDS

Suvedi, B.K.  
**Proceedings: Orientation Training on HIV/AIDS and STDs for AMK Volunteers/ Trainers, 22-24 March 2001.**  
 Lalitpur, Nepal: RHI Umbrella Project for Nepal, 2001.  
 9, 5 [6] p. English, Nepali.

0100

Type of Material:	Training materials – HIV/AIDS basic training
Objectives/Specific Use:	Orientation; Developing knowledge; Programme formulation
Educational Level:	Practitioners
Introduction Approaches:	Generic material
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal

**Abstract:**

The material documents the day-to-day proceedings of a three-day HIV/AIDS/STDs orientation training held in Bakhumdol, Lalitpur on 22-24 March 2001. The topics covered were: epidemiology of HIV/AIDS; modes of transmission of HIV/AIDS; prevention of HIV/AIDS; sexually transmitted diseases (STDs); psycho-social aspects of HIV/AIDS; HIV/AIDS counselling; HIV/AIDS prevention activities; and development of district work plans. The workshop output is found in the annex.

**Descriptors:** Training report // HIV/AIDS basic facts // HIV/AIDS impact // Counselling // Programme planning // Training // HIV/AIDS transmission // Sexually transmitted diseases // HIV/AIDS prevention // HIV/AIDS



## HIV/AIDS Communication

Acharya, Dev Raj (ed.).  
**Training manual for facilitator/animators on HIV/AIDS and STD.**  
 Kathmandu: General Welfare Pratisthan/FHI Programme, n.d. 69 p. Nepali.

0101

Type of Material:	Training materials – HIV/AIDS communication
Objectives/Specific Use:	Training/seminar/workshop; Behaviour change communication
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Nepal

**Abstract:**

The manual covers the following: national and international situation on HIV/AIDS; reproductive health and anatomy; facts on HIV/AIDS; behaviour change; sex and sexuality; STD and proper treatment; use of condom; role of a friend-teacher; and use of IEC materials.

**Descriptors:** HIV/AIDS situationer // Reproductive health // Anatomy // HIV/AIDS basic facts // Sexuality // Sexually transmitted diseases // IEC // Communication skills // Training manual // Behaviour change communication // HIV/AIDS

# TRAINING MATERIALS

Acharya, Dev Raj (ed.).  
**Training manual for the facilitators who are involved in behavioural change program on HIV/AIDS and STD.** Kathmandu: General Welfare Pratisthan/FHI Project, n.d. (various pagings). English, Nepali.

0102

Type of Material:	Training materials - HIV/AIDS communication
Objectives/Specific Use:	Training/seminar/workshop; Orientation
Educational Level:	Training - Advance
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Nepal

## Abstract:

The manual provides a three-day curriculum for the orientation and communication training on STD/HIV/AIDS and girls trafficking. It also contains fact sheets on HIV/AIDS/STDs and related information such as modes of transmission and prevention; condom overview; and elements of outreach and peer education.

**Descriptors:** Training manual // HIV/AIDS basic facts // Sexually transmitted diseases // Girls trafficking // Condom usage // Peer education // Behaviour change communication // HIV/AIDS



Bhatta, Govind Ballav; Witet, Skat; Shah, Nur Jung (eds.).  
**Training manual for facilitator/ animator on HIV/AIDS/STD.** Kathmandu: General Welfare Pratisthan; USAID; FHI; AIDSCAP, n.d. 81 p. Nepali.

0103

Type of Material:	Training materials - HIV/AIDS communication
Objectives/Specific Use:	Developing knowledge; Behaviour change communication
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Nepal

## Abstract:

The manual discusses the facilitator's function and need for training or education. It then covers HIV/AIDS/STD-related facts such as modes of transmission, symptoms of HIV/AIDS; use of condoms and ways of providing information on HIV/AIDS/STD to peers.

**Descriptors:** Training manual // HIV/AIDS basic facts // Sexually transmitted diseases // HIV/AIDS transmission // HIV/AIDS symptoms // Condom usage // Peer education // HIV/AIDS



**Information education communication training package in STD/HIV/AIDS awareness for NGO personnel.** Almaty, Kazakhstan: UNESCO/UNAIDS, 1999. 64 [4] p. English.

0104

Type of Material:	Training materials – HIV/AIDS communication
Objectives/Specific Use:	Developing knowledge; Developing specific skills; Training/seminar/workshop; Awareness and advocacy/ promotion
Educational Level:	Practitioners
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Kazakhstan

**Abstract:**

This training package, primarily intended for training NGOs, consists of six parts: a video on the HIV/AIDS epidemic, with a focus on Kazakhstan; a trainer's guide to training rules, dynamics and techniques; a sample 12-session training including topics on HIV/AIDS as a national priority, the health promotion concept, dealing with risky behaviour, and communication channels; an evaluation form; a background reader on the steps to project planning, the basics of AIDS, STDs and drugs, working with groups of high-risk behaviour, and global HIV statistics; and a set of overhead sheets bearing UNAIDS statistics.

**Descriptors:** Training manual // IEC // HIV/AIDS situationer // Health promotion // Communication skills // HIV/AIDS basic facts // Programme planning // Drug use and control // Sexually transmitted diseases // HIV/AIDS risk behaviours // NGOs // HIV/AIDS



**Information education communication training package in STD/HIV/AIDS awareness for media personnel.** Almaty, Kazakhstan: UNESCO/UNAIDS, 1999. 63 [9] p. English.

0105

Type of Material:	Training materials – HIV/AIDS communication
Objectives/Specific Use:	Developing knowledge; Developing specific skills; Mass media and IEC campaign
Educational Level:	Training – Basic
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Kazakhstan

**Abstract:**

The training package is to be used primarily for conducting a one-day training workshop for media professionals. The package contains a video dealing with the HIV/AIDS epidemic, with a focus on Kazakhstan. It also offers a complete 12-session training programme including topics on the HIV/AIDS epidemic, communication channels, interviewing people with HIV/AIDS, delivering a message to Kazak youth and gender issues; an evaluation form;

# TRAINING MATERIALS

a background reader expounding on the basics of AIDS, STDs and drugs, developing communication programmes, reporting and local agencies to contact; and a set of overhead sheets of UNAIDS statistics and guidelines for journalists.

**Descriptors:** Training manual // IEC // HIV/AIDS situationer // Mass media // Communication skills // Youth outreach // Gender // HIV/AIDS basic facts // Programme planning // Resource list // Mass media campaign // Sexually transmitted diseases // HIV/AIDS



**'Train the trainers' workshop: PEP/UNESCO – Nepal.** Los Angeles: Peer Education Program of Los Angeles, 2001. 25 p. English.

0106

Type of Material:	Training materials – HIV/AIDS communication
Objectives/Specific Use:	Training/seminar/workshop; Developing knowledge; Communication and motivation
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Nepal

## Abstract:

This material presents an outline of a workshop aimed to: teach how to effectively reach out with messages on avoiding exposure to HIV and promoting healthy lifestyles; and elevate the care, compassion and hope for Nepali people living with HIV/AIDS. The workshop tackles the HIV/AIDS challenges, barriers to prevention, global and national statistics, medical perspectives, transmission, prevention and issues faced by various populations particularly people with HIV/AIDS. It also provides skills for communicating on HIV/AIDS, including counselling and public speaking skills.

**Descriptors:** Training manual // HIV/AIDS situationer // HIV/AIDS basic facts // HIV/AIDS care // HIV/AIDS impact // Communication skills // Counselling // HIV/AIDS



## Life Skills

Carl, Greg; Nonhathorn Chaiphech. **Activity handbook for the project 'Love with Confidence'**. Bangkok: Thai Red Cross AIDS Research Centre, 1998. 18 p. English.

0107

Type of Material:	Training materials – Life skills
Objectives/Specific Use:	Developing specific skills
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Life skills
Country/Region:	Thailand

**Abstract:**

This training curriculum consists of various activities that help build and strengthen life skills needed in the prevention of HIV and STI. The activities include an examination of personal goals, the impact of HIV infection, personal and peer sexual behaviour, ways to solve problems, ways to communicate and ways to express love. The activities also show participants that HIV-antibody testing is the only way of telling who is infected, and helps them analyse the most appropriate time for HIV testing in the context of marriage.

**Descriptors:** Training curriculum // Life skills // HIV/AIDS prevention // HIV/AIDS testing // Sexually transmitted diseases // Sexual behaviours // HIV/AIDS



Lai The Su; Tran Van Mieu (comp.). **Youth health and living skills.** Hanoi: Ho Chi Minh Communist Youth; UNFPA; Population and Development International, n.d. 208 p. Vietnamese.

0108

Type of Material:	Training materials - Life skills
Objectives/Specific Use:	Training/seminar/workshop; Developing specific skills
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory- oriented activities
Country/Region:	Viet Nam



**Abstract:**

The material covers the contents of a training programme on youth health and life skills for youth group leaders. The contents are: introduction to support group for youth health and life skills; process of sexual development; birth control; reproductive health and sexually transmitted diseases; HIV/AIDS infection; sexual relationship; young people's health; partner choice; sex recognition; young people with job-creating and income-generating activities; peer education and communication skills; and becoming a community guide.

**Descriptors:** Training manual // Health promotion // Life skills // Sexuality // Reproductive health // Sexually transmitted diseases // Peer education // Communication skills // HIV/AIDS

# TRAINING MATERIALS

Royal Thai Air Force.  
Directorate of Medical Services.  
Preventive Medical Department.  
**Lecturer's handbook on  
Quality of Life Project for  
the enlisted officers of the  
Royal Thai Air Force.**  
Bangkok: s.n., 2002.  
102 p. Thai.

0109

Type of Material:	Training materials – Life skills
Objectives/Specific Use:	Training/seminar/workshop; Health care
Educational Level:	Training – Basic
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Thailand

## Abstract:

The handbook contains the training programme on quality of life for the Royal Thai Air Force. The topics covered include: safer sex; condom use; effects of drug addiction; developing self confidence; controlling anger; releasing tension; and various life skills.

**Descriptors:** Training manual // HIV/AIDS prevention // Safe sex // Condom usage // Drug use and control // Life skills // HIV/AIDS



UNICEF.  
**Life skills-based education  
for drug use prevention  
training manual. S.I.:**  
UNICEF, n.d. 301 p.  
English.

0110

Type of Material:	Training materials – Life skills
Objectives/Specific Use:	Behaviour change communication
Educational Level:	Formal education – Secondary; Non-formal education – equivalent of Secondary
Introduction Approaches:	Separate subject; Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Life skills
Country/Region:	Global

## Abstract:

The aim of this manual is to introduce teachers and others who work with young people to a way of teaching drug education and other health issues such as HIV/AIDS based on the development of links between knowledge, value and skills. The contents of the manual are: an introduction to its approach, planning for life skills-based education for drug use prevention, activities for developing various life skills (communication, decision-making, assertion, self-awareness building skills and coping and stress management skills), facilitation methods, workshop organisation, and background information to drugs and HIV/AIDS.

**Descriptors:** Training manual // Teaching-learning activities // Teaching techniques // Programme planning // Drug use and control // Life skills // Peer education // Counselling // HIV/AIDS

## Peer Education

**Adolescent reproductive health peer education: a trainer's manual.** Beijing: China Family Planning Association, 2000. 47 p. Chinese.

0111

Type of Material:	Training materials - Peer education
Objectives/Specific Use:	Awareness and advocacy/promotion
Educational Level:	Formal education - Higher education
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	China

### Abstract:

The manual includes instructions for implementing a peer education training programme. It provides objectives and methods for various topics including values clarification, understanding love and sexuality and effects of unsafe sexual behaviours.

**Descriptors:** Training manual // Peer education // Adolescent reproductive health // Sexually transmitted diseases // HIV/AIDS prevention // Sexuality // Sexual behaviours // HIV/AIDS



**HIV/AIDS training for teen peer educators with PEP/UNESCO – Nepal.** Los Angeles: Peer Education Program of Los Angeles, 2001. 17 p. English.

0112

Type of Material:	Training materials - Peer education
Objectives/Specific Use:	Training/seminar/workshop; Developing knowledge; Communication and motivation
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Nepal

### Abstract:

The material presents an outline of a workshop for teen peer educators in Nepal regarding HIV/AIDS prevention through a peer education programme aimed at reduction of HIV infections among Nepali teens and ending the discrimination of friends who live with HIV/AIDS. The workshop teaches how to educate peers on avoiding exposure to AIDS and provides basic information on HIV transmission and prevention. It also offers to build communication skills and strategies through role-playing exercises in the context of Nepali culture and language.

**Descriptors:** Training manual // Peer education // HIV/AIDS basic facts // Communication skills // HIV/AIDS

# TRAINING MATERIALS

Malla, Dhana et al.  
**A training manual on HIV/AIDS peer education.**  
Kathmandu: Save the Children – US Himalayan Field Office, 1998. 86, A-28 p. English, Nepali.



Type of Material:	Training materials – Peer education
Objectives/Specific Use:	Training/seminar/workshop; Developing specific skills
Educational Level:	Non-formal education – Mixed level
Introduction Approaches: Methodologies Used:	Part of training programme Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Nepal

0113

## Abstract:

This manual provides the basic concepts of peer education approaches to trainees and helps them develop skills to impart HIV/AIDS and related information to their peers. It focuses on four major areas: the peer education approach in general; HIV/AIDS/STD information; sex and sexuality information; and communication skills and techniques. The manual includes a five-day training curriculum, covering objectives, duration, methodologies, process and materials required.

**Descriptors:** Training manual // HIV/AIDS basic facts // Peer education // Sexuality // Communication skills // Sexually transmitted diseases // HIV/AIDS



Nonthathorn Chaiphech.  
**Youth Peer Education Program Refresher Workshop, the Republic of Korea National Red Cross Seoul Training Center, Kyonggi Province, 6-8 August 1999.** Bangkok: Thai Red Cross AIDS Research Centre, 1999. 31 [9] p. English.

Type of Material:	Training materials – Peer education
Objectives/Specific Use:	Developing specific skills
Educational Level:	Training – Refresher
Introduction Approaches: Methodologies Used:	Part of training programme Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	Korea

0114

## Abstract:

The material contains the format of a workshop organised by the Republic of Korea National Red Cross for youth leaders who will be trained as peer educators. It focuses on the activities for each workshop session, detailing objectives, instructions in doing a specific activity, questions for discussion and tips for facilitators in handling a particular session. The activities were designed to build interaction, communication, decision-making, goal setting and counselling skills among others and familiarise participants with sexual issues.

**Descriptors:** Peer education // Communication skills // Life skills // Sexuality // HIV/AIDS



Sasathorn Chaiyapet; Carl, Greg; Kornpak Jaiprayoon.  
**Friends tell friends: a peer-based HIV/AIDS curriculum for blue collar and white collar workers.**  
 Bangkok: Program on AIDS, Thai Red Cross Society, 1996. 91 [23] p.  
 English.



0115

Type of Material:	Training materials – Peer education
Objectives/Specific Use:	Developing specific skills; Behaviour change communication
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Life skills
Country/Region:	Thailand

### Abstract:

This manual features a training curriculum for health promotion of workers. In the first chapter of the curriculum, the individual's level of competency in decision-making and problem solving is examined. In the second chapter, communicable and non-communicable diseases are differentiated to emphasise how HIV and STDs are transmitted. In the following chapter, the reasons for illness, how health is promoted, how illness is managed in the home environment, and the capacity to care for family and friends with HIV are discussed. The next chapter combines understanding and development of non-formal counselling skills. The final chapter assists in developing an action plan for communicating with others effectively.

**Descriptors:** Training curriculum // Health promotion // Peer education // HIV/AIDS transmission // Sexually transmitted diseases // HIV/AIDS care // Counselling // Condom usage // HIV/AIDS



UNESCO-UNFPA.  
**Peer education program – teaching notes and outline of program content.**  
 Tashkent: UNESCO-UNFPA IEC Project, n.d. 24, 28 p.  
 English.

0116

Type of Material:	Training materials – Peer education
Objectives/Specific Use:	Training/seminar/workshop
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Uzbekistan

**Abstract:**

The outline presents the activities, duration and objectives of each activity in a five-day training workshop on peer education. The teaching notes contain details of the content outline. Among the topics covered are: reproductive health – definition and components; adolescence and puberty; sexual and reproductive anatomy; condom use; HIV/AIDS; STD; gender and relationships; communication; and drugs and alcohol.

**Descriptors:** Training // Peer education // Reproductive health // Adolescence education // Sexuality // Anatomy // Condom usage // Sexually transmitted diseases // Gender // Communication skills // Drug use and control // HIV/AIDS



## Reproductive Health and Sexuality

**Adolescent health & development: adolescent friendly health services training content book.**  
Kathmandu: Nepal Society of Obstetricians and Gynaecologists; Family Health Division, Department of Health Services, Ministry of Health, 2001. 93 p.  
English, Nepali.

**0117**

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	Developing knowledge; Developing specific skills; Use in health/clinic/hospitals
Educational Level:	Practitioners
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly textual/lectures
Country/Region:	Nepal

**Abstract:**

This material is an accompanying book to the facilitator's guide for a seven-day training on adolescent friendly health services. The discussions form part of the training lectures, which cover the following topics: adolescent health and development; life skills education; reproductive health; sexuality, health and development; and counselling.

**Descriptors:** Lectures // Adolescent reproductive health // Life skills // Sexuality // Health promotion // Health services // Counselling // HIV/AIDS

**Adolescent health & development: adolescent friendly health services training facilitator's guide.**  
Kathmandu: Nepal Society of Obstetricians and Gynaecologists; Family Health Division, Department of Health Services, Ministry of Health, 2001. 124 p.  
English.



0118

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	Developing specific skills; Counselling; Use in health/clinic/hospitals
Educational Level:	Practitioners
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Nepal

**Abstract:**

The guide provides the details of conducting a seven-day workshop that aims to orient service providers on adolescent health and development issues, to impart service providers with knowledge and skills of adolescent counselling, and to enable them to identify the requirements of an adolescent friendly clinic. Topics covered are: introduction to adolescent health and development; life skills education; reproductive health; sexuality; health and development; and counselling. Each section has instructions for facilitators and overhead sheets.

**Descriptors:** Training manual // Health services // Adolescent reproductive health // Sexuality // Counselling // Life skills // Health promotion // HIV/AIDS



**Adolescent reproductive health, book 1.** Hanoi: UNFPA; Ho Chi Minh Communist Youth, 1999. 198 p. Vietnamese.

0119

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	Training/seminar/workshop
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Integrated into youth/teen centres
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Viet Nam



**Abstract:**

This book provides guidelines on how to organise training courses on adolescent reproductive health (ARH) and the contents of the training programme, which include: ARH overview, myths and facts; description of the adolescent phase; development periods from childhood to adulthood; obstacles and challenges to ARH; puberty and friendship; marriage and family happiness; social and legal aspects of sexual behaviours affecting ARH; and roles and responsibilities of individuals participating in ARH activities.

**Descriptors:** Training manual // Adolescence education // Adolescent reproductive health // Family life education // Sexuality // Sexual behaviours // HIV/AIDS



Family Planning Australia; Planned Parenthood Association of Thailand. **Sexual health education: a guide for community health workers.** Rev. ed. [Bangkok]: Planned Parenthood Association of Thailand, 2002. 177 p. Thai.

0120

Type of Material:	Training materials - Reproductive health and sexuality
Objectives/Specific Use:	Training/seminar/workshop
Educational Level:	Training - Advance
Introduction Approaches:	Integrated into non-formal or development education programmes
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Thailand



**Abstract:**

This training module is designed to help community educators teach about sexuality and reproductive health. Topics covered are: sexuality – definition and factors that affect sexuality and sexual response; values; teens – psychology, development and gender identity; sexual health; communication; STDs; birth control; AIDS; and safer sex.

**Descriptors:** Training manual // Sexuality // Adolescence education // Sexually transmitted diseases // HIV/AIDS basic facts // HIV/AIDS prevention // Reproductive health // Gender // Safe sex // Communication skills // HIV/AIDS

Foundation for Adolescent Development. **A guide for trainers and facilitators on adolescent sexuality, health and development.** Manila: Foundation for Adolescent Development, 1999. (various pagings). English.



0121

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	Training/seminar/workshop; Communication and motivation
Educational Level:	Formal education – Higher education
Introduction Approaches:	Part of training programme; Part of co-curricular activities
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Philippines

### Abstract:

Nine modules in this guide provide guidance counsellors, student leaders and facilitators with step-by-step methods in conducting training programmes on adolescence and issues related to sexuality, health and development. The first two modules set the training programme in context with opening activities and an overview of campus-based programmes to which the training is integrated. The next three modules provide a framework on human sexuality and adolescence as a transition period; an opportunity to rediscover one's adolescent and sexuality issues and experiences through introspection; and discussions on relationships, sex, pregnancy, gender orientation, STD/HIV/AIDS and sexual harassment. The last four modules cover techniques in peer counselling, group facilitation, advocacy and action planning. Appendices include a list of referral agencies in the Philippines as well as games that may be used as training ice breakers.

**Descriptors:** Lesson plans // Adolescent sexuality // Adolescence education // Communication skills // Peer education // Games // Resource list // Modules // Sexually transmitted diseases // HIV/AIDS



# TRAINING MATERIALS

GTZ EPOS Health Consultants.  
**Manual on sexual education and adolescents' reproductive health: for brochure 'Teenagers' World. About Love, Friendship, etc.'**  
Tashkent: s.n., n.d.  
69 p. Uzbek.



0122

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	Training/seminar/workshop; Developing specific skills
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities: Life skills
Country/Region:	Uzbekistan

## Abstract:

This manual informs trainers the importance of sexual education and the role of educators and parents in sexual education. It orients educators to a five-day training programme on sexuality and reproductive health for school students and offers day-to-day training session plans.

**Descriptors:** Training manual // Sexuality // Adolescent reproductive health // Life skills // HIV/AIDS



International Federation of Red Cross and Red Crescent Societies. **An introduction to sexual health.** Geneva: International Federation of Red Cross and Red Crescent Societies, 1995. 138 p. English.

0123

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	Training/seminar/workshop; Teaching/instruction
Educational Level:	Non-formal education – Mixed level
Introduction Approaches:	Part of training programme; Integrated into non-formal or development education programmes
Methodologies Used:	Mainly participatory activities and skills-oriented – Group discussion; Mainly participatory activities and skills-oriented – Values clarification
Country/Region:	Africa





**Abstract:**

This handbook introduces sexual health and provides a framework for planning, implementing and evaluating sexual health training courses. A section for introspection encourages trainers to consider personal motivations for discussing sexual health. Steps and questions to consider for planning a training course are presented. Another section provides methods, communication principles, and group skills needed to get the message across participants. Fact sheets on sexual changes in adolescence, family planning methods, STDs, AIDS and others are provided. Case studies and activities as well as guidelines on how to assess the value of a training course are featured. A sexual health resource list provides descriptions of related training materials, teaching tools, posters, videos, comics, games, information sources, newsletters and resource guides.

**Descriptors:** Handbook // Reproductive health // Sexuality // Programme planning // Communication techniques // HIV/AIDS basic facts // Adolescence education // Family planning // Sexually transmitted diseases // Resource list // Teaching-learning activities // Guidelines // HIV/AIDS



Ministry of Education and Training. **Adolescent reproductive health education: self learning with guidance manual for teachers**/ed. by Nguyen Huu Chau. Hanoi: Ministry of Education and Training; UNFPA, 2001. 259 p. English.

0124

Type of Material:	Training materials - Reproductive health and sexuality
Objectives/Specific Use:	Developing knowledge; Self-instructional
Educational Level:	Formal education - Secondary
Introduction Approaches:	Integrated into population education
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Viet Nam

**Abstract:**

This is a self-study workbook of a 12-module course on adolescent reproductive health, including basic information on various topics, exercises, questions and answer keys, points to discuss with colleagues taking the course, and suggested teaching strategies for discussing the subject with young students. An introductory module explains about the material



and various participatory training methodologies. Other modules explore the physical, mental and emotional changes during adolescence as well as changing views and experiences of young people with friendship. The meaning of love is discussed and the responsibilities coming with parenthood are introduced. A module on sexuality and reproduction explains how pregnancy happens. This is followed by modules on early pregnancy, contraceptives, and adolescent reproductive health issues, such as STDs/HIV/AIDS, and how to prevent them. Gender equality; adolescents and children's rights; and roles of the family are discussed in the context of Viet Nam. Finally, various aspects of reproductive health and its relationship with family planning are explored. An annex on counselling adolescents is included.

**Descriptors:** Self-learning guide // Family life education // Adolescent reproductive health // Gender // Child rights // Population education // Sexually transmitted diseases // Family planning // Counselling // Sexuality // Contraceptive methods // Anatomy // Teaching techniques // HIV/AIDS



Munajat, Nanang.  
**Adolescent reproductive risk/resiko reproduksi remaja.** 3rd ed. Jakarta: Perkumpulan Keluarga Berencana Indonesia, 2000. 57 p. Indonesian.

0125

Type of Material:	Training materials - Reproductive health and sexuality
Objectives/Specific Use:	Training/seminar/workshop
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Part of training programme
Methodologies Used:	Mainly participatory activities and skills-oriented - Assorted activities
Country/Region:	Indonesia



**Abstract:**

This module provides exercises, reading materials, visual aids and teaching plans for examining the risks involved with sexual intercourse among adolescents, such as pregnancy, HIV/AIDS, and reproductive tract problems. A lesson on delaying sex is included.

**Descriptors:** Training manual // Teaching-learning activities // Adolescent reproductive health // Sexuality // HIV/AIDS basic facts // Delayed sex // HIV/AIDS

**Peer education on adolescent reproductive health: training manual for series theme class meeting.**  
Beijing: China Family Planning Association, n.d. 34 p. English.

0126

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	Developing knowledge; Developing specific skills
Educational Level:	Formal education – Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	China

**Abstract:**

This contains a set of instructions for nine class meetings on adolescent reproductive health. The topics include adolescence, friendship, love, sexuality, responsible decision-making, STD/HIV/AIDS prevention, avoiding drugs and life goal setting.

**Descriptors:** Training manual // Adolescent reproductive health // HIV/AIDS prevention // Sexuality // Drug use and control // Peer education // Life skills // HIV/AIDS



Tran Van Mieu; Quan Le Nga; Lai The Su (comp.). **Adolescent reproductive health, book 2.**  
Hanoi: UNFPA; Ho Chi Minh Communist Youth, 1999. 100 p. Vietnamese.

0127

Type of Material:	Training materials – Reproductive health and sexuality
Objectives/Specific Use:	IEC; Management/ administration/supervision
Educational Level:	Training – Basic
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	Viet Nam



**Abstract:**

This book covers the contents of the two-day training on adolescent reproductive health (ARH) education, particularly through clubs. The contents are: basic concepts of advocacy; some information, education and communication (IEC) forms of ARH; some organisational forms of ARH education; guidelines in becoming a good motivator, club leader or group advocator; and organisational, management and planning skills for ARH and AIDS prevention clubs.

**Descriptors:** Training manual // Adolescent reproductive health // IEC // Programme planning // HIV/AIDS

## Teachers' Training

Central Board of Secondary Education. **Population and adolescence education: a training package for resource persons and secondary school teachers.** New Delhi: Central Board of Secondary Education, [2000]. 225 p. English.



0128

Type of Material:	Training materials – Teachers' training
Objectives/Specific Use:	Teaching/instruction; Training/ seminar/workshop
Educational Level:	Formal education – Secondary
Introduction Approaches:	Part of co-curricular activities; Part of population education and adolescence education
Methodologies Used:	Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region:	India

### Abstract:

This training package comprises eight modules for use of master trainers and secondary school teachers. The first six cover the basic content of population and adolescence education – its history; population; environment and sustainable development; gender equality and quality of life; needs of adolescents and reproductive health; and AIDS preventive education. The seventh module enables trainees to identify population education elements in secondary school textbooks. These first seven modules are presented as structured training sessions including questions for discussions, full-text explanations of concepts and overhead sheets. The last module outlines nine activities that enable trainees to effectively communicate with adolescents. The appendices contain a recommended schedule of a four-day training programme for the package; a guideline for organizing co-curricular activities for secondary school students; a pre- and post-training test; a programme evaluation; and a directory of officials involved in the development of the training package.

**Descriptors:** Training manual // Adolescence education // Population education // Gender // HIV/AIDS prevention // Teaching-learning activities // HIV/AIDS



**Information education communication training package in STD/HIV/AIDS awareness for school teachers.** Almaty, Kazakhstan: UNESCO/UNAIDS, 1999. 66 [4] p. English.

0129

Type of Material:	Training materials – Teachers' training
Objectives/Specific Use:	Training/seminar/workshop; Awareness and advocacy/promotion
Educational Level:	Formal education – Secondary and Higher education
Introduction Approaches:	Part of training programme
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	Kazakhstan

**Abstract:**

The material contains a guide for conducting a one-day training workshop on HIV/AIDS for school teachers, who will in turn train students and/or their parents in subsequent workshops. It provides a sample workshop programme covering major topics such as HIV/AIDS promotion in Kazakhstan, delivering messages to youth in Kazakhstan, and dealing with risky behaviour and threats. It also provides some background information on HIV/AIDS/STD/drugs and a global situationer on HIV/AIDS.

**Descriptors:** Training manual // HIV/AIDS preventive education // Communication skills // HIV/AIDS basic facts // Drug use and control // Sexually transmitted diseases // HIV/AIDS



Ministry of Education and Sport. Curriculum Development Centre. **Two days HIV/AIDS teacher's training manual: lower secondary level health and physical education.** Bhaktapur, Nepal: Curriculum Development Centre, Ministry of Education and Sport, n.d. 12 p. Nepali.

0130

Type of Material:	Training materials – Teachers' training
Objectives/Specific Use:	Curriculum and materials development; Teaching/instruction
Educational Level:	Formal education – Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly textual/lectures

**Abstract:**

This manual reflects the contents of a two-day training for lower secondary teachers in health and physical education. It presents the following: a review of the HIV/AIDS and health education curriculum, historical background of HIV/AIDS, teaching techniques for HIV/AIDS, the need for HIV/AIDS education, lesson plans for teaching health education, and the role of teachers in the prevention of HIV/AIDS.

**Descriptors:** Training manual // Curriculum // Teaching techniques // HIV/AIDS preventive education // Lesson plans // HIV/AIDS

# TRAINING MATERIALS

Regional Institute of Education.  
**Adolescence education: an awareness training package for secondary teachers.** Mysore, India: Regional Institute of Education, 2000. 187 p. English.



0131

Type of Material:	Training materials – Teachers' training
Objectives/Specific Use:	Teaching/instruction; Developing knowledge; Developing specific skills; Behaviour change communication
Educational Level:	Formal education – Secondary
Introduction Approaches:	Part of adolescence education
Methodologies Used:	Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region:	India

## Abstract:

This training package, prepared to assist teachers in dealing with adolescence education, is divided into 13 modules: adolescence education and teacher preparation; adolescent growth and development; self concept and interpersonal relationships; developing personal and interpersonal skills; sexual behaviour; reproductive health; sexuality, society and culture; values; education about parenthood; family and society; drug abuse; and counselling. Each module is divided into lessons, which include procedures for implementation, all basic background materials, suggested activities and evaluation.

**Descriptors:** Training package // Adolescence education // Adolescent reproductive health // Sexual behaviours // Drug use and control // Family life education // Counselling // Lesson plans // HIV/AIDS



UNESCO Bangkok; SEAMEO TROPMED. **HIV/AIDS and life skills education: manual for teacher educators from the College of Education/ Institute of Advanced Studies in Education.** New Delhi: Delhi State AIDS Control Society; UNESCO New Delhi, n.d. 176 p. English.

0132

Type of Material:	Training materials – Teachers' training
Objectives/Specific Use:	Developing knowledge; Developing specific skills
Educational Level:	Formal education – Higher education
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	India





**Abstract:**

This manual will help teacher trainers in building competencies of young teachers to conduct HIV/AIDS teaching-learning sessions in the classroom. The manual includes general guidelines for trainers, instructions for using the manual, and eight modules, each with complete directions for conducting various training activities. The first training module examines the HIV/AIDS pandemic as a global and community concern in Asia and the Pacific. This is followed by a module that presents HIV/AIDS basic facts, myths and high-risk behaviours. The third module presents the impact of HIV/AIDS and highlights the importance of care, support and positive living for people with HIV/AIDS. The next two modules draw measures for protecting oneself from contracting the disease and define community roles for disease prevention and control. The last three modules discuss HIV/AIDS preventive education – how it is integrated into the curriculum and the relevant learner-centred strategies, life skills techniques and assessment tools to use.

**Descriptors:** Teaching techniques // HIV/AIDS preventive education // HIV/AIDS situationer // HIV/AIDS basic facts // HIV/AIDS risk behaviours // HIV/AIDS myths // HIV/AIDS care // HIV/AIDS impact // Living with AIDS // HIV/AIDS rights // HIV/AIDS prevention // Life skills // HIV/AIDS



United Nations Educational, Scientific and Cultural Organization.  
**Talking about AIDS in schools: an AIDS workshop design for school principals, administrators and teachers.**  
 New Delhi: UNESCO, 1997.  
 26 p. English.

0133

Type of Material:	Training materials – Teachers' training
Objectives/Specific Use:	Teaching/instruction; Awareness and advocacy/promotion; Behaviour change communication
Educational Level:	Formal education – Secondary
Introduction Approaches:	Integrated into school subjects
Methodologies Used:	Mainly participatory activities and skills-oriented – Assorted activities
Country/Region:	India



**Abstract:**

This advocacy workshop design was intended to promote preventive HIV/AIDS education in secondary schools. The first module discusses basic issues about HIV/AIDS, highlighting it as a problem of the community. The next module examines the need for preventive education in AIDS/STD among adolescents. This is followed by an explanation of the conflicts and confusions experienced by adolescents during puberty and how to deal with this. The last module assists participants in identifying opportunities and developing methodologies to promote preventive education on AIDS/STD with the school faculty and parents of students.

**Descriptors:** HIV/AIDS preventive education // HIV/AIDS prevention // Adolescence education // HIV/AIDS FAQ // Sexually transmitted diseases // HIV/AIDS



Department of Public Health.  
**AIDS and STD [poster].**  
 Male', Maldives: Department  
 of Public Health, 2000.  
 1 poster. Divehi.

0134

Type of Material:	Support AV materials
Objectives/Specific Use:	Awareness and advocacy/ promotion
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Others
Country/Region:	Maldives



**Abstract:**

This poster is an awareness campaign on AIDS and STD.

**Descriptors:** Poster // HIV/AIDS education campaign // HIV/AIDS prevention // Sexually transmitted diseases // HIV/AIDS



Department of Public Health.  
**AIDS [poster].** Male',  
 Maldives: Department of Public  
 Health, 1999. 1 poster.  
 Divehi.

0135

Type of Material:	Support AV materials
Objectives/Specific Use:	Awareness and advocacy/ promotion
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Others
Country/Region:	Maldives



**Abstract:**

This is a poster on basic AIDS facts – what is AIDS, how it is and how it is not transmitted and ways to prevent it.

**Descriptors:** Poster // HIV/AIDS basic facts // HIV/AIDS prevention // HIV/AIDS

# SUPPORT AV MATERIALS

Department of Public Health.  
**Condom prevents HIV/AIDS infection [poster].** Male',  
Maldives: Department  
of Public Health, 2000.  
1 poster. Divehi.



0136

Type of Material:	Support AV materials
Objectives/Specific Use:	Awareness and advocacy/ promotion
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Generic material
Methodologies Used:	Others
Country/Region:	Maldives

### Abstract:

This poster endorses the use of condoms to prevent HIV/AIDS.

**Descriptors:** Poster // Condom usage // HIV/AIDS prevention // HIV/AIDS



**How to plan a family [flipchart].** S.I.: Engender  
Health, n.d. 1 flipchart [44] p.  
Mongolian.



0137

Type of Material:	Support AV materials
Objectives/Specific Use:	Awareness and advocacy/ promotion; Developing knowledge
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into health centre/ clinic programme
Methodologies Used:	Mainly textual/lectures
Country/Region:	Mongolia

### Abstract:

This flipchart contains basic facts and information with illustrations on reproductive anatomy, contraceptive methods, and STI/HIV/AIDS.

**Descriptors:** Flipchart // Reproductive health // HIV/AIDS basic facts // Sexually transmitted diseases // Contraceptive methods // Anatomy // HIV/AIDS

**Sexcapades show: a gag show on HIV-AIDS myths [videocassette].** Manila: Foundation for Adolescent Development, n.d. 1 videocassette; 20 min. Filipino with English subtitles.



0138

Type of Material:	Support AV materials
Objectives/Specific Use:	Behaviour change communication
Educational Level:	Non-formal education - Mixed level
Introduction Approaches:	Integrated into youth/teen centres
Methodologies Used:	Mainly participatory activities and skills-oriented - Values clarification
Country/Region:	Philippines

**Abstract:**

This video, hosted by the comical character Gusting Towers, features HIV and responsible sexual behaviour. It dispels myths about who is HIV-free and who is not. Five situations demonstrating various sexual behaviours are then presented to achieve a value framework. Gusting Towers raps about responsible sex, highlighting condom use and emphasising respect for self, others and loved ones. The video is accompanied with a discussion guide for facilitators.

**Descriptors:** Video // HIV/AIDS myths // Behaviour change // Condom usage // Sexual behaviours // HIV/AIDS



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## Publishers and Sources

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