

GUIDELINES FOR MANAGING ADVANCED HIV DISEASE AND RAPID INITIATION OF ANTIRETROVIRAL THERAPY

July 2017

ANNEXES

Guidelines for managing advanced HIV disease and rapid initiation of antiretroviral therapy, July 2017

ISBN 978-92-4-155006-2

© World Health Organization 2017

Some rights reserved. This work is available under the Creative Commons Attribution-Non Commercial-Share Alike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; https://creativecommons.org/licenses/by-nc-sa/3.0/igo).

Under the terms of this licence, you may copy, redistribute and adapt the work for non-commercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO endorses any specific organization, products or services. The use of the WHO logo is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons licence. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: "This translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition".

Any mediation relating to disputes arising under the licence shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization.

Suggested citation. Guidelines for managing advanced HIV disease and rapid initiation of antiretroviral therapy, July 2017. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Cataloguing-in-Publication (CIP) data. CIP data are available at http://apps.who.int/iris.

Sales, rights and licensing. To purchase WHO publications, see http://apps.who.int/bookorders. To submit requests for commercial use and queries on rights and licensing, see http://www.who.int/about/licensing.

Third-party materials. If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

General disclaimers. The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by WHO in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO be liable for damages arising from its use.

Table of contents

Annex I. Declaration of interests: guideline development group	1
Annex II. Declaration of interests: external review group	4
Annex III. Systematic review: PICO 1. Packaged interventions for advanced HIV disease	6

Declaration of interests: guideline development group

	Country and WHO region	Employment/ consulting	Research support	Investment interests	Intellectual property	Public statements	Additional information	Tobacco products	Conflicts and management plan
Alexandra Calmy, Hôpitaux Universitaires de Genève (UHG)	Switzerland, EURO	0	Educational and research grants for the HIV service in UHG from ViiV,Janssen- Cilag, MSD, BMS: total amount USD 47,255	0	0	0	Travel grant to CROI conference 2017: USD 3,016	0	Travel grant financial, non-significant. Other funds go to HIV service not to individual Full participation
Alison Grant, London School of Hygiene and Tropical Medicine	UK, EURO	0	0	0	0	0	0	0	No conflict. Full participation
David Lalloo, Liverpool School of Tropical Medicine	UK, EURO	0	EDCTP funding to research unit: 1.2 million USD. MRC grant to research unit: 1.8 million USD, Wellcome research trust: 2.3 million USD	0	0	0	0	0	No conflict. Full participation
Di Gibb, Medical Research Council	UK, EURO	Member of ViiV healthcare advisory board	0	0	0	0	Principal investigator of REALITY trial, key clinical trial in systematic review of packaged interventions	0	Membership of advisory board not funded and unrelated to guideline topic Partial exclusion: exclude from formulation of recommendations on packaged interventions
Dorothy Mbori- Ngacha, UNICEF	Kenya, AFRO	0	0	0	0	0	0	0	No conflict. Full participation

Eduardo Arathoon, Asociacion de Salud Integral	Guatemala, AMRO	0	0	0	0	0	0	0	No conflict Full participation
Emili Letang, Ifakara/ Barcelona Institute of	Spain/Tanzania, EURO/AFRO	0	0	0	0	0	0	0	No conflict.
Global Health	C 1 AC:	0	0	0	0	0	0	0	Full participation
Eric Goemaere, MSF	South Africa, AFRO	0	0	0	0	U	0	0	No conflict. Full participation
Francesca Conradie, University of the	South Africa, AFRO	0	0	0	0	0	0	0	No conflict.
Witwatersrand Graeme Meintjes, University of Capetown	South Africa, AFRO	0	0	0	0	0	Attended one day meeting on Fungal diseases at Gilead sciences: value of 1,500 USD	0	Full participation Financial, non- significant Full participation
Jose Vidal, Institute of Infectious Disease Emilio Ribas	Brazil, AMRO	0	0	0	0	0	0	0	No conflict. Full participation
Kenly Sikwese, AFROCAB	Zambia, AFRO	0	0	0	0	0	0	0	No conflict.
									Full participation
Lisa Frigati, Tygerberg Hospital	South Africa, AFRO	0	0	0	0	0	0	0	No conflict. Full participation
Lucia Chambal, Ministry of health Mozambique	Mozambique, AFRO	0	0	0	0	0	0	0	No conflict. Full participation
Mathieu Nacher,	Guyane,	0	0	0	0	0	0	0	No conflict.
Université de Guyane	AMRO								Full participation
Mohammad Chakroun, Fattouma Bourguiba	Tunisia, EMRO	0	0	0	0	0	0	0	No conflict.
Teaching Hospital, Monastir									Full participation
Muhayimpundu Ribakare, Rwanda Biomedical Centre	Rwanda, AFRO	0	0	0	0	0	0	0	No conflict. Full participation
Nagalingeswaran Kumarasamy, YRG	India, SEARO	0	0	0	0	0	0	0	No conflict.
Care									Full participation

Nalesh Govender, National Institute for Communicable Diseases/ NHLS	South Africa, AFRO	Consulting Fujiflm Pharma 2013: 5,400 USD. Speaker honorarium Pfizer 350 USD. Speaker honorarium Astellas: 350 USD.	0	0	0	0	Travel grants to conferences MSD: 4,500 USD. Travel bursary to conference Terranova: 2,000 USD.	0	Financial non- significant for relevant companies (Pfizer, MSD) Other companies unrelated to guideline topic Full participation
Nandi Siegfried, independent methodologist	South Africa, AFRO	0	0	0	0	0	0	0	No conflict. Full participation
Nini Tun, Medical Action Myanmar	Myanmar, SEARO	0	0	0	0	0	0	0	No conflict. Full participation
Patricia Asero, ICW	Kenya, AFRO	0	0	0	0	0	0	0	No conflict.
Rosa Bologna, Hospital de Pediatría Dr J.P. Garrahan, Buenos Aires	Argentina, AMRO	0	0	0	0	0	0	0	Full participation No conflict. Full participation
Sayoki Mfinanga, Muhimbili Medical Research Centre, National Institute for Medical Research (NIMR), Dar es Salaam,	Tanzania, AFRO	0	EDCTP Grant 4.4 million USD for REMSTART trail and translating research into practice of REMSTART trail results.	0	0	0	Principal investigator in REMSTART trial, key clinical trial included in systematic review of packaged interventions	0	No conflict of interest identified from research grants. Partial exclusion: exclude from formulation of recommendations for packaged interventions
Serge Eholie, Centre Hospitalier Universitaire de Treichville	Cote d'Ivoire, AFRO	0	0	0	0	0	0	0	No conflict. Full participation
Thuy Le University of Oxford	Vietnam, WPRO	0	0	0	0	0	0	0	No conflict. Full participation
Tom Chiller, CDC	USA, AMRO	0	0	0	0	0	0	0	No conflict.

Declaration of interests: external review group

Name, institution	Country and WHO region	Employment / consulting	Research support	Investment interests	Intellectual property	Public statements	Additional information	Tobacco products	Conflicts and management plan
Xavier Anglaret Inserm – French National Institute of Health and Medical Research	France, EURO	0	Research grant from ANRS France for the research unit	0	0	0	0	0	No conflict of interest identified. Consider all comments
Moherndran Archary King Edward VIII Hospital	South Africa AFRO	0	0	0	0	0	0	0	None. Consider all comments
Moses Bateganya CDC	USA/Uganda AMRO/AFRO	0	0	0	0	0	0	0	None. Consider all comments
David Boulware University of Minnesota	USA/Uganda AMRO/AFRO	0	0	0	0	0	0	0	None. Consider all comments
Sergio Carmona NHLS	South Africa	0	Research Unit: Assay RnD or optimization for local patient population [Roche]; Assay RnD and CE for qualitative HIV assay (p/t research assistant and reagents)[Cepheid]; DBS viral load assay optimization [Abbott] Research Unit:Technical advisory board CROI 2014 [Roche]; Speaker IAS 2014 [Abbott]; Speaker:Infectious Disease Symposium Asia Pacific (Travel only; No honorarium accepted). [Roche]	0	0	0	0	0	Significant research support. Comments interpreted in the context of declared conflicts of interest
Marcelo Freitas ICAP Mozambique	Mozambique AFRO	0	0	0	0	0	0	0	None. Consider all comments
Beatriz Grinsztejn Fiocruz	Brazil AMRO	0	0	0	0	0	0	0	None. Consider all
									comments

Joseph Jarvis LSHTM/Botswana Harvard AIDS Institute Partnership	UK/Botswana EURO/AFRO	0	Research support grants to University from: Wellcome trust (Euro 19 million co-funding), NIH, European commission, and UK Department for International development (Total 250,000 USD) Gilead sciences (250,000 GBP)	0	0	0	0	0	Research support: Comments interpreted in the context of declared conflicts of interest
David Meya Makerere University, Kampala, Uganda	Uganda AFRO	0	0	<u>0</u>	0	0	0	0	None. Consider all comments
Eyerusalem Negussie Ministry of Health	Ethiopia AFRO	0	0	0	0	0	0	0	None. Consider all comments
Daniel O'Brien Barwon Health	Australia WPRO	0	0	0	0	0	0	0	None. Consider all comments
Heather Paulin CDC	USA AMRO	0	0	0	0	0	0	0	None. Consider all comments
Andy Prendergast Queen Mary University of London	UK EURO	0	0	<u>0</u>	0	0	Co- investigator in REALITY trail, key trail in systematic review		Comments interpreted in the context of declared conflicts of interest
George Siberry US Dept. of State/Office of Global AIDS Coordinator	USA AMRO	0	0	0	0	0	0	0	None. Consider all comments
Evy Yunihastuti University of Jakarta	Indonesia SEARO	0	0	0	0	0	0	0	None. Consider all comments

Packaged interventions for people presenting with advanced HIV disease.
A systematic review

Chantal Migone, Nathan Ford

Department of HIV, World Health Organization, Geneva, Switzerland.

Contents

Background	8
Objectives	
Methods	
Study Selection	
Types of outcome measures	
Search Strategy	
Results	
Assessment of risk of bias in included studies	16
Evidence summaries	16
References	25

Background

Despite significant progress in scaling up access to antiretroviral therapy (ART) globally and a progressive shift towards starting ART at higher CD4 cell counts, an important proportion of HIV positive patients continue to present to health services when they are already at an advanced stage of disease¹. Patients presenting with advanced HIV disease are defined by World Health Organization (WHO) as those with a CD4 count <200 cells/mm³ or WHO Clinical Stage 3 and 4 defining illness at presentation ². Mortality is high among patients presenting with advanced HIV disease, including among those starting ART in the first 3 months after ART initiation. Causes of death are multiple, with co-infections such as TB, cryptococcal meningitis, severe bacterial infections and immune reconstitution inflammatory syndrome (IRIS) playing a prominent role ³⁻⁵.

Estimates suggest that around 25% of patients initiating ART globally do so with a CD4 < 100 cells/mm³ ⁶. In sub-Saharan Africa, in particular, advanced HIV disease at presentation remains a major challenge. An analysis from four sub-Saharan African countries carried out in in 2011 reported that 35% of patients had CD4 cell counts < 100 cells/mm³ at the time of initiation of ART7 . A meta-regression of systematic review data from sub-Saharan African countries reported that in 2013, the mean CD4 cell count in HIV patients at the time of initiation of ART was 140 cells/mm³. This analysis also found that there was no evidence of a change in trend of CD4 counts at presentation between 2002 and 2013. The review concluded that despite increased access to ART in recent years, barriers to presentation, diagnosis, and linkage to HIV care remain major challenges that require attention if the population-level benefits of ART are to be maximised¹.

A number of interventions in addition to ART are already recommended in WHO guidelines for patients presenting with advanced HIV disease to reduce mortality and morbidity. Interventions currently recommended include isoniazid preventative therapy (IPT) to prevent TB, co-trimoxazole prophylaxis, screening for cryptococcal disease in adults with CD4 counts <100 cells/mm³ in settings with a high prevalence of cryptococcal antigenaemia in these patients 8,9,10 and screening for TB using urine LAM¹¹1.

Recent studies have assessed the potential for enhanced packages of interventions to reduce mortality/morbidity in patients presenting with advanced HIV disease, given in addition to standard care already recommended by WHO guidelines.

Objectives

The aim of this review was to determine if packaged interventions, which include enhanced infection prophylaxis, screening, and other elements of care delivered together, can improve outcomes in HIV-positive patients presenting with advanced disease.

Methods

Study Selection

We included randomized control trials (RCTs). The study population included was HIV-positive patients presenting with advanced disease defined as CD4 count < 200 cells/mm³ and/or WHO Stage 3/4 disease². Studies that used a different definition of advanced disease (e.g. CD4 <100 cells/mm³) were included provided the population falls within the definition of advanced disease. The interventions included were intervention packages (two or more interventions) designed to be delivered together to patients presenting with advanced disease with the aim of reducing mortality and/or severe morbidity.

Types of outcome measures

We analysed the following outcomes: all-cause mortality, incident morbidity, hospitalisations, serious adverse events, CD4 cell gain and ART adherence.

Search Strategy

We conducted the search for eligible studies from using search terms in English following PRISMA guidelines for reporting of systematic reviews⁵. The following electronic databases were searched: PubMed, MEDLINE, EMBASE, Cochrane library and Clinicaltrials.gov, from inception to September 2016. Conference proceedings of the International Aids Society Conference (IAS) were searched from 2012-2016 and Conference on Retroviruses and Opportunistic Infections (CROI) were searched from 2014-2016 (CROI abstracts for 2102 and 2013 were not available). Standard search terms for HIV Infection were combined with the following terms: severe immunodeficiency OR severe immunodeficiency [tiab] OR severe immun*[tiab] OR advanced disease [tiab] OR late presenters [tiab] OR late presentation [tiab] OR delayed diagnosis [tiab] OR delayed access to care [tiab] OR CD4 200 [tiab] OR CD4 100 [tiab] OR CD4 50 [tiab]. Screening of abstracts was carried out in duplicate independently by two reviewers.

Studies were excluded if they contained only one intervention. Only two studies were identified which fitted the inclusion criteria. Both were open-label RCTs.

Certainty of the evidence

Two reviewers assessed risk of bias using the Cochrane Risk of Bias Tool¹². This information was included into the overall GRADE (Grading of Recommendations Assessment, Development and Evaluation) assessment of the certainty of the evidence¹³.

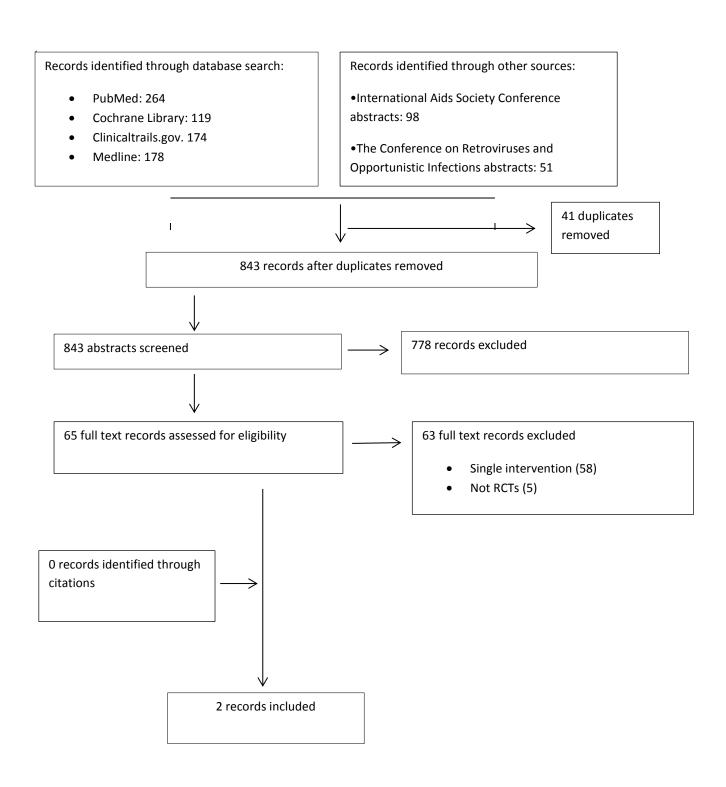
Data extraction/analysis

Data were extracted by one reviewer (CM) and verified by a second reviewer (NF). Because of differences between interventions included in the enhanced package of care in the included studies, data were not pooled.

Results

Included studies

Two reviewers independently screened 843 abstracts, for eligibility. Sixty five full text articles were reviewed. One of the studies was identified via conference abstracts and the full text article (prepublication) was obtained through the authors. The PRISMA flow diagram of the study selection for inclusion in the systematic review is shown in Figure 1.



PRISMA flow diagram of study selection for inclusion in systematic review

-

¹ Abstracts from The Conference on Retroviruses and Opportunistic Infections were available for 2014-2016 only.

Description of included studies

We identified two RCTs for inclusion in the review. In both trials patients who had previously received ART were excluded. In the REMSTART trial patients were selected from ambulatory care, while in the REALITY study hospitalised patients were included. Characteristics of included studies are shown in table 1.

Study 1: Mfinanga S, Chanda D, Kivuyo SL, et al. Cryptococcal meningitis screening and community-based early adherence support in people with advanced HIV infection starting antiretroviral therapy in Tanzania and Zambia: an open-label randomised controlled trial. Lancet. 2015;385(9983):2173-2182.

In the first trial, carried out in Tanzania and Zambia ¹⁴, adult patients aged 18 years and over with advanced HIV disease (CD4<200 cells/mm³) were randomized to an enhanced package of interventions or standard care.

Intervention

Those in the enhanced package of care group underwent a serum cryptococcal antigen test (CrAg) using a novel serum antigen assay. If this test was positive they were offered a lumbar puncture to screen for cryptococcal meningitis. Those found to have cryptococcal meningitis were treated with amphotericin B for 14 days followed by oral fluconazole for at least 8 weeks. Those testing CrAg positive but who had a negative lumbar puncture or who refused lumbar puncture were treated with oral fluconazole for 10 weeks (800mg per day for 2 weeks followed by 400mg per day for 8 weeks).

Participants in the enhanced package also underwent screening for pulmonary TB using sputum Gene Xpert MTB/RIF regardless of symptoms and all received ART which was started within 14 days. Those who screened negative for CrAg received ART immediately, while ART was delayed by two weeks in those who screened positive for CrAg or Gene Xpert MTB/RIF in accordance with national guidelines.

Participants in the enhanced package of care group had weekly visits for the first 4 weeks on ART by lay workers to provide support. Visits took place at home or a nearby location of the participants' choice. In Tanzania, re-screening for tuberculosis at 6–8 weeks after ART initiation also took place.

Control

Those in the control group received standard of care and all received ART which was started within 14 days. They also underwent screening for pulmonary TB using sputum Gene Xpert MTB/RIF regardless of symptoms and if positive ART was delayed in accordance with national guidelines.

Outcomes

All-cause mortality at 12 months, hospitalizations, ART adherence and costs to the health service were compared between the two groups.

Study 2: Hakim J, Musiime V, Szubert AJ, et al. Enhanced prophylaxis with antiretroviral therapy for advanced HIV in Africa. 2017 (pre-publication).

In the second trial¹⁵, carried out in centres in Malawi, Uganda, Zimbabwe and Kenya, outcomes were compared in children ≥5 years and adults with CD4 cell counts <100 cells/mm³ randomized to either standard care or an enhanced package of prophylaxis. This study was a factorial trial. Additional interventions introduced were supplementary food and additional raltegravir. Neither of these two interventions was found to improve outcomes and were not taken forward for our review.

Intervention

Participants in the intervention group received ART, a fixed-dose combination (FDC) of co-trimoxazole 800/160mg/isoniazid 300mg/pyridoxine 25mg as a once daily scored tablet and an enhanced package of prophylaxis which included fluconazole 100mg once daily for 12 weeks, azithromycin 500mg once daily for 5 days and single dose albendazole 400mg. Doses were halved for children aged 5≤13 years. After 12 weeks, fluconazole was stopped and the FDC of co-trimoxazole/isoniazid/pyridoxine was continued or patients were switched to co-trimoxazole depending on national guidelines. All patients underwent symptomatic screening for active TB at enrolment using a symptom checklist with sputum examination and chest-x-ray if indicated.

Control

People in the standard care group received ART and co-trimoxazole 800/160mg for 12 weeks. After 12 weeks, they either continued ART and co-trimoxazole, or co-trimoxazole was switched to the daily FDC of co-trimoxazole/isoniazid/pyridoxine. In Malawi where isoniazid was not recommended in national guidelines co-trimoxazole only was continued. All patients underwent symptomatic screening for active TB at enrolment using a symptom checklist with sputum examination and chest-x-ray if indicated.

Outcomes

The primary end point was all-cause mortality at 24 weeks. Secondary outcomes included all-cause mortality at 48 weeks, new hospitalisations, new TB infections, new cryptococcal meningitis, new severe bacterial infections, serious adverse events, ART adherence, and CD4 cell gain. Outcomes of new infections and serious adverse events were assessed by an independent end-point review committee.

Analysis

Because of the heterogeneous nature of the interventions included in the enhanced package of care in the included studies, data extraction and analysis was carried out separately for both studies.

Table 1: Characteristics of included studies

Study	Setting	Sample	Design	Time frame	Population	Eligibility	Exclusions	Intervention	Control
Hakim et al.	Kenya, Malawi,	N= 1805	Open-label RCT	June 2013- April 2015	Adults and children ≥5	CD4<100 cells/mm³ at	Previously on ART	ART and enhanced prophylaxis ² :	ART and
REALITY	Uganda, Zimbabwe	Adults=1733(96 %) Children/adoles cents=72 (4%)	KC1	April 2013	years	presentation ART naïve	Pregnant or breast feeding Hx of single dose nevirapine (PMTCT) Contraindications to drugs	FDC of co-trimoxazole 800mg/160mg /INH 300mg/B6 25mg once per day x 12 weeks² Fluconazole100 mg/day x 12 weeks Azithromycin 500mg/day x 5 days Albendazole 400mg x single-dose After 12 weeks fluconazole stopped and either FDC of co-	Co-trimoxazole for 12 weeks. After 12 weeks, either co-trimoxazole continued³ or switched to FDC co-trimoxazole/INH/B6 300/25mg/day
Mfinanga et al. REMSTART	Zambia, Tanzania	1999	Open-label RCT	Feb 2012 – Sept 2013	Adults ≥18 years	CD4<200 cells/mm³ at presentation ART naïve	Previously on ART Requiring immediate hospital admission	trimoxazole/INH/B6 continued or co- trimoxazole alone continued "Rapid"ART (median within 14 days) and standard care plus: Screened with novel CrAg test and offered antifungal treatment if antigen positive Weekly visits by trained workers either home, or to nearby locations for 4 weeks. Sputum GeneXpert assay irrespective of symptoms at baseline and at 6 weeks	"Rapid" ART (median within 14 days) and • Standard care as per national guidelines ⁴ Sputum GeneXpert assay irrespective of symptoms at baseline

² Doses were halved for children aged 5-<13 years
³ In Malawi control group did not receive INH as not in national guidelines
⁴ Standard care not defined in the study

Assessment of risk of bias in included studies

The overall risk of bias was rated to be low for both studies (Figure 2).

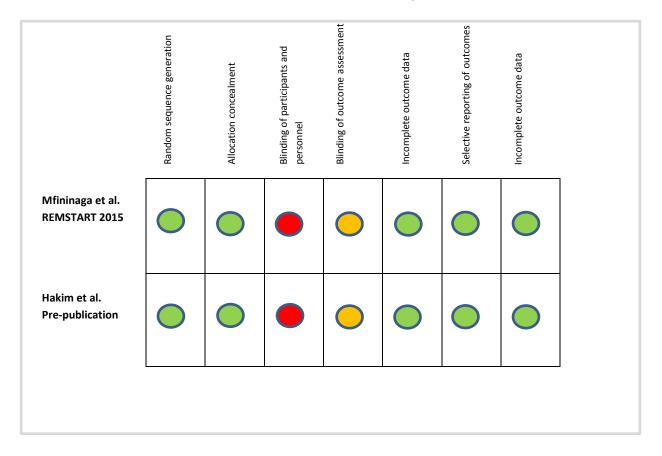


Figure 2: Risk of bias of included studies

Evidence summaries Mortality

Both trials reported all-cause mortality. The overall certainty of evidence from both studies was high. In the REALITY trial, all-cause mortality was lower in the intervention (enhanced prophylaxis) group at 24 weeks (HR 0.73, 95% CI 0.55-0.98) and at 48 weeks (HR 0.76, 95%CI 0.58-0.99).

In the REMSTART trial, all-cause mortality at 12 months for those in the intervention group was also decreased: the adjusted RR was 0.72 (95% CI0.57-0.90) for the intervention group when compared with standard care, adjusted for study site, age, sex and baseline CD4 cell count.

Stratified analysis by age

Sub-groups analysis was carried out by age in the REALITY trial. Only 40 of the participants were aged 5 ≤13 years and there were no deaths in the standard group and only one death in the intervention group. Evidence was downgraded to low due to serious imprecision. In those aged >13 years, mortality was lower in the intervention group (HR 0.72, 0.54 to 0.97).

Stratified analysis by CD cell count.

REALITY trial: there was no evidence of a difference in mortality according to CD4 cell count when analysed as a continuous variable between the enhanced prophylaxis group and the control group (data not shown).

Hospitalisation

Both studies reported on hospitalizations. The certainty of the evidence was rated as high. In the REALITY trial the risk of new hospitalisations decreased in the intervention group: HR 0.82 (95% 0.68 to 0.99). In the REMSTART trail there was no difference in the risk of new hospital admissions between the intervention and control group (RR 1.02, 95% CI 0.74-1.41).

Incident morbidity

The REALITY trail reported on the number of new serious infections in both groups, assessed by and end-point review committee, blinded to allocation of participants. The certainty of the evidence was high. The hazard of new TB disease cases was lower in the intervention group (HR 0.69, 95%CI 0.51-0.94). The hazard of new cryptococcal disease cases were also reduced (HR 0.39, 95%CI 0.18-0.83). There was no difference in the hazard of new severe bacterial infections (HR 1.26, 95%CI 0.81-1.97).

Serious adverse events

The number of severe adverse events was assessed by the REALITY trial only. Assessed by an end-point review committee, there was no difference in the risk of serious adverse events (HR 0.86, 0.73-1.02). The certainty of the evidence was rated as high.

Adherence to ART

Both studies reported on ART adherence. REALITY at 24 and 48 weeks, and REMSTART at 6 and 12 months. For both studies ART adherence was self-reported by participants: (any missed doses in previous four weeks /1 month). The overall quality of evidence was moderate, downgraded due to risk of bias as a result of not blinding of outcome assessment and subjective outcome assessment.

The REALITY trial found no difference in self-reported ART adherence between both groups: RR of adherence in the intervention group was 1.01 (95%CI 0.98-1.03) at 24 weeks and RR 0.98 (95%CI 0.96-1.10) at 48 weeks. The REMSTART trial found a difference in adherence favouring the intervention at 6 months (RR 1.05, 95%CI 1.00-1.10), but not at 12 months (RR 0.99, 95% CI 0.95-1.04 at 12 months).

CD4 cell gain

CD4 cell gain was reported by the REALITY trial. The certainty of the evidence was high. Mean CD4 cell gain in the intervention group at 24 weeks was +113cells/mm³, (95%CI 112.7-113.2, SD+/- 3.1) and +112 cells/mm ³(95%CI 111.7-112.2, SD+/- 3.1) in the control groups (p=0.85).

Tables 2 and 3 summarize the GRADE assessment of the certainty of the evidence.

GRADE Table: REALITY trial

			Quality ass	sessment			№ of p	oatients	Effec	et	0 "	
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Enhanced prophylaxis	standard care	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
All-cause	mortality at 24	weeks (follow)	up: 24 weeks)									
1	randomised trials	not serious	not serious	not serious	not serious	none	80/908 (8.8%)	108/899 (12.0%)	RR 0.73 (0.55 to 0.98)	32 fewer per 1,000 (from 2 fewer to 54 fewer)	⊕⊕⊕⊕ НІСН	CRITICAL
All-cause	mortality at 24	l weeks: subgrou	ap analysis: Age 5	-<13 years								
1	randomised trials	not serious	not serious	not serious	very serious a	none	1/26 (3.8%)	0/14 (0.0%)	not estimable		ФФОО LOW	CRITICAL
All-cause	mortality at 48	B weeks (follow)	up: 48 weeks)									
1	randomised trials	not serious	not serious	not serious	not serious	none	98/908 (10.8%)	127/899 (14.1%)	HR 0.76 (0.58 to 0.99)	32 fewer per 1,000 (from 1 fewer to 57 fewer)	⊕⊕⊕⊕ HIGH	CRITICAL
Hospitalis	sations (follow	up: 48 weeks; a	ssessed with: End	-point review co	ommittee)							!
1	randomised trials	not serious	not serious	not serious	not serious	none	154/908 (17.0%)	186/899 (20.7%)	HR 0.82 (0.68 to 0.99)	34 fewer per 1,000 (from 2 fewer to 61 fewer)	ФФФФ НІСН	CRITICAL

GRADE Table: REALITY trial

			Quality ass	sessment			№ of p	patients	Effec	et		
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Enhanced prophylaxis	standard care	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
New TB o	disease (follow	up: 48 weeks; a	ssessed with: End	point review co	ommittee)							
1	randomised trials	not serious	not serious	not serious	not serious	none	64/908 (7.0%)	92/899 (10.2%)	HR 0.69 (0.51 to 0.94)	31 fewer per 1,000 (from 6 fewer to 49 fewer)	ФФФФ HIGH	CRITICAL
New cryp	tococcal diseas	se (follow up: 48	3 weeks; assessed	with: End point	review committ	ee)						
1	randomised trials	not serious	not serious	not serious	not serious	none	9/908 (1.0%)	23/899 (2.6%)	HR 0.39 (0.18 to 0.83)	16 fewer per 1,000 (from 4 fewer to 21 fewer)	⊕⊕⊕⊕ HIGH	CRITICAL
New pres	umptive severe	e bacterial infect	tion (follow up: 48	3 weeks; assessed	d with: End poir	nt review committee)						
1	randomised trials	not serious	not serious	not serious	not serious	none	42/908 (4.6%)	33/899 (3.7%)	HR 1.26 (0.81 to 1.97)	9 more per 1,000 (from 7 fewer to 34 more)	ФФФФ HIGH	CRITICAL
Serious ac	lverse events (follow up: 48 w	eeks; assessed with	n: End point rev	iew committee)							

GRADE Table: REALITY trial

			Quality ass	sessment			№ of I	patients	Effec	et	0 11.	
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Enhanced prophylaxis	standard care	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
1	randomised trials	not serious	not serious	not serious	not serious	none	191/908 (21.0%)	219/899 (24.4%)	HR 0.86 (0.73 to 1.02)	30 fewer per 1,000 (from 4 more to 59 fewer)	⊕⊕⊕⊕ HIGH	IMPORTANT
ART adhe	erence (follow	up: 24 weeks; as	ssessed with: self-	reported (not mi	issing any doses	of drugs in last 4 weeks)						
1	randomised trials	serious ^b	not serious	not serious	not serious	none	847/908 (93.3%)	833/899 (92.7%)	RR 1.01 (0.98 to 1.03)	9 more per 1,000 (from 19 fewer to 28 more)	⊕⊕⊕○ MODERATE	IMPORTANT
ART adhe	erence (follow	up: 48 weeks; as	ssessed with: self-	reported (not mi	issing any doses	of drugs in last 4 weeks)						
1	randomised trials	serious ^b	not serious	not serious	not serious	none	829/908 (91.3%)	835/899 (92.9%)	RR 0.98 (0.96 to 1.01)	19 fewer per 1,000 (from 9 more to 37 fewer)	⊕⊕⊕○ MODERATE	IMPORTANT
CD4 cell	gain (mean) at	24 weeks										
1	RCT	not serious	not serious	not serious	not serious	none	+113 cells/mm³, (95%CI 112.7- 113.2)	+112 cells/mm ³ (95%CI 111.7-112.2)	P = 0.85		⊕⊕⊕⊕ HIGH	Limited importance

CI: Confidence interval; RR: Risk ratio; HR: Hazard Ratio. a. Imprecision: small numbers in sample size b. Self-reported, subjective outcome assessment. No blinding of participants or personnel

GRADE table: REMSTART trial

Quality assessment							№ of patients		Effect			
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Cryptococcal antigen screening and early adherence support	standard care	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
All-cause mortality at 12 months (follow up: 12 months)												
1	randomised trials	not serious	not serious	not serious	not serious	none	134/877 (15.3%)	180/843 (21.4%)	RR 0.72 (0.57 to 0.90)	60 fewer per 1,000 (from 21 fewer to 92 fewer) b	ФФФФ HIGH	CRITICAL
Any new hospital admissions (follow up: 12 months)												
1	randomised trials	not serious	not serious	not serious	not serious	none	77/864 (8.9%)	73/836 (8.7%)	RR 1.02 (0.74 to 1.41)	2 more per 1,000 (from 23 fewer to 36 more)	⊕⊕⊕⊕ HIGH	CRITICAL
Adherence to ART (follow up: 6 months; assessed with: Self -reported as not missing any pills in previous 28 days)												
1	randomised trials	serious ^a	not serious	not serious	not serious	none	421/467 (90.1%)	375/435 (86.2%)	RR 1.05 (1.00 to 1.10)	43 more per 1,000 (from 0 fewer to 86 more)	⊕⊕⊕○ MODERATE	IMPORTANT
Adherence to ART (follow up: 12 months; assessed with: Self-reported as not missing any pills in previous 28 days)												

Quality assessment						№ of patients		Effect				
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Cryptococcal antigen screening and early adherence support	standard care	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
1	randomised trials	serious ^b	not serious	not serious	not serious	none	451/509 (88.6%)	429/481 (89.2%)	RR 0.99 (0.95 to 1.04)	9 fewer per 1,000 (from 36 more to 45 fewer)	⊕⊕⊕⊖ MODERATE	IMPORTANT

CI: Confidence interval; RR: Risk ratio

a, b Self-reported, subjective, no blinding out participants or personnel

Search Strategy

#1	HIV Infections[MeSH] OR HIV[MeSH] OR	354182		
	hiv[tw] OR hiv-1*[tw] OR hiv-2*[tw] OR hiv1[tw]			
	OR hiv2[tw] OR hiv infect*[tw] OR human			
	immunodeficiency virus[tw] OR human			
	immunedeficiency virus[tw] OR human immuno-			
	deficiency virus[tw] OR human immune-deficiency			
	virus[tw] OR ((human immun*) AND (deficiency			
	virus[tw])) OR acquired immunodeficiency			
	syndrome[tw] OR acquired immunedeficiency			
	syndrome[tw] OR acquired immuno-deficiency			
	syndrome[tw] OR acquired immune-deficiency			
	syndrome[tw] OR ((acquired immun*) AND			
	(deficiency syndrome[tw])) OR "sexually transmitted			
	diseases, viral"[MESH:NoExp]			
#2	randomization OR random [tw] OR double blind	1327240		
	procedure OR single blind procedure OR clinical			
	trial OR meta analysis OR meta-analy*[tw]			
#3	severe immunodeficiency OR severe immuno-	1504		
	deficiency[tiab] OR severe immun*[tiab]			
#4	advanced disease [tiab] OR late presenters[tiab] OR	23402		
	late presentation [tiab] OR delayed			
	diagnosis[tiab]OR			
	delayed access to care[tiab]OR CD4 200[tiab]			
	OR CD4 100[tiab]OR CD4 50[tiab]			
#5	#3 AND #4	24884		
#6	#1 AND #2 AND #5	246		

References

- 1. Siedner MJ, Ng CK, Bassett IV, Katz IT, Bangsberg DR, Tsai AC. Trends in CD4 count at presentation to care and treatment initiation in sub-Saharan Africa, 2002-2013: a meta-analysis. *Clin Infect Dis.* 2015;60(7):1120-1127.
- 2. Waldrop G, Doherty M, Vitoria M, Ford N. Stable patients and patients with advanced disease: consensus definitions to support sustained scale up of antiretroviral therapy. *Trop Med Int Health*. 2016;21(9):1124-1130.
- 3. Ford N, Shubber Z, Meintjes G, et al. Causes of hospital admission among people living with HIV worldwide: a systematic review and meta-analysis. *Lancet HIV*. 2015;2(10):e438-444.
- 4. Walker AS, Prendergast AJ, Mugyenyi P, et al. Mortality in the year following antiretroviral therapy initiation in HIV-infected adults and children in Uganda and Zimbabwe. *Clin Infect Dis.* 2012;55(12):1707-1718.
- 5. Gupta A, Nadkarni G, Yang WT, et al. Early mortality in adults initiating antiretroviral therapy (ART) in low- and middle-income countries (LMIC): a systematic review and meta-analysis. *PLoS One.* 2011;6(12):e28691.
- 6. World Health Organization. Global Update on HIV Treatment 2013:Results, Impact and opportunities. WHO report in partnership with UNICEF and UNAIDS. In. Geneva, Switzerland: WHO; 2013.
- 7. Lahuerta M, Wu Y, Hoffman S, et al. Advanced HIV disease at entry into HIV care and initiation of antiretroviral therapy during 2006-2011: findings from four sub-saharan African countries. *Clin Infect Dis.* 2014;58(3):432-441.
- 8. World Health Organization. Guidelines for intensified tuberculoais case-finding and isoniazid preventative therapy for people living with HIV in resource constrained settings. In. Geneva, Switzerland: WHO; 2013.
- 9. World Health Organization. Consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection: recommendations for a public health approach. Second edition 2016. Geneva: WHO.
- 10. World Health Organization. Rapid Advice: Diagnosis, Prevention and Management of Cryptococcal Disease in HIV-infected Adults, Adolescents and Children. In. Geneva, Switzerland: WHO; 2011.
- 11. World Health Organization. The use of lateral flow urine lipoarabinomannan assay (LF-LAM) for the diagnosis and screening of active tuberculosis in people living with HIV. In. Geneva, Switzerland2015.
- 12. The Cochrane Collaboration. Cochrane Handbook for Systematic Reviews of Interventions. Version 5.1.0. In:2011.
- 13. Guyatt GH, Oxman AD, Vist GE, et al. GRADE: an emerging consensus on rating quality of evidence and strength of recommendations. *Bmj.* 2008;336(7650):924-926.
- 14. Mfinanga S, Chanda D, Kivuyo SL, et al. Cryptococcal meningitis screening and community-based early adherence support in people with advanced HIV infection starting antiretroviral therapy in Tanzania and Zambia: an open-label, randomised controlled trial. *Lancet*. 2015;385(9983):2173-2182.
- 15. Hakim J, Musiime V, Szubert AJ, et al. Enhanced prophylaxis with antiretroviral therapy for advanced HIV disease in Africa. 2017 (pre-publication).