

# **Newly Diagnosed HIV Cases in the Philippines**

In February 2014, there were 486 new HIV Ab sero-positive individuals confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) and reported to the HIV and AIDS Registry (Table 1). This is 43% higher compared to the same period last year (n=339 in 2013) [Figure 1].

NATIONAL EPIDEMIOLOGY CENTER

Table 2. Percentage of **HIV Cases per Region** (February 2014)

Region	% of	
	Cases	
I	1%	
II	1%	
ш	10%	
IVA	14%	
IVB	1%	
v	2%	
VI	4%	
VII	9%	
VIII	1%	
IX	<1%	
X	2%	
XI	8%	
XII	3%	
CAR	1%	
CARAGA	1%	
ARMM	<1%	
NCR	42%	

Philippine HIV and AIDS Regist

Most of the cases (96%) were male. The median age was 27 years (age range: 18-63 years). The 20-29 year (62%) age group had the most number of cases.

Reported modes of transmission were sexual contact (458) and needle sharing among injecting drug users (28) [Table 3, page 2]. Males having sex with other (82%) males was predominant type of sexual transmission [Figure 2]. (93%) of the cases were still asymptomatic at the time of reporting [Figure 3].

In February 2014, 83% of the new HIV cases came from NCR, Region 4A, Region 3, Region 7 and Region 11 [Table 2].

**Table 1. Quick Facts** 

Demographic Data	February 2014	Jan-Feb 2014	Cumulative 1984–2014
Total Reported Cases	486	934	17,450
Asymptomatic Cases	450	841	15,851
AIDS Cases	36	93	1,599
Males	468	902	15,562*
Females	18	32	1,877*
Youth 15-24yo	148	266	4,455
Children <15yo	0	0	65

\*Note: No data available on sex for (11) cases.

Figure 1. Number of New HIV Cases per Month (2012-2014)

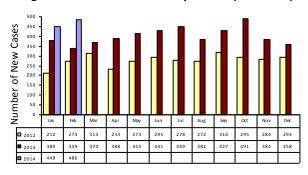


Figure 2. Comparison of the Proportion of Types of Sexual Transmission in 2014, 2013 & Cumulative Data (1984-2014)

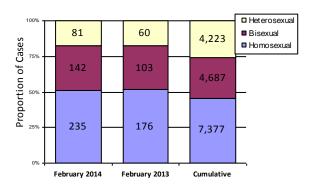
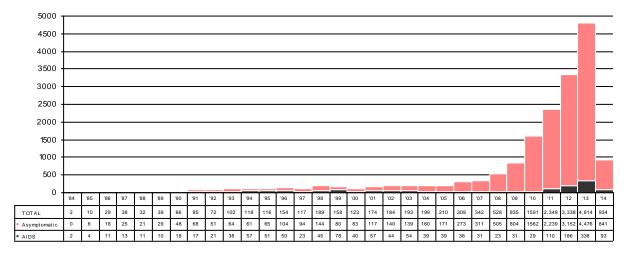


Figure 3. Number of HIV/AIDS Cases Reported in the Philippines by Year, January 1984 to February 2014 (N=17,450)



# **Demographic Characteristics (1984-2014)**

Ninety-seven percent of the 934 cases in 2014 were male (902). Ages ranged from 17 to 73 years old (median 28 years). The 20-29 year old age group had the most (59%) number of cases for 2014. For the male age group, the most number of cases were found among the 20-24 years old (26%), 25-29 years old (35%), and 30-34 years old (19%) [Figure 4].

From 1984 to 2014, there were 17,450 HIV Ab sero-positive cases reported (Table 1), of which 15,851 (91%) were asymptomatic and 1,599 (9%) were AIDS cases. As shown in Figure 4, there is a significant difference in the number of male and female cases reported. Eighty-nine percent (15,562) were male. Ages ranged from 1-81 years (median 28 years). The age groups with the most number of cases were: 20-24 years (23%), 25-29 (31%), and 30-34 years (19%) [Figure 4].

Figure 4. Comparison of the Distribution of Male and Female HIV Cases by Age-Group and Certain Highlighted Years

**□** 1984-2009 **□** 2010 **□** 2011 **□** 2012 **□** 2013 **□** 2014 50 & older 45-49yo 40-44yo 35-39yo 30-34yo 25-29yo 20-24yo 15-19vo Number of Female Cases <15yo Number of Male Cases 5000 4750 4500 4250 4000 3750 3500 3250 3000 2750 2500 2250 2000 1750 1500 1250 1000 750 500 750 1000 1250 1500 1750 2000 2250 2500 2750 3000 3250 3500 3750 4000 4250 4500 4750 5000 40-44yo 30-34yo 35-39yo 15-19vo 20-24yo 25-29yo 30-34yo 35-39yo 40-44yo 45-49vo 20-24yo 25-29yo 2014 2014 2013 147 1.169 1,559 906 363 209 127 103 2013 2 11 57 43 29 16 11 13 95 1.090 622 153 89 71 20 39 23 24 13 12 2012 774 2012 49 2 3 36 44 23 21 9 2011 76 589 739 378 193 117 51 2011 10

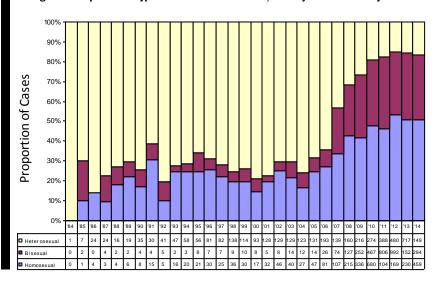
1 1984-2009 30 48 428 741 628 513 3t
\*Note: 74 did not report age, 11 did not report sex, 10 did not report age and sex

# **Modes of Transmission (1984-2014)**

In 2014, ninety-seven percent (902) were infected through sexual contact and 3% (32) through needle sharing among injecting drug users (Table 3). There were 872 males and 30 females infected through sexual transmission. The age range of those infected through sexual transmission was 17-73 years old (median 28 years).

Of the 17,450 HIV positive cases reported from 1984 to 2014, 93% (16,247) were infected through sexual contact, 4% (743) through needle sharing among injecting drug users, <1% (62) through mother-to-child transmission, <1% (20) through blood transfusion and needle prick injury <1% (3) [Table 3]. No data is available for 2% (375) of the cases.

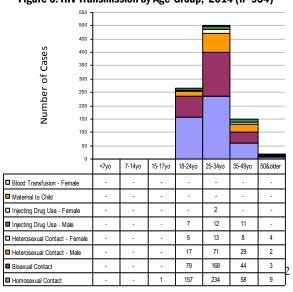
Figure 5. Proportion of Types of Sexual Transmission, January 1984—February 2014



**Table 3. Reported Modes of HIV Transmission** 

Table 5. Reported modes of the transmission			
Mode of Transmission	February 2014 n=486	Jan-Feb 2014 n=934	Cumulative N=17,450
Sexual Contact	458	902	16,247
Heterosexual contact	81(18%)	149(17%)	4,223(26%)
Homosexual contact	235(51%)	459(51%)	7,337(45%)
Bisexual contact	142(31%)	294(33%)	4,687(29%)
Blood/Blood Products	0	0	20
Injecting Drug Use	28	32	743
Needle Prick Injury	0	0	3
Mother-to-Child	0	0	62
No Data Available	0	0	375

Figure 6. HIV Transmission by Age-Group, 2014 (n=934)

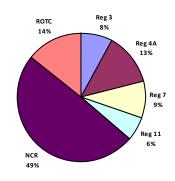


# **Geographic Distribution (1984-2014)**

Since 1984 to present, there were 17,450 cases reported. Almost half (8,046) came from the National Capital Region. [Figure 7]. Thirteen percent (2,132) came from region 4A, followed by 9% (1,463) from Region 7, 8% (1,358) from Region 3, 6% (995) from Region 11 and the rest of the country comprises 14% (2,319) of all the cases.

\*Note: 1,136 or 7% of the cases had no reported data on their address at the time of diagnosis

Figure 7. Percentage of HIV Cases by Region, January 1984- February 2014



#### **AIDS Cases (1984-2014)**

Of the 934 HIV positive cases in 2014, ninety-three were reported as AIDS cases. All were male. Ages ranged from 19-63 years (median 29 years). Ninety-two acquired the infection through sexual contact (49 homosexual, 35 bisexual and 8 heterosexual) and 1 acquired through injecting drug use.

From 1984 to 2014, there were 1,599 AIDS cases reported. Eighty-two percent (1,314) were male and 18% (285) were female. Median age is 33 years (age range: 1-81 years). Sexual contact was the most common mode of HIV transmission, accounting for 95% (1,524) of all reported AIDS cases. Forty-three percent (649) of sexual transmission was through homosexual contact, followed by heterosexual contact (584) then bisexual contact (291).

# **Overseas Filipino Workers (1984-2014)**

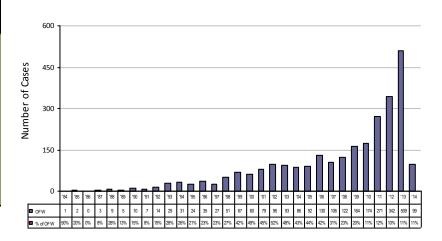
In 2014, there were 99 HIV positive OFWs, comprising 11% of cases reported for the year [Figure 8]. Of these, 87 (88%) were male and 12 (12%) were female. All acquired the infection through sexual contact (43 heterosexual, 33 homosexual and 23 bisexual).

There were 2,737 HIV positive OFWs since 1984, comprising 16% of all reported cases [Figure 8]. Eighty-one percent (2,209) were males. Ages ranged from 18 to 78 years (median 34 years). Sexual contact (98%) was the predominant mode of transmission (Table 4). Eighty-eight percent (2,401) were asymptomatic while 12% (336) were AIDS cases.

**Table 4. Mode of HIV Transmission Among OFWs** 

Mode of Transmission	February 2014 n=50	Jan-Feb 2014 n=99	Cumulative N=2,737
Sexual Transmission	50	99	2,672
Heterosexual contact	22(44%)	43(43%)	1,398(52%)
Homosexual contact	14(28%)	33(33%)	715(27%)
Bisexual contact	14(28%)	23(23%)	559(21%)
Blood/Blood Products	0	0	10
Injecting Drug Use	0	0	4
Needle Prick Injury	0	0	3
No Data Available	0	0	48

Figure 8. Number of OFWs and the Proportion of OFWs among the Total HIV Cases by Year



### **Deaths among People with HIV**

From January 1984 to February 2014, there were 950 reported deaths among people with HIV [Table 5]. Eighty percent (761) were male. In total, there has been 109 deaths among youth (15-24 years old) and 15 deaths among children (<15 years old).

The annual number of deaths from 1984-2010 ranges from 2 to 36 cases with an average of 14 deaths per year. Beginning 2011, there has been an increase in the number of recorded deaths. There were 69 in 2011, and 177 in 2012. The DOH-NEC established an official reporting form in 2012.

From January to February 2014, there were a total of 16 deaths. All were male [Table 5]. The highest number of deaths occurred in the 25-29 (62%) age group [Figure 9]. This was followed by the 20-24 (12%) and the 30-34 (12%) age groups. For the month of February 2014, there were 8 deaths\* [Table 5].

Among the reported deaths in 2014, sexual contact (94%) was the most common mode of HIV transmission (6 homosexual, 6 bisexual, 3 heterosexual). There was 1 case who got infected through injecting drug use. [Figure 9].

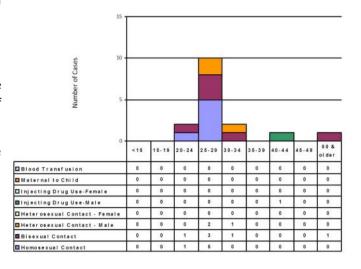
\*This include deaths that fall under the reporting month only.

Table 5. Demographic data of reported deaths among People with HIV

Demographic Data	Feb 2014	Jan-Feb 2014	Cumulative* (1984-2014)
Total Reported Deaths	8	16	950
Males	8	16	761
Females	0	0	189
Youth 15-24yo	1	2	109
Children <15yo	0	0	15

\*Note: No year of death reported for 44 cases

Figure 9. HIV Transmission by Age-Group of Reported Deaths among People with HIV, Jan-Feb 2014 (n=16)



#### **PLHIV on Anti-Retroviral Therapy (ART)**

As of February 2014, there are 5,965\* People Living with HIV presently on Anti Retroviral Therapy. These are the combined numbers of adult and pediatric patients currently enrolled accessing Antiand Retroviral drugs in the 18 treatment hubs listed on the right.

\* This is not a cumulative number. It does not include those who already have died, left the country, lost to follow up or decided to stop taking

#### Treatment Hubs in the Philippines

- 1. Ilocos Training and Regional Medical Center
- 2. Cagayan Valley Medical Center
- 3. Baguio General Hospital and Medical Center
- 4. Jose B. Lingad Medical Center
- 5. James L. Gordon Memorial Hospital
- 6. Makati Medical Center
- 7. Philippine General Hospital
- 8. Research Institute for Tropical Medicine
- 9. San Lazaro Hospital
- 10 The Medical City
- 11. Bicol Regional Training and Teaching Hospital
- 12. Corazon Locsin Montelibano Memorial Regional Hospital
- 13. Western Visayas Medical Center
- 14. Gov. Celestino Gallares Memorial Hospital
- 15. Vicente Sotto Memorial Medical Center
- 16. Zamboanga City Medical Center 17. Southern Philippines Medical Center
- 18. Northern Mindanao Medical Center

#### **Blood Units Confirmed for HIV**

In February 2014, 69 blood units were confirmed positive for HIV by RITM. There is no available data yet on the total number of blood units donated.

These are confirmed positive blood units, not blood donors. One donor can donate more than one blood unit. HIV positive blood donors may not be in the HIV & AIDS Registry unless they underwent voluntary counseling and testing as individuals.

Table 6 Number of Confirmed **HIV Positive Blood Units** 

Month 2014 January 40 **February** March Anril May July August September October November December 69 Total



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Philippine HIV & AIDS Registry Report Editorial Team:

#### Philippine HIV & AIDS Registry

The Philippine HIV & AIDS Registry is the official record of the total no individuals, AIDS cases and deaths, and HIV positive blood units in the Philippines. All Individuals in the rep are confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) at San Luzzes Hospital. While all read by the Research Institute for Tropical Medicine (RITM). Both are National Reference Lab

Mandatory HIV testing is unlevial in the Philippines (RA 8504). The process of reporting to the Registry is as follows: All blood samples from accredited HIV testing facilities that are accessed HIV reactive are sent to SACCL (Individuals) or RITM (blood units) for confirmation. Confirmed HIV positive individuals and blood units are logy Center (NEC), and are recorded in the Regi

The Registry is a passive surveillance system. Except for HIV confirmation by the NRI, all other data the Registry are secondary and cannot be verified. An example would be an individual's report residence. The Registry is unable to determine if this reported address is where the person got infected, or in lived after being infected, or where the person is presently listing, or wh limitation has major implications to data interpretation. Thus, madess are cautioned to carefully weigh the and consider other sources of information prior to arriving at conclusions.