



Update From NSEP and MMT Programmes





The 3rd. National Strategy on AIDS

Reducing HIV vulnerability among Injecting Drug Users (IDUs) and their SEX Partners

Harm Reduction

1. Methadone Maintenance Therapy
To achieve 25,000 coverage by 2010

2. Needle Syringe Exchange Program
To achieve 15,000 Coverage by 2010

3. Safe Sex (Condom use)
For the HIV+ve and those who have sex with HIV+ve or unknown HIV status partners

40,000 IDUs
by 2010

VCT

COUNCELING

ARV Rx.

STD Rx.

SOCIAL WELFARE

DRUG REHAB

HEALTH & MEDICAL CARE

JOB PLACEMENT





DRUG SUBSTITUTION THERAPY (DST) WITH METHADONE

- **Piloted in October 2005 at 10 facilities and has expanded since then**
- **Drug : Methadone (in liquid form taken orally)**
- **Carried out at**
 - **hospital and clinic (government as well as private)**
 - **Drug Rehabilitation Center**
 - **Prisons**





Achievement of MMT

MMT Center	2006	2007	2008	2009 (June 09)
Hospital	8	25	27	32
Health Clinic	2	32	32	65
Gen. Prac	7	9	9	9
NADA	0	0	3	10
Prison	0	0	4	10
Total	17	66	75	126



Achievement of MMT

	2006	2007	2008	2009 (Jan-June)
Target (cumulative)	1,200	5,000	10,000	15,000
Registered pt	1,241	2,777	3,047	2,235
Registered pt (cumulative)	1,241	4,018	7,065	9,300
Active pt	931	3,001	5,024	6,538

HIV : 18.7% (1,486)

Default : 2,193, Died : 399 , Stop tx : 348



Achievement - MMT

Back to Work After 12 months

Full Time Job: from 47.6% to 66.3%

Urine+ve for Opiate: from 45% to 3%

– Risk behavior

- Reduction in risk behaviors towards HIV infections (*HIV Risk Behavior Scale*)

- Quality of Life (*WHO Quality Of Life assessment*)

- Lower involvement in criminal activities
- Positive psychological functioning
- Positive social functioning
- Able to hold to more permanent jobs





Needle & Syringe Exchange Program (NSEP)

- Introduced in February 2006
- Activities : outreach point and Drop in Centers by NGO
- 2008 – NSEP at Health Clinic





Achievement of NSEP

NSEP Center	2006	2007	2008	2009 (June 09)
NGO	3	6	8	9
Health Clinic	0	0	7	9
Total	3	6	15	18





Achievement of NSEP

	2006	2007	2008	2009 (Jan - June 09)
Target (cumulative)	1,200	7,200	10,800	15,000
Registered pt	4,357	2,301	5,572	3,307
Registered pt (cumulative)	4,357	6,658	12,230	15,537
Active pt	2,604	2,617	3,604	4,285

% of new clients tested for HIV : $243/3,282 = 7.4\%$, HIV positif : 4 (1.6%)



Return Rate

Item	2009 (Jan – June)		
	NGOs	Health Clinic	Malaysia
N & S distributed	1,170,034	82,112	1,252,146
N & S returned	800,423	22,873	823,296
Return Rate	68.4%	27.9%	65.8%
Condom Distributed	40,427	304	40,731



ISSUES AND CHALLENGES

- Facilities – need more Harm Reduction service centers
- Maintaining the patients.
- Policy, SOP and Guideline – need to review and update
- Staffing / Capacity building at grass root level
- Continuous awareness on Harm Reduction
- M&E – VCT
- NGOs participation in reducing harm of drugs to society

