The 2016 Nepal DHS (NDHS) is designed to provide data for monitoring the population and health situation in Nepal. The 2016 NDHS is the 5th Demographic and Health Survey conducted in Nepal since 1996.

**FAST FACTS FROM THE 2016 NEPAL DHS**

- **FERTILITY**
  - Women in Nepal have an average of **2.3 children**.

- **CHILDHOOD MORTALITY**
  - Childhood mortality has sharply declined since 1996.
  - **1 in 25** children in Nepal dies before their 5th birthday.

- **MATERNAL HEALTH**
  - **2 in 3** women age 15-49 have their 1st antenatal care visit in the 1st trimester.
  - **More than half** of births are delivered in a health facility.