PrEP and Key populations: WHO guidelines & recommendations

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Evolution of WHO PrEP recommendations (Part I)

- **2012**
  - PrEP for SDC, MSM and Trans people
  - **cond’l** recommendation in the context of demo projects

- **2014**
  - PrEP for MSM (**strong** recommendation)
  - Other Key populations (**condit’l** recommendation; no recommendation for PWID)

- **2015**
  - PrEP for people at substantial HIV risk
  - ≈3 per 100 person years
  - **strong** recommendation
Evolution of WHO PrEP recommendations (Part II)

**WHO Model List of Essential Medicines**

- PrEP drugs on EML (TDF/FTC, TDF/3TC, TDF)

**March 2017**

**WHO update on PrEP use during pregnancy and breastfeeding**

**July 2017**
WHO PrEP Implementation Tool: practical suggestions

- Modular
- Different audiences
- Different settings and populations
- Suggestions, not recommendations
- Learn as implement
- Frequent updating anticipated

http://who.int/hiv/pub/prep/prep-implementation-tool

July 2017

World Health Organization
Announcing the launch of the WHO PrEP Implementation Tool App for Health Workers

The WHO PrEP Implementation Tool App for Health Workers

A pathway to prevention on your mobile phone.

- Instant access to the implementation tool for health care providers, HIV counselors, testing providers, pharmacists and PrEP users
- Practical advice for the introduction and use of oral pre-exposure prophylaxis
- Important facts on the initiation and monitoring of PrEP
- Easy-to-use modules tailored to each step of the process
- Key information for supporting PrEP users

www.hivoralprep.org

It’s here!!

Download the WHO PrEP Implementation Tool App for Health Workers
Key populations

- Men who have sex with men
- Transgender people
- People who inject drugs
- People in prisons or other closed settings
- Sex workers
‘key’ Key Population publications


- Young key populations technical briefs

- Implementation tools
  - SWIT 2013
  - MSMIT 2015
  - TransIT 2016
  - DUIT 2017

- Target setting guides
  - PWID 2009, 2012
  - All KP 2015

- Transgender technical update 2015

- Case examples: Serving The Needs of Key Populations: Case Examples of Innovation and Good Practice In HIV Prevention, Diagnosis, Treatment and Care 2017
**Key populations:** comprehensive package of service

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**WHO positions structural interventions within a comprehensive public health approach**

*Source: WHO Consolidated guidelines on HIV prevention, diagnosis, treatment and care for key populations*
WHO Recommendation on PrEP

Oral PrEP (containing TDF) should be offered as an additional prevention choice for people at *substantial risk* of HIV infection as part of combination prevention approaches.

- Provide PrEP within *combination prevention*
  - Condoms and lube
  - Harm reduction
  - HIV testing and linkage to ART

- Provide PrEP with *comprehensive support*
  - Adherence counselling
  - Support: Legal, social, emotional support
  - Contraception and reproductive health services

- For PWID, *addition to harm reduction*, and not an alternative
  - Which has proven to be extremely effective and cost effective
  - Not implemented (to scale) in most countries
PrEP: key considerations

How to implement strategically

- Start in the highest incidence areas
- Start with highest incidence groups
  - KPs (e.g. MSM, TG,)
  - SDC
  - Other populations?
- Integration and linkages to existing services

- Not for EVERYONE
  - Uptake and continuation is variable

- Not for ALWAYS
  - Seasons of HIV risk

- Adherence is critical for PrEP effectiveness

- Other services beneficial, valued and necessary

- Many benefits beyond PrEP itself

Source: WHO PrEP implementation tool
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